



# PSYCHIC RESEARCH

*Margaret Barnhill*

## Crystal Knowledge Workbook

"THE SOUL STIMULATES A LUMINESCENCE  
IN THE BODY TO MANIFEST THE BALANCE  
AND ORDERLY COMMUNICATION WITHIN  
THE BODY."

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In the Beauty  
of Nature  
there is Meaning  
for all of Life.  
Seek it Out...  
and You will Know  
God.

Margaret Jackson

MCMLXXVII









# PSYCHIC RESEARCH

Psychic Research Incorporated is a non-profit corporation devoted to the study of the subtle forces and energies that compose the human being and his environment. Our primary aim is to bring about a scientific understanding of the energies which have been often called "metaphysical."

By means of applied research and the development of new experimental techniques, we hope to answer such questions as: What are the properties of these energies? Can they be quantified? What are the mathematics that will allow for their expression in the proper scientific vernacular? Can they be used systematically to facilitate healing in instances of acute and chronic disease?

At the foundation of PRI's research are these hypotheses: AS A MAN THINK-ETH, SO HE IS, and ENERGY FOLLOWS THOUGHT. Ultimately, we are interested in exploring the dynamic relationships between man and the universe, mind and matter.

Some 14 years ago, research scientist Marcel Vogel conducted the first experiments which eventually led to the present objectives of PRI. By wiring the leaf of a philodendron to a simple wheatstone bridge and a strip chart recorder, he was able to document that when an individual focused his thoughts on the plant, an energy transfer occurred.

In the search for a deeper grasp of this phenomenon, Vogel realized that quartz crystal worked effectively as a bio-energetic transducer, and that specific geometric shapes enhanced energy amplification. His experiments indicated that these modified crystals were useful in adjusting and balancing the bio-electric fields in human beings.

PRI will bring key scientists together to springboard off Vogel's previous work and search for additional bio-energetic transducers. We expect the efforts will lead to the development of new knowledge and technologies with significant applications for medicine and agriculture.

## RESEARCH LABORATORY

San Jose, May 1st 1984. P.R.I. opened its new laboratory, dedicated to the study of subtle energies. Scientific professionals will work and study at the private non-profit facility, by invitation. P.R.I.'s research findings will be distributed through the Newsletter, books, lectures, video tapes, computer programs and appropriate professional journals. As energy transducers, and other devices are developed for the study of life forces and biomagnetic energies, they will be made available.



## INTRODUCTION

These notes are given to you as a stimulus for thought, self-development and the joy of discovery. It is only by your experience that you can transform these words into action vital to your growth and development.

This is not a book but a series of notes, articles and transcribed lectures which we have assembled to assist in your integration of body, mind and spirit.

NOW LET US EXPLORE!



## THE STIMULATION OF THE FEELING BODY

These exercises are designed to stimulate within you a feeling of emotions, both low as well as high. Take the set of words on the next page and look at them and read them out loud; observe the change in your body vibrations. As we exercise the muscles in our bodies and as we store information in our brains, we must exercise our emotions so that each day you will observe the unfolding of your personality and increase your ability to love.



# COMPOSITE OF FEELINGS

LOW	INTERMEDIATE	HIGH
1. abandoned	accepted	loved
2. afraid	careful	dauntless
3. acquisitive	inventive	creative
4. agitated	quieted	composed
5. aimless	determined	purposful
6. angry	compliant	understanding
7. annoyed	consoled	exhilerated
8. belittled	tolerated	accepted
9. bitter	amiable	appreciated
10. confused	organized	enlightened
11. contradictory	reconciled	enthusiastic
12. crippled	healed	strengthened
13. destructive	constructive	original
14. disappointed	satisfied	fulfilled
15. embarassed	at ease	self-assured
16. frustrated	useful	essential
17. guilty	forgiven	blameless
18. jailed	handcuffed	free
19. hindered	assisted	promoted
20. insignificant	recognized	vital
21. lethargic	responsive	spirited
22. mad	appeased	happy
23. misunderstood	understood	appreciated
24. out of place	helpful	valuable
25. panicked	reassured	confident
26. separated	connected	integrated
27. sorrowful	joyful	serene

WHAT YOU GET OUT OF LIFE, DEPENDS ON THE CHOICES THAT YOU MAKE.

Do you want to feel:

irritated	or	challenged
disillusoned	or	optimistic
agitated	or	composed
anxious	or	confident
bored	or	stimulated
confused	or	enlightened
discouraged	or	inspired
depressed	or	enthusiastic
defective	or	efective
failure	or	fulfilled
insecure	or	invulnerable

DO YOU HATE ANYONE?

DO YOU LOVE ANYONE?

DO YOU HAVE EXPECTATIONS  
THAT OTHERS WILL PERFORM  
THE WAY THAT YOU WANT?

DO YOU LOVE YOURSELF?

DO YOU FEEL AT ONE WITH GOD?



## DISTANT INTERCELLULAR INTERACTIONS IN A SYSTEM OF TWO TISSUE CULTURES†

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Data are presented regarding distant interactions of the cells in two tissue cultures, one of which was infected by a toxic external agent. The two cultures were placed in isolated containers which preserved optical contact through quartz windows. The interactions between cultures was determined by the cytopathic effect (*i.e.*, number of cells killed) in each culture. When specified conditions were met, a "mirror" cytopathic effect was observed in the tissue culture not exposed to the toxic agent. This "mirror" effect (or "cross-infection") may be due to information transmitted from one tissue culture to the other by means of a biochemoluminescent "code."

### EXPERIMENTAL DESIGN AND RESULTS

To examine the possibility of distant intercellular interactions, 1,785 experiments were conducted in which healthy tissue culture (*e.g.*, chick embryo) was divided and placed in two completely isolated metal containers. The containers were equipped with windows which permitted optical contact between cultures; windows constructed with quartz plates were used in some experiments while glass plates were used in others. The containers were placed on a revolving drum; temperature of the containers was kept constant and was monitored by thermostats. In the case of 458 of the 1,785 experiments, one of the two tissue cultures was infected with toxic amounts of external agents. Five such agents were used, *e.g.*, Coxsackie virus (type A-13), Adeno virus (Type 5), F.P. virus (known to cause disease in birds), mercuric bichloride, and ultraviolet radiation.

The external agents were administered at dosage levels which would exert a cytopathic (cell-killing) effect on the tissue culture. This cytopathic effect would be observable at a point in time not earlier than two days from the date of administration and not later than four days. The tissue cultures were first examined at the end of the second day. Other examinations were made at 12-hour intervals.

† This material appeared previously in *Chemistry*, 1973, 46, 17, and in *Ultraweak Biochemoluminescence* (Zhuraviev, A. L. et al., eds.), Moscow: Nauka, 1973. It was translated from the Russian by Boris Kolodny and edited by Stanley Krippner.

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Calculations of the cytopathic effect were based on the number of cells that died out of the total number of cells in the tissue culture.

Of the total number of 1,785 experiments, 1,327 were implemented as control experiments for cross-checking purposes. In the control experiments, similar tissue cultures were placed in identical containers but no toxic agents were introduced. None of these 1,327 experiments showed any evidence of spontaneous tissue degeneration.

In the 458 experiments in which a toxic external agent was introduced, all of the infected cell tissues showed cytopathic effects. In 76 percent of the experiments, "mirror" cytopathic effects (or "cross-infections") were noted. In other words, cells began to die in the non-infected tissue culture. This culture remained in the container which had been isolated from the container holding the infected tissue. This "mirror" effect occurred whether the external agent was a virus, a chemical, or a lethal amount of ultraviolet radiation. In most instances in which the "mirror" cytopathic effect did not occur, the containers were equipped with glass windows rather than quartz windows.

### SPECIFIC EFFECTS

Once the Coxsackie virus (type A-13) was introduced into the tissue culture, the first signs of a cytopathic effect occurred between 24 and 36 hours later. These signs consisted of the discoloration of the cells and, eventually, the degeneration and death of the cells. Twelve hours after the first signs were observed among the cells in the infected tissue



culture, identical signs could be noted among the cells in the non-infected, sterile culture. Examination of the sterile cell tissue failed to uncover the existence of a single Coxsackie virus. Similar results were obtained with the other toxic viruses and with mercuric bichloride.

Signs of the cytopathic effect under ultraviolet radiation began with a lack of the cells' ability to absorb non-toxic dye when it was externally administered. Next, the shape of the cells changed, becoming round instead of elongated. In addition, the nucleus of each affected cell began to disintegrate. Finally, the cells clustered in round, lumpy formations and died. In the other container, the effect was identical but did not affect quite as many cells.

### NECESSARY CONDITIONS

For the "mirror" cytopathic effect to occur, several conditions must be met:

1) The windows of the containers used to be made from quartz rather than glass or some other material. The quartz plates must not be thicker than 0.5 millimeters. The windows in the two containers must permit optical contact between the two tissue cultures. This optical contact needs to be at least four hours in duration.

2) The revolving drum on which the containers are placed must rotate at a speed of 25 revolutions per minute.

3) The experiments must take place in total darkness. The "mirror" cytopathic effect will not take place during daylight.

### STATISTICAL RESULTS

The "mirror" cytopathic effect was not noticed in the experiments in which the three conditions were not met. For example, when the windows in the containers were constructed from glass plates rather than from quartz plates, a large number of cells died in the infected tissue culture, but not in the non-infected culture.

### ADDITIONAL EXPERIMENTS

One might hypothesize that the described intercellular interactions reflect a communication process which takes place by radiation. The fact that the sterile cell tissue demonstrated the "mirror" cytopathic effect when quartz rather than glass windows were used, suggests that the radiation may consist of either infrared or ultraviolet photons. Both of these types of photons pass through quartz but not through glass.

Therefore, additional experiments were conducted using a sensitive photomultiplier tube which registers biochemiluminescence by observing and recording the flow of photons. When a tissue culture was infected with toxic viruses, the nature of the photon flow changed sharply. First the photon flow surged, then stopped, then surged again, then stopped. Each of the three viruses produced, to some degree, these four stages. It is important to note that a virus passes through four stages when infecting a cell. First it penetrates the cell wall, then sheds its protein sheath, then directs the cell to produce new viruses which soon burst forth from the cell. It is possible that the infected cells communicated to the non-infected cells "coded" information about their condition through the flow of photons. Perhaps this information produced similar effects in the non-infected tissue culture.

Further experimental work was undertaken which identified the photon flow as ultraviolet rather than infrared in nature, with additional biochemiluminescence in the blue-green portions of the spectrum. As the tissue culture aged, the photon flow moved even further to the ultraviolet side of the spectrum.

The intensity of the biochemiluminescence increased from eight to 12 times with ultraviolet radiation, remaining at this increased level for 18 hours.

The biochemiluminescence identified by these experiments may well be the basis of the observed distant intercellular interactions, or "cross-infections." If so, its role in tissue metabolism and disease deserves careful study.



## A Comment

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This Soviet investigation, which apparently is continuing, has implications which are startling, to say the least, when applied to the disease process in the human body. The idea that cells at a distance can be destroyed by a photon effect from cells which have been diseased brings us to a "vibrational" concept of cellular communication and cytopathic effect.

There are significant findings noted by Karnachev, et al., that need further investigation. Why, for instance, is it necessary to rotate the cultures at a speed of 25 revolutions per minute? If the rotation were doubled, and the same effect not noted, would this indicate some interference of the photon flow by a changed electromagnetic field? And why must the work be done in total darkness? Is the coding of such a minute nature that ordinary light will interfere with the infective process or the communication?

While work of this nature must certainly be replicated by others, the revolutionary nature of the ideas which evolve from the study may not be

entirely disregarded at this point. If the identity of an oncoming cytopathic effect is coded in this way, for instance, it may be possible to interfere with the photon flow within a living system, thus stopping the onset of a disease. It may also be possible to instigate a different coded photon flow which would protect the organism against the oncoming disease. Too, one might postulate that the known therapeutic effect of sunlight, ultra-violet light and infrared light—as a sampling of the spectrum of light—may lie in the interruption of the coding of disease as it exists in the body.

I must personally take the Soviet work at face value until it is proved otherwise, since it fits in with the present-day findings of electrotherapy, the unexpected results of acupuncture, and the strange phenomena of what is called "psychic healing". It points up, perhaps, with strong exclamation marks, that we are on the threshold of a completely new understanding of the biological world and the human body.

## A Comment

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This is a most important piece of research, perhaps one of the most significant recent research projects in psychoenergetics.

However, in reviewing this experiment, I found a surprising amount of information is not provided. This is not trivial information, but data which could plausibly significantly affect the findings, and which would be important for replication.

1) What amount of tissue was used? *Good*

2) Were the chambers closed at the top? *Good*

3) What precautions were taken in introducing toxic materials to prevent contamination of the other preparation?

4) What method was used to determine the number of cells killed? Are there not standard methodologies?

5) How was the mirror tissue examined to determine if there were viruses in it? *Microscopic examination*

6) Regarding the three necessary conditions: were these varied in the experiment? Were all 458 trials under all three conditions?



THIS DOCUMENT WAS TRANSLATED FROM THE RUSSIAN MAND  
SENT TO ME BY MIRTALA BENTOV. I POSSESS THE ORIGINAL TEXT IF  
ANYONE SHOULD NEED IT. *Lia*

FORMING OF VISUAL IMAGES IN SPACE BY THE BRAIN

DURING VISUAL HALLUCINATIONS

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Visual hallucinations are considered to be "imaginary perceptions", "tricks of the senses", "perceptions without objects", in other words, the patient sees that, which in reality, supposedly, does not exist.

Until the present time, the mechanisms of arising of hallucination remain unclear. There exist contradictory theories of hallucination:

- 1) the theory of periphery explained it by a pathological excitation of peripheral perceptrors (spots on the cornea, clouding of the crystal, damage of the retina and optic nerves) /1-2/; 2) the centrifugal theory supposed a reverse transmission of excitation of central organs of the nervous system (cortex and subcortical nodes) along the sensory paths to the peripheral perceptrors /3-9/; 3) the central theory explains it by mechanical excitation of psycho-sensory centers (neurological explanation of hallucination) /10/, as a result of excitation of the cortex /11/, by the phenomena of pathological inertia of excitation in various analysers of the cortex /12/, by destructive processes in areas of auditory and visual centers /13-15/, or by cortical slowing down of activity /16-17/, by a "reaction of awakening" in the reticular formation with an activation of information about past events /18/, or by "extrapolation of images and perception preserved by memory" /19/;
- 4) the circulatory theory explains it by the alterations in the blood circulation of the brain /20-23/.

V.T. Bakhur has first proposed a hypothesis in 1971 that visual hallucinations develop by analogy to one of the phenomena of optic physics - holography /24/. But he completely denies the reverse transmission of visual information from visual centers to the periphery: "It would be very tempting to assume that along the efferent paths going from cortical areas to peripheral visual perceptrors there may occur a reverse re-coding of visual information, and that as a result, a hallucinatory image, being transmitted from the center to the periphery, is finally created, assuming its clarity and vitality within the retina. Speculatory hypotheses of this nature about the reverse transmission of a visual image from the center to the retina are sometimes expressed in popular scientific articles (the article referred to is by V.S. Skurlatov/25/ - G.K.). But such a reverse re-coding of visual information due to peculiarities of mechanisms of the switching relays along the optic path, as well as to the regularity of statistical coding, is impossible". /24/.



Perhaps there may occur a reverse transmission of nerve impulses from the optic areas in the cortex to the peripheral visual perceptors, with a radiation from the retina of electromagnetic waves. This phenomenon was first discovered during after-images. V. Tiurin wrote about experiments by F. Green in 1889: "Green looked at first for 15 sec. at an electric arc lamp, with candle power up to 2000, and then applied to the eye, in the dark, a photographic plate for a minute or a little longer. Then he developed the plate by ordinary methods and received on it a microscopic image of the arc" /26/. In the same article Tiurin informed about the experiments by Rogers to photograph after-images of a silver coin and a postage stamp on a photographic plate.

A. Gradenwitz announced in 1910 that the Frenchman Dargé discovered for the first time radiations from the human brain during mental activity, which he called "life rays", registering these radiations by means of a photographic plate: "By means of extreme thought concentration Dargé succeeded in producing real "thought images" /27/. He fixed his thoughts on one object and thus reproduced it on a plate. For instance, he got the "thought image" of a walking stick. Mrs. Dargé got a print on which outlines of an eagle are clearly visible".

The Japanese scientist Fukurai announced in 1931 about his research in this field /28/.

In 1962 in the USA were begun experiments with Ted Serios in the field of "mental photography". In 1967 Eisenbad published his experimental data in the USA about thought photography conducted with Ted Serios /30-31/. From the eyes of Ted Serios were taken pictures with a Polaroid camera of objects, located thousands of miles away from the place of the experiment, with the subject having no information about them. These experiments could be explained by the fact that in a universe with a hypersphere geometry, the principle of "holographic relationship" of psi-waves is fulfilled. P.F. Avramenko, D.V. Balubova, V.I. Nikolayeva, and Y.I. Pushkin think that "not only atoms, molecules, particles, but all microbodies in general may be described as formations of standing waves, which in a closed Universe may perform the functions of "holograms in their own right". In this conception, objects are not localised in a fixed space, but fill the whole Universe" /33/.

In 1970 in the USSR G.A. Sergeyev has photographed visual after-images by projecting onto a photo plate at a distance of 30-40 cm. from the subject's eyes /34/. G.A. Sergeyev and V.V. Kulagin conducted experiments, in which "effects of over-radiation of electromagnetic fluctuations in the spectrum of hard radiation were observed, causing a direct exposure of photomaterials contained in a doubly insulated packaging". /35/.

V.M. Inyushin, A.S. Rozen, and P.K. Fedorova in 1973 conducted research of visual after-images and hallucination, in which "there was noticed real exogenous excitation" /36/.

In 1974 in the USA S. Smith published an article about her experiments in the field of "thought photography" /37/.

In 1974 we succeeded in obtaining pictures of after images at a distance of 15-20 cm. from the eyes by means of flat negatives /38/. The methodology of the experiment: the subject intently gazed for 10-15 sec., in an electrically



lit room, at a black and white negative image (for example, a portrait of a woman). Then the light was turned off and there appeared in the dark before the subject's eyes the after-image, which was projected into an open cassette with a photo film 9 x 12 cm. and 23 ASA.

In 5-7 sec. the image before the eyes disappeared and the cassette with the film was closed. This way we succeeded in getting images of a woman's portrait and of other figures.

In 1975 we obtained clear pictures by photographing after-images with a movie camera "Lantan", 50 cm away from the eyes, at the rate up to 32 frames at a time. For this purpose a black and white rotating film (2 x 8 mm) was used, 27 ASA.

The photographing took place in the dark. After the development of the film, it was demonstrated through a "Luch-2" movie projector, and on the screen there appeared moving visual images, corresponding to the objects offered the subjects during the experiments.

Many authors have reported the existence of similarities between visual after-images and visual hallucinations, but they did not research the bio-physical essence of this similarity /39-41/.

But where are the hallucinatory images located? Smithies supposes that the images, arising during hallucinations, have topological and metric properties /42-44/. A.K. Mostepanenko, referring to the works by Smithies, proposed a hypothesis, according to which "visual images, arising during hallucination, in spite of all their peculiarities, are located in a specific space (which is called hallucinatory) and are changed within a definite specific time sequence. Moreover, the hallucinatory space is supposed to be a metricised topological space, although possibly non-Euclidian" /45/. There are objections against the metricization of the hallucinatory space /46/.

In 1970 V. Skurlatov was the first to propose the hypothesis of a possibility of photographing visual hallucinations /25/. He supposed that visual hallucinations are formed on the retina in the shape of a photographic image, which can be photographed only by illuminating the eyes, when the rays, reflected from the back of the eye, would focus on the screen and the following photographic process would become possible: "Perhaps it is relatively easy to see and photograph such stable inner images as hallucinations. The images or 'green little devils', it appears, will come out quite clearly"/25/.

Our experiments in photographing visual hallucinations according to Skurlatov's hypothesis of illuminating the eyes, did not succeed. Then we proposed a hypothesis that during true visual hallucinations an extra-projection of visual images from the retina into space in the form of electromagnetic waves takes place, which may be registered by photography, photoelectronic multiplier, and by using a transmitting TV tube (super-iconoscope, siperorticon, or vidicon), possibly with a preliminary use of electronic-optical transformer and consequent viewing on the screen, up to creating color images, and in the future also holographic images (holographic TV and holographic movies). Our hypothesis was based on the statement by B.A. Giliarovsky (1949): "Hallucinatory perceptions are a complex act, in which both the central and the peripheral components play a part. During an ordinary state, the process of stimulation goes in the central direction, from perception to imagination, but a reciprocal transmission in reverse direction is possible. In the case



of an intensified imagination, the excitation may be transmitted along the sensory paths in the cortex. This, along with the bringing of the image outside, gives it brilliance, vitality, and makes it hallucinatory" /9/.

In all historic periods psychiatrists have described true visual hallucination as being projected into space in the form of solid 3-dimensional images. M.I. Rybalsky reports: "The dynamic objects moving in space are, as a rule, solid, 3-dimensional, the static ones are usually flat and 2-dimensional" /47/. Until now, there has been no explanation of the 3-dimensional quality of visual hallucinations in space. At present we know that in principle, the new method of obtaining 3-dimensional images of objects, based on the phenomenon of light interference, is holography. Holography is a method of registering and consequently restoring of waves, which was invented by the British physicist Dennis Gabor /48-49/. The waves may be of any kind - light, X-ray, corpuscular, etc. And only the comparison of 3-dimensional visual hallucinations in space with holographic images gives a clear materialistic understanding.

We confirmed this hypothesis by the method of photographing of visual hallucinations in space with a "Lantan" movie camera, photo cameras "Zorky", "Zenith" (with the help of a specially constructed mask for the face of the patient, in order to create full darkness between the patient's eyes and the movie camera lens), and flat negatives in a doubly light-insulated packaging.

On December 3, 1974 we had our first success in photographing visual hallucination of patient K-v with alcoholic delirium. The photographing was conducted with a "Lantan" movie camera, in total darkness, onto a black and white rotating film (2 x 8 mm), 16 frames / sec. (with 1/32 sec. exposure), 19 ASA, focusing distance of the lens 7,5 mm., diaphragm 16. The patient was seeing "his relatives" and "tall 3-dimensional posts", and was projecting his hallucinatory images into the camera lens. On the film there were clearly visible "posts". The control frames had no images.

On December 9, 1975 were photographed visual hallucinations of patient K-n with alcoholic delirium. The photography was conducted with the face mask built by us, using "Zorky" photo camera 18 cm. away from the patient's eyes, onto a film 24 x 36 mm, 20 ASA.

The patient was seeing "his relatives at a table". On the film there appeared clear outlines of heads of people, which was confirmed by the patient himself. The control frames showed no images whatsoever.

On January 9, 1976 were photographed visual hallucinations with photo camera "Zenith" (using the same mask), 25 cm. away from the eyes of patient I-v having alcoholic hallucinations. The film used was 24 x 36 mm., 25 ASA. The patient was seeing "the face of a girl" (exposure - 2 sec.) on the first frame, and on the second he saw "an old woman with a long nose" (exposure 3 sec.). After the development of the film, these first two frames showed clear hallucinatory images of the "girl's face" in different planes, and of "the old woman with a long nose", which was confirmed by the patient himself after his recovery. Control frames had no images.



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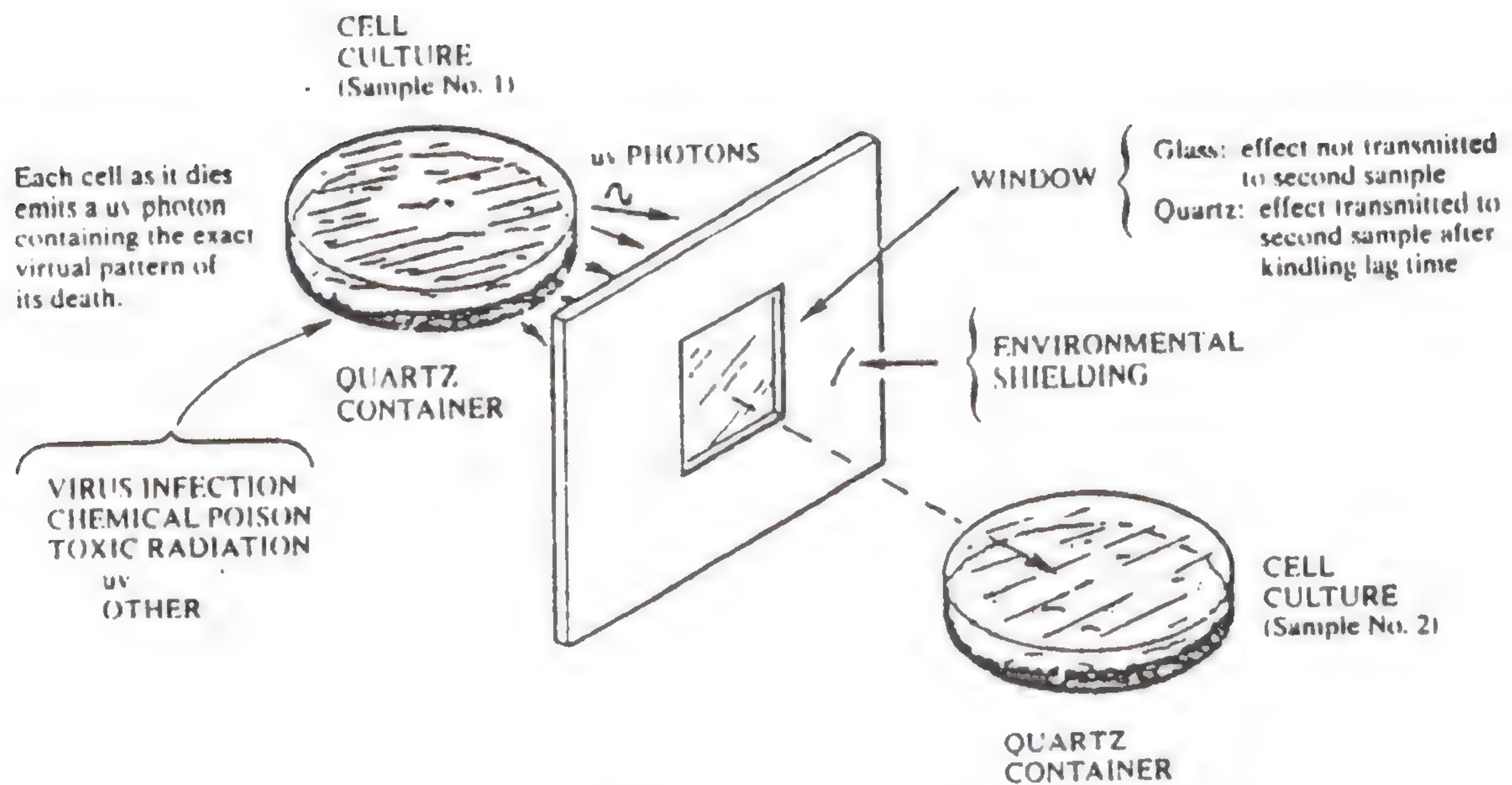
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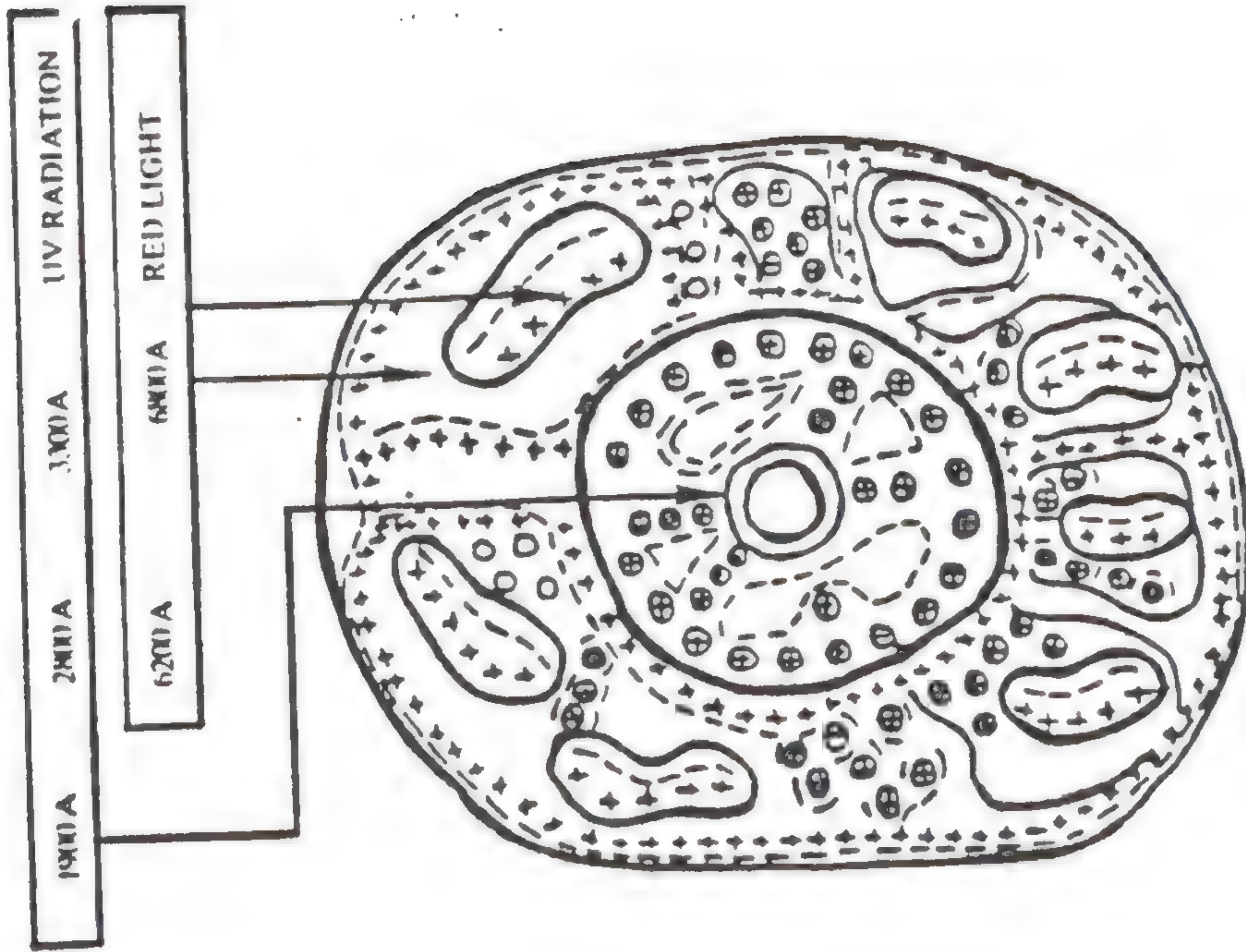


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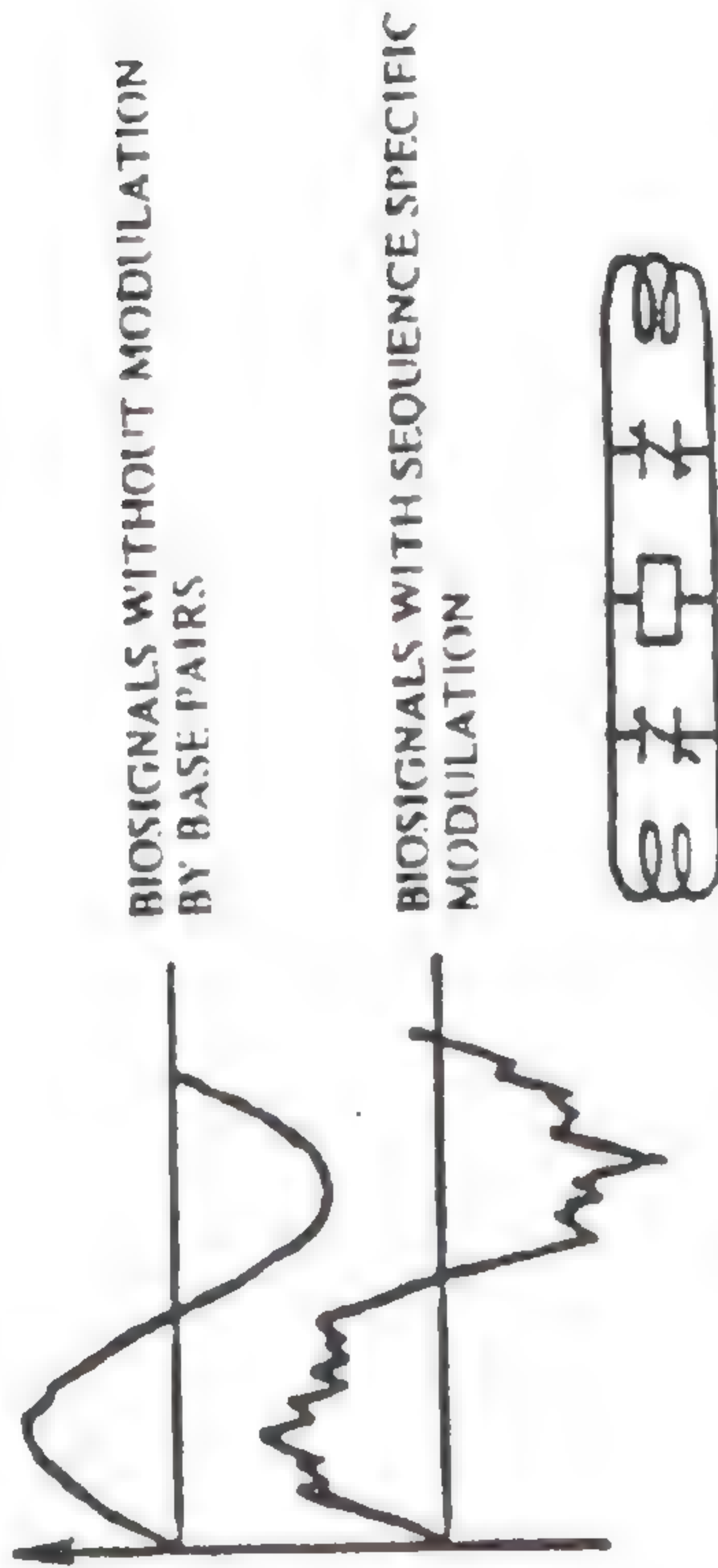
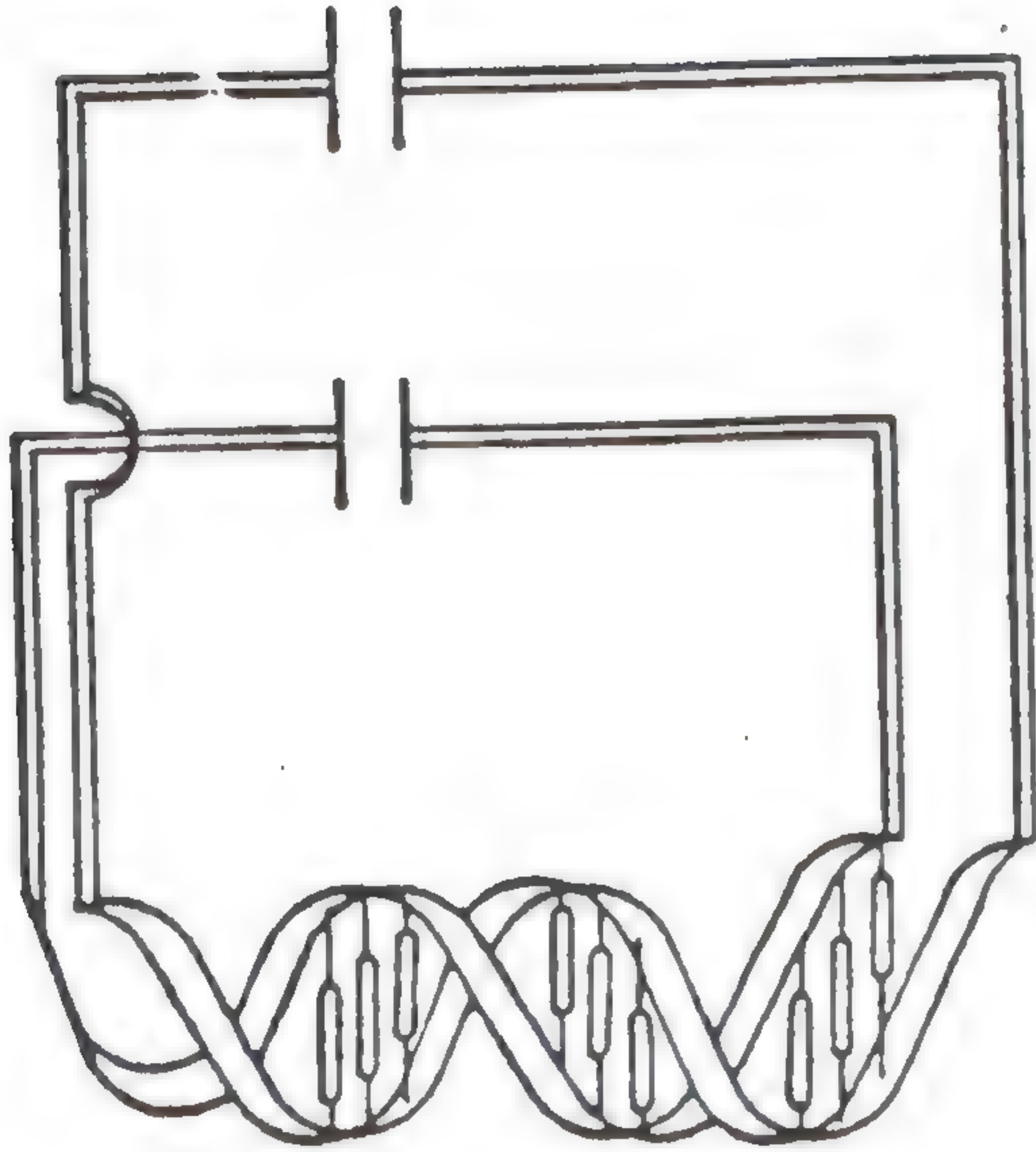
FIG. DEATH TRANSMISSION VIA THE PARANORMAL CHANNEL





(Courtesy of Dr. V.H. Inyushin)

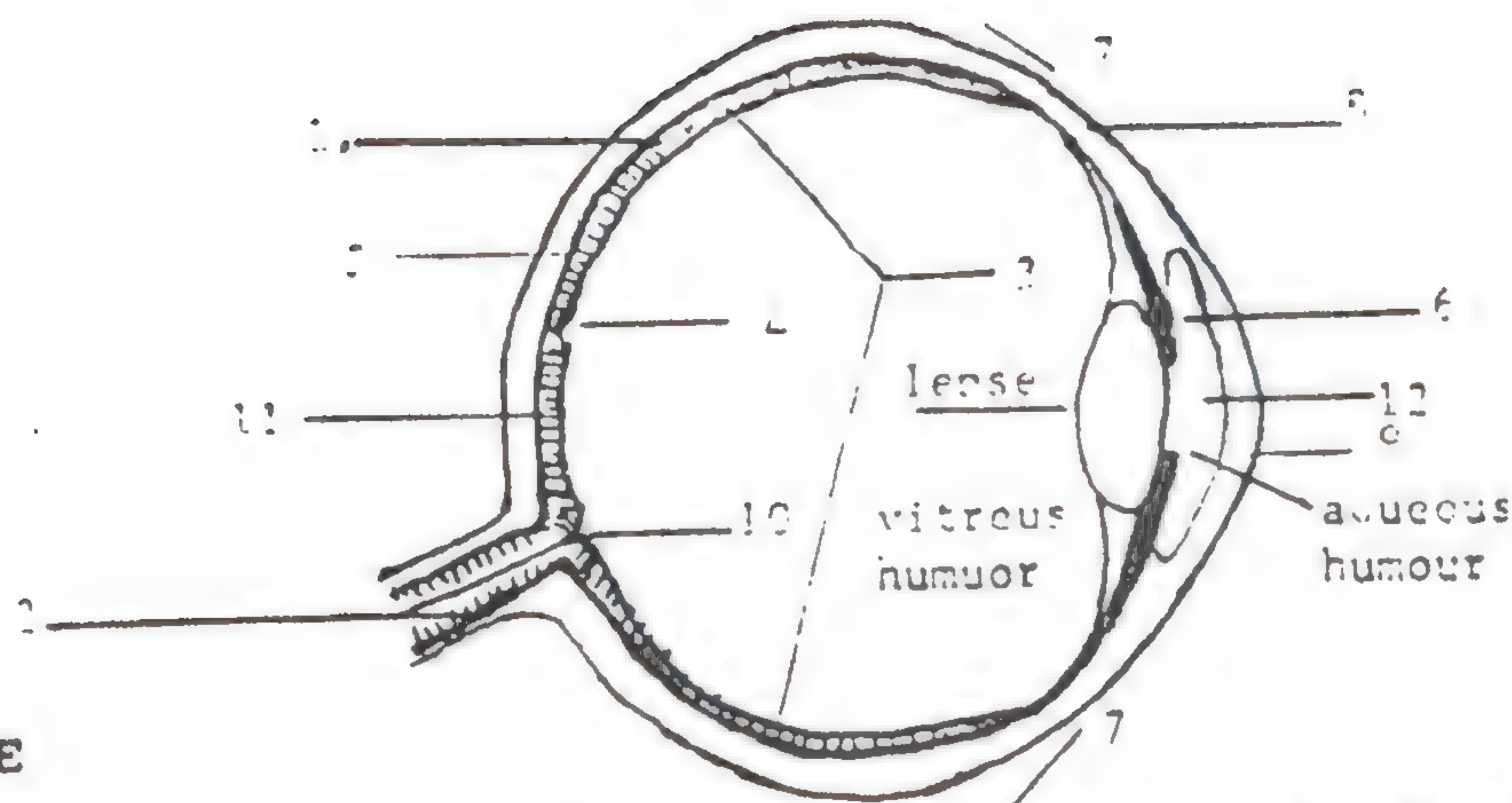
FIG. THE HUMAN CELL AS AN EMITTER OF ELECTROMAGNETIC RADIATION



COUPLING BY HYDROGEN BOND

FIG. SYMBOLIC REPRESENTATION OF TANK CIRCUIT THAT PRODUCED LIGHT-AMPLIFIED BIOPHOTONS AT UV FREQUENCIES





## THE EYE

1. The Retina - The inner lining of the eye is sensitized by the optic nerve.
2. The Optic Nerve- This carries impulses of light and color from the retina to the brain. It consists of a bundle of nerve fibres.
3. The Rods - These function only in dim light, [everything blue-grey] and are most common in the peripheral areas.
4. The Cones- These function for clarity and the discernment of color, and are most common in the Fovea Centralis.
5. The Choroid Coat - This is the lining to the sclerotic, it is dark and modifies into muscles as it moves to the front. It nourishes the eye via blood vessels.
6. The Iris - This diaphragm regulates the aperture and adjusts inversely with the strength of light.
7. The Ciliary Muscles - These are the muscles responsible for accurate focus. The cause of near or far sightedness. They pull on both surfaces of the lense to alter convexity.
8. The Sclerotic Coat - The white outer covering, to which the muscles attach, modifies to the clear state for the cornea.
9. The Cornea - This is the lense of the eye [part of Sclerotic Coat].
10. The Blind Spot - The area where the optic nerve enters the retina is not sensitive to light.
11. The Yellow Spot - The macula lutea is the part of the retina opposite the pupil, its center is called fovea centralis.
12. The pupil is the entry port for the light into the eye.

## REPRESENTATIVE COLOR SCALES

NEWTON 1700	CASTEL 1720-35	FINN 1881	LIND 1900	MARYON 1920
red	blue	red	259Hz, red(476)	red
orange	sea green, bluegreen	vermillion	289Hz, orange(511)	red-orange
yellow	green, bright green	orange	322Hz, green(546)	orange
green	olive, yellow-green	yellow	342Hz, green(588)	orange-yellow
	yellow	yellow-green		yellow
	apricot, yellow-orange, aurora	green		yellow-green
	orange	blue-green		green
blue	red	turquoise	385Hz, blue(630)	blue-green
	crimson	blue		blue
indigo	violet	indigo	427Hz, indigo(665)	blue-violet
	agate, blue-violet, light purple	violet		violet
violet	indigo	purple	485Hz, violet(721)	violet-red



# MUSICAL KEYS AND COLOR

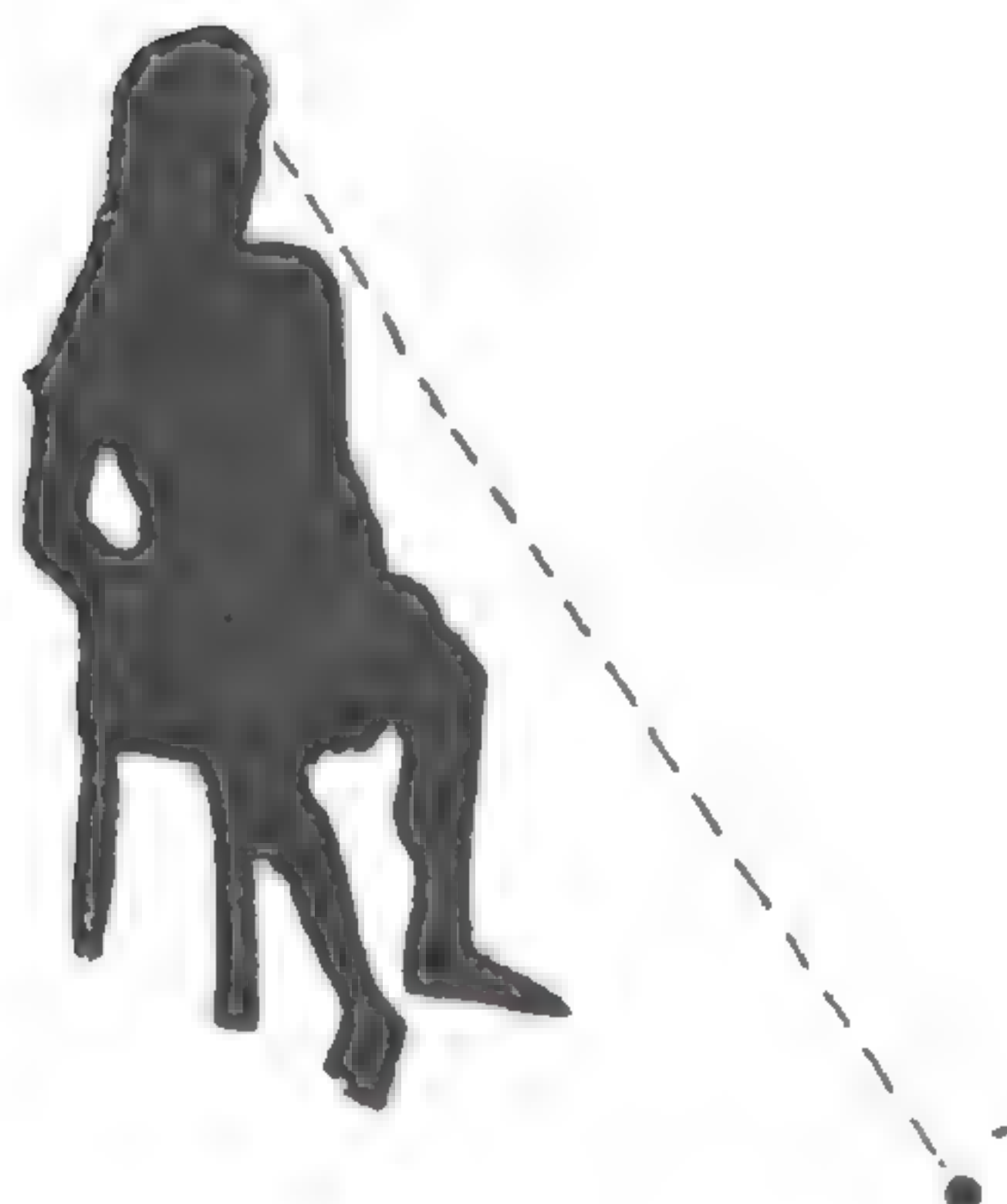
KEY	RIMSKY-KORSAKOV	SCRIABIN
C major	white	red
G major	brownish-gold, bright	orange-rose
D major	yellow, sunny	yellow, brilliant
A major	rose, clear	green
E major	blue, sapphire, sparkling	bluish-white
B major	dark blue, steel, somber	bluish-white
F sharp major	green, gryvish	bright blue
D flat major	dusky, warm	violet
A flat major	violet, gryvish	purple-violet
F flat major	bluish grey, dark, gloomy	steel color w/metalic luster

## THE VISIBLE SPECTRUM AND THE ULTRAVIOLET REGION (1 millimicron = 10 Angstrom units = 1 millionth of 1 mm)

Wavelength in millimicrons

30,000-800	Heat	[The colors of the visible spectrum. Colors blend into each other.]
800-650	Red	
650-600	Orange	
600-560	Yellow	
560-530	Green	
530-490	Blue	
490-450	Indigo	
450-400	Violet	[Present in white light, stimulative.]
400-340	Longwave Ultraviolet (harmless to eyes) Emitted by electric arc with carbon poles, Transmitted by thin glass.	
340-300	Emitted by uviol mercury lamp.	[Germicidal]
300-220	Emitted by quartz mercury arc lamp, transmitted by fused quartz.	
220-180	Transmitted by thickish layers of crystalline quartz or rock salt.	"
180-140	Transmitted possibly by fluorspar.	
50-.01	X-Ray waves [length] are 1/5000 of the visible spectrum. Gamma rays, emitted by radium, are even shorter and their power of penetration is not deflected by electricity or magnets. Electromagnetic Radio/T.V, gamma, ultraviolet, infrared, and microwaves all differ only in wavelength. (The Aura rays are presumably 400-300)	





## BREATH TRAINING

Figure #1

1. Take a straight backed chair and face it away from the light.
2. Place a coin about six feet from the front of the chair. Now, sit slightly forward of the back of your chair, so that your back does not touch. Sit as straight as you possibly can with your feet solidly on the floor. Your heels should be about an inch apart and your toes approximately six inches apart. Rest your hands on your thighs. Now, thrust out your chest and tuck in your abdomen. Your tongue should be relaxed on the bottom of your mouth. Your teeth should be open and your jaw relaxed. Your lips should be lightly closed and the relaxed chin will recede slightly.
3. Completely empty your lungs, then take one short breath in and one short breath out. Continue this six to eight times, then exhale again completely. Now, inhale slowly through the nostrils only for seven seconds.
4. Gently repeat by exhaling for seven seconds and inhaling for seven seconds. Visualize the breath as it passes through your nostrils carrying out negative energy and carrying in positive energy. This process purifies and regenerates the body.
5. Continue this for three minutes and do it three times a day. It is best to wait for 30 minutes after a meal before doing these exercises.





Figure #2

1. When you complete the exercise illustrated in Figure #1 move to an erect standing position. Your body, face and mouth should be relaxed, as in the previous exercise. Be slightly forward on the balls of the feet.
2. Gaze at a spot approximately six feet from you and repeat the breath aspects of the first exercise, while gently rolling your weight to the tips of your toes. Practice this harmoniously with the seven second breathing. Pause for one second between breaths. Breathe in = roll to toes, breathe out = back to the original position.
3. This should be done twice a day, at first, for three minutes.





Figure #3

1. This exercise begins the same as Figure #1 except that the coin is only two feet from the chair.

2. Do not concentrate on the coin, but allow it to steady your eyes.

3. Do the breath exercise while repeating in your mind the phrase "Breath is Life".

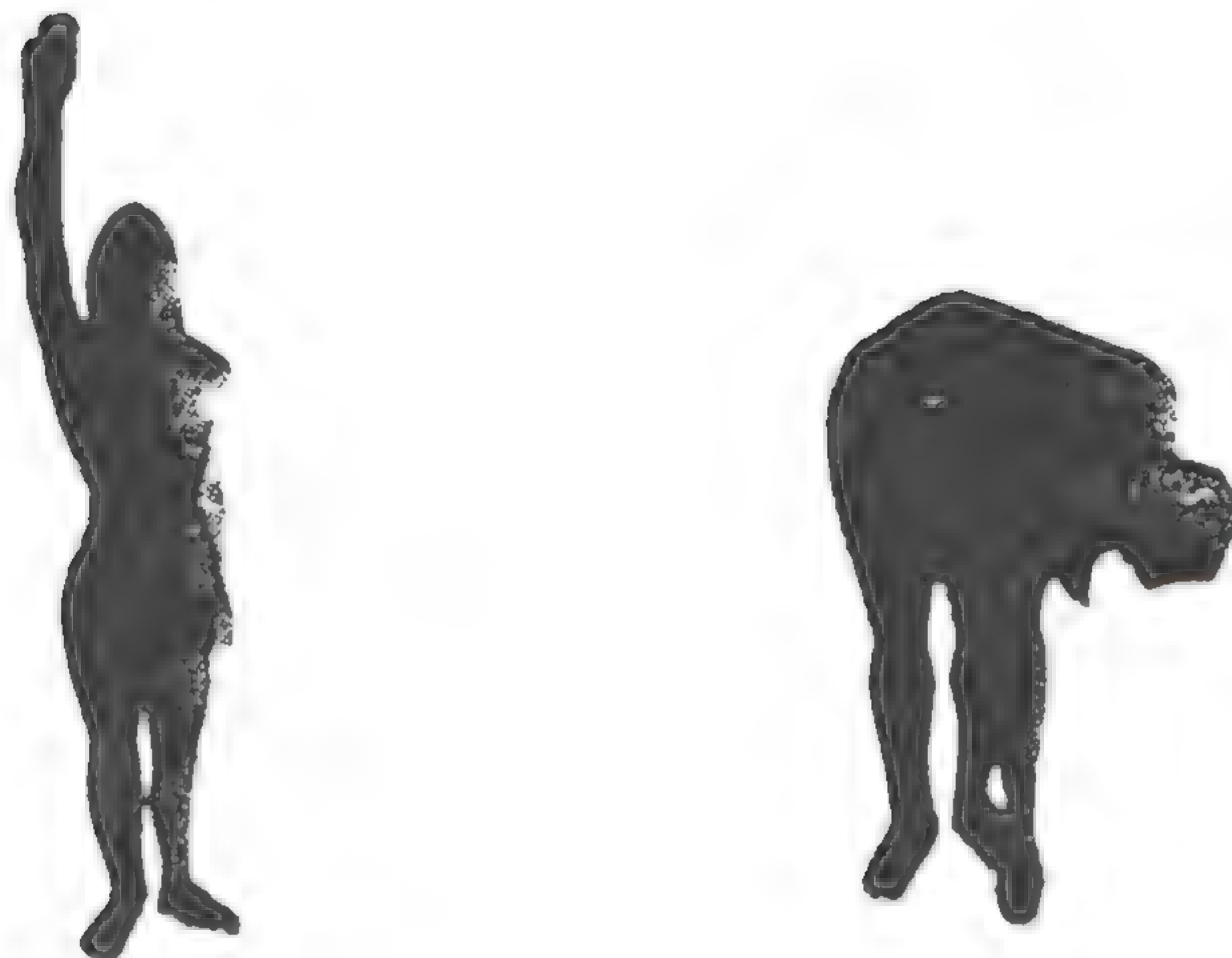
4. On the inhale bend gently forward with your eyes fixed on the coin. This should take you seven seconds to complete.

5. Hold your breath for four seconds and repeat "Breath is Life".

6. As you raise your body to a seven second count, gently exhale.

7. Do this three times a day, up to three minutes each time.

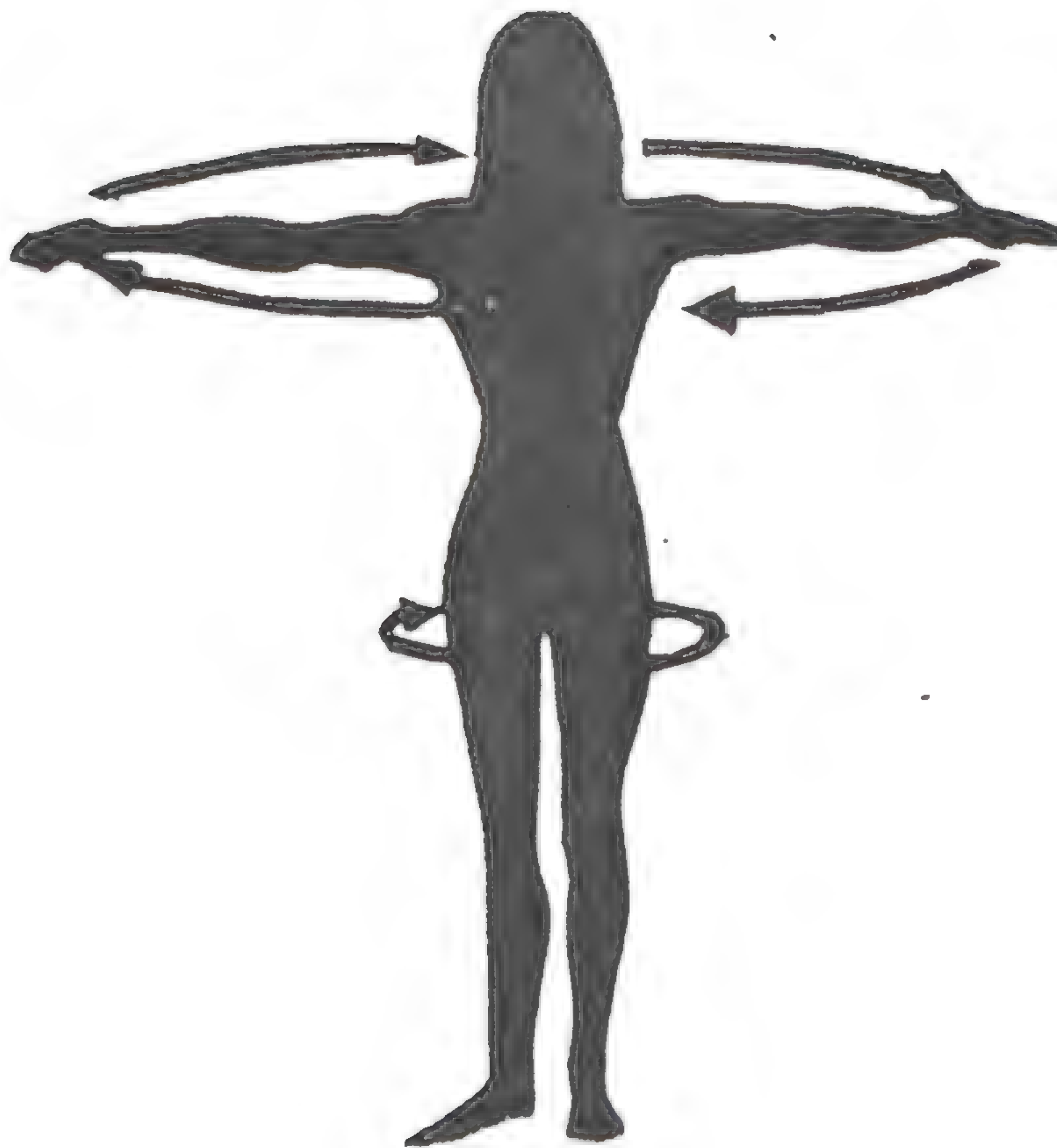




Figures #4 & #5

1. This exercise is oriented to the sun. In the morning face the rising sun (east), face (south) at noon, face the setting sun (west) at dusk and face (north) before retiring.
2. From the standing position described in Figure #2 gaze at the coin and start your breath program of emptying the lungs.
3. As you inhale prescribe a full circle with your right arm, the palm facing your body. Complete six circles on the inhale and then six circles on the exhale.
4. After the last of 12 circles raise the arm to the top and clench the fist while taking in a full breath. Now, bend forward and touch the floor with your fist. Gradually rise while exhaling, bringing the arm up over the head and then down to the side. repeat the circles with the left arm.
5. This exercise can be done after meals. It will aid in digestion of food.





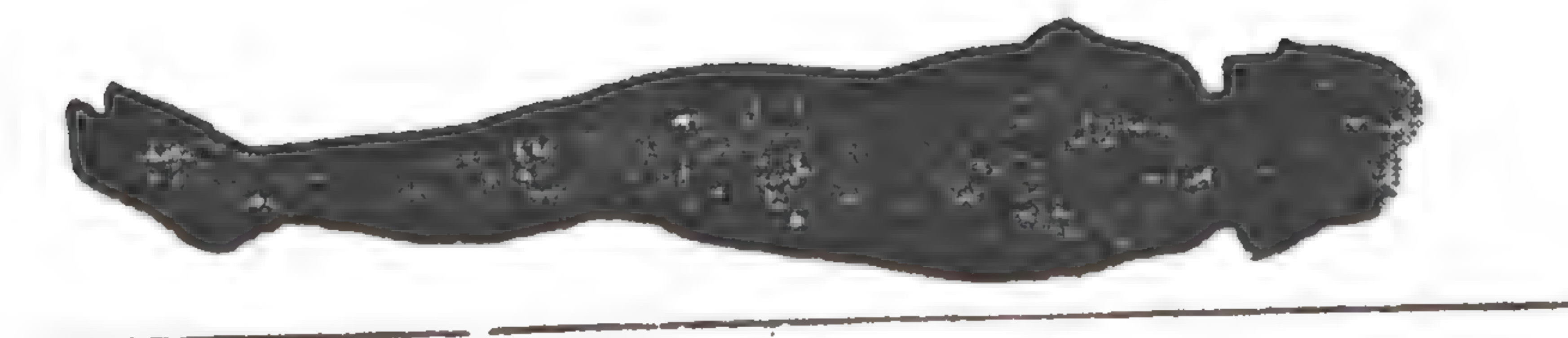
#### RITE ONE

Stand erect with arms outstretched, horizontal with shoulders. Spin around, left to right, until you become slightly dizzy. Restrict this rite to a dozen or more turns and always only to the point of slight dizziness.

#### SEVEN (7) PSYCHIC VORTEXES IN THE BODY

- A - within forehead
- B - posterior part of brain
- C - throat at base of neck
- D - right side of body above waist line
- E - reproductive anatomy
- F & G - each knee





#### RITE TWO

Lie flat on your back on the bed or on a mat or blanket placed on the floor. Place your hands palms down at your sides with elbows slightly bent. Raise feet until legs are straight up. Feet may extend back a bit over the body but knees must not bend. Slowly lower feet to floor and allow all muscles to relax. Perform this rite twice.

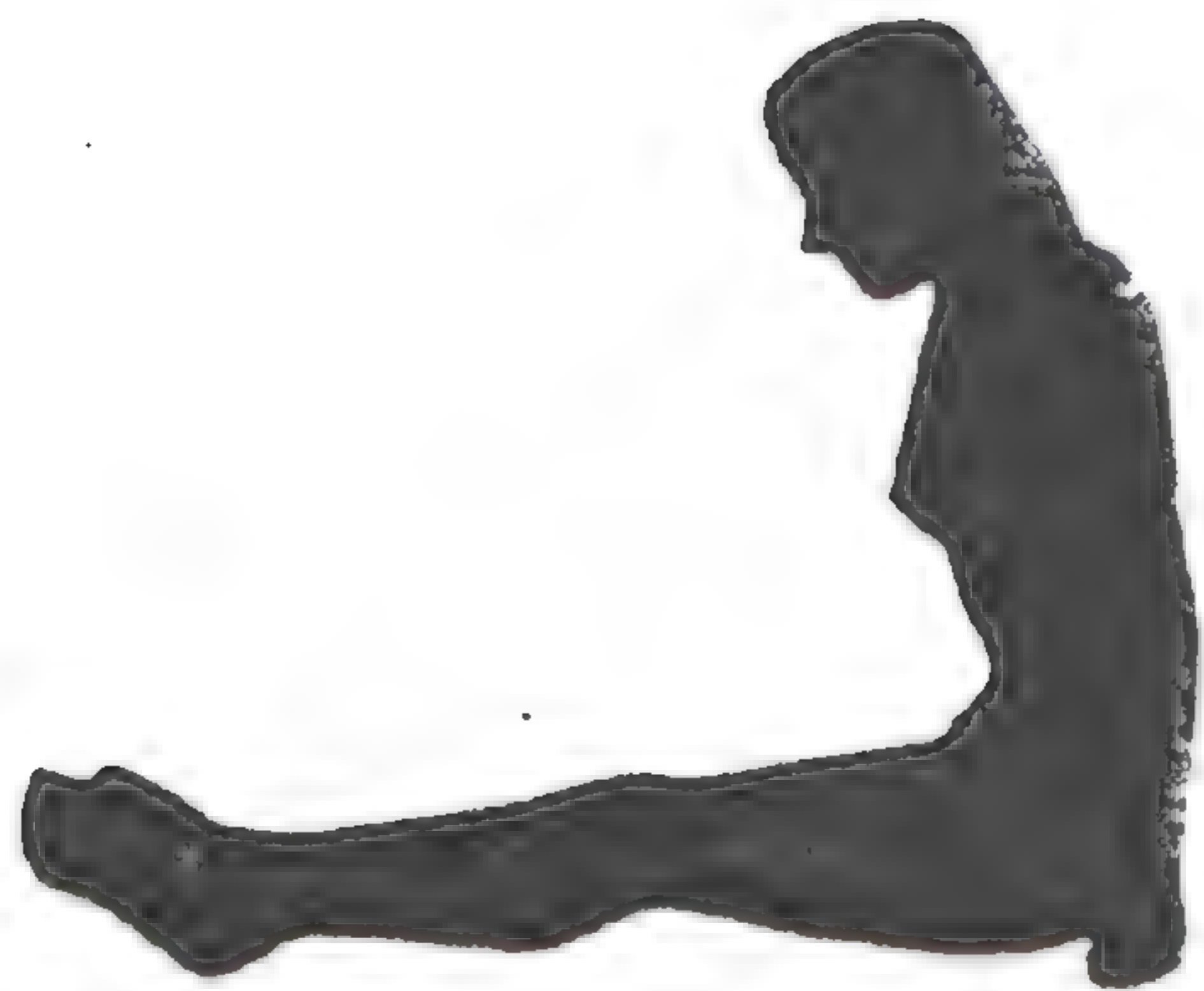




### RITE THREE

Practice this immediately after rite 2. Kneel on rug with hands at sides on thighs. Lean forward as far as possible dropping the head forward so chin rests on chest. Then slowly lean backwards as far as possible and at the same time lift head and chest and throw it back as far as it will go. Then slowly bring head up and align with body in a straight line. Lean forward again and start rite over. This rite speeds up vortexes E,D, and C.

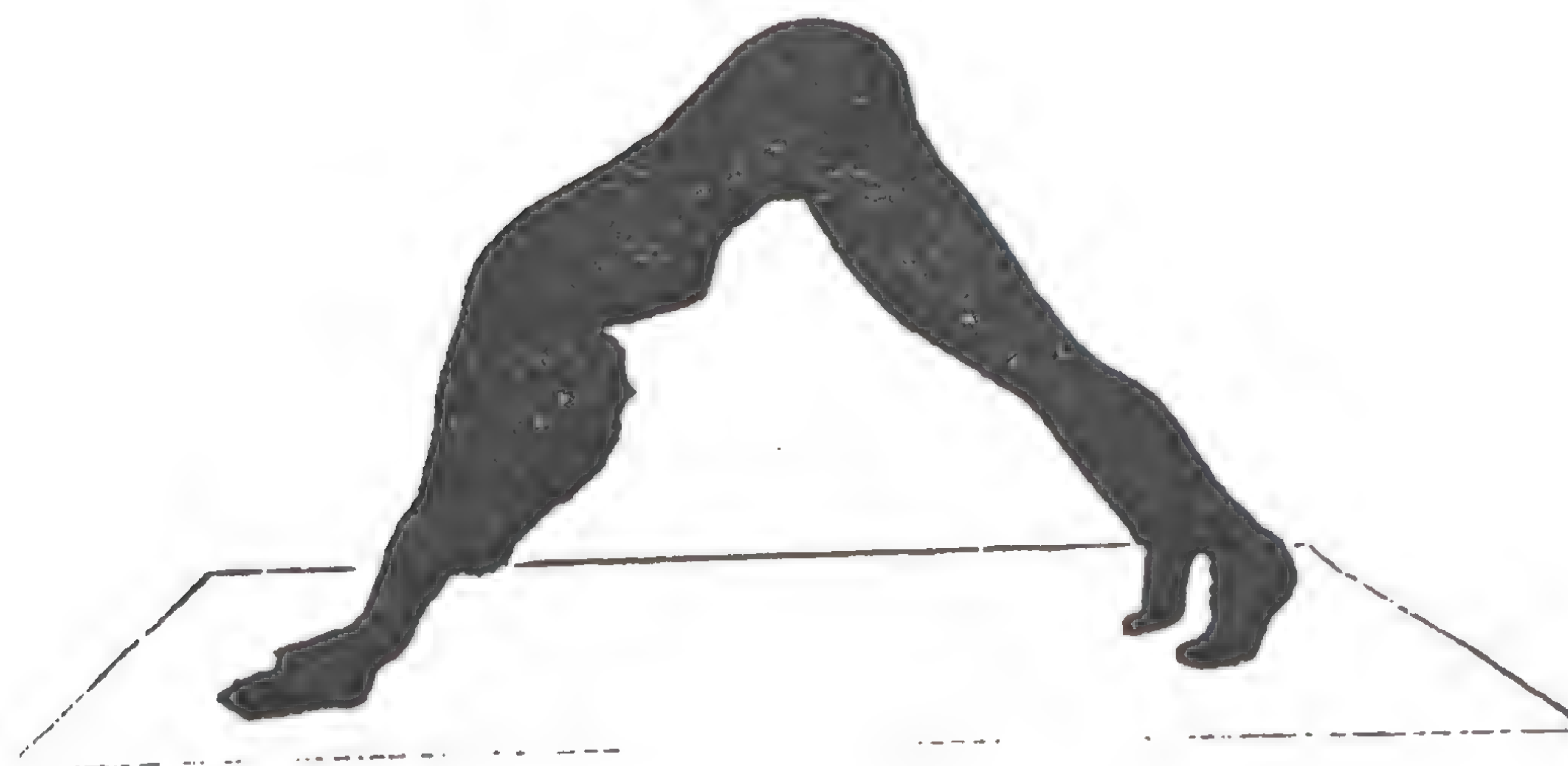
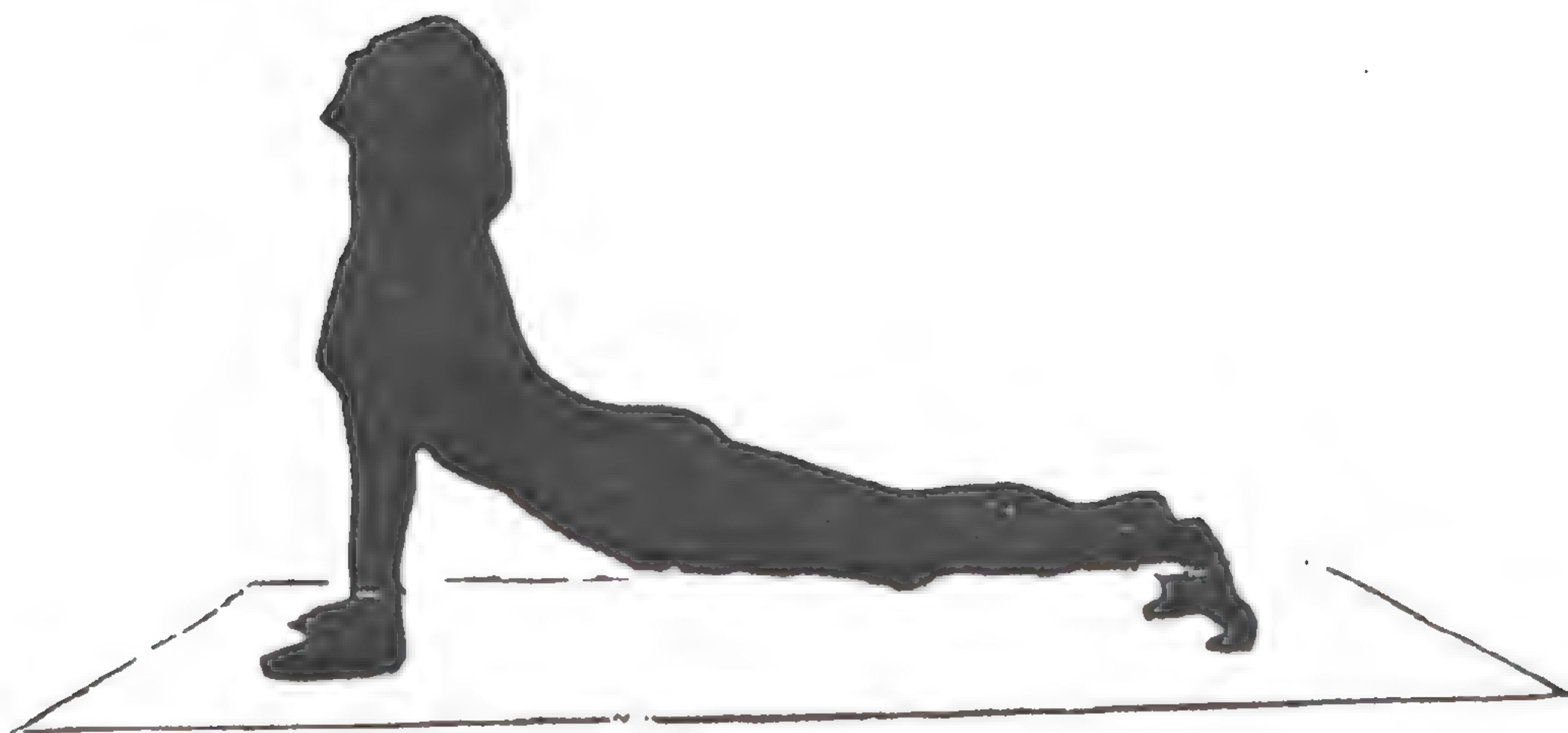




#### RITE FOUR

Sit on rug with feet stretched out in front. Place hands on floor alongside of body chin on chest. Raise the body so that it is horizontal to the floor. Arms, and legs from the knees down will be perpendicular to the floor. As body is raised the head should be allowed to drop gently backward as far as it will go. Then tense every muscle in the body. Return to a sitting position and relax for a moment before repeating the procedure. This rite stimulates vortexes F, G, E and C.





#### RITE FIVE

Starting in a kneeling position place hands on the floor in front of you about two feet apart, toes curled under feet. Pushing on the hands and feet, raise hips up as far as possible bringing the head down far enough to touch chin against chest. Allow the hips to drop into a slightly curved position, horizontal to the floor and bring the head up and back as far as possible. Tense the muscles a moment when the body is at the highest point, and again at the lowest point. After becoming proficient in this movement, let the body drop from its highest position to a point almost touching the floor and strive for a very strong curve.



## SPIRITUAL EXERCISES OF DR. NICOLA TESLA

Nicola Tesla was a spiritual scientist who was many years ahead of his times. He developed alternating current and many other patents that we use today. Most of his concepts were never developed, and he died a frustrated and unhappy man. He wanted so much to be of service in an imperfect world. He found that financial considerations took precedence over the common good. He saw a much better world than he found. Tesla constantly faced the temptation to compromise, but met the challenge. These are the five exercises:

1. Development of iron will - by the use of everyday deprivation. You make wish and will the same.
2. Development of self-control - by maintenance of silence at times. You control yourself to fit the mood of the time and subject.
3. Development of self-discipline - by taking a task and holding to it until it is completed.
4. Development of vigorous physical well-being - by the development of a strong bodily castle with daily exercise.
5. Development of a vigorous mental effort - by using a logical method of thinking, and by forming an excellent memory.



## HOW TO USE THE HEALING CRYSTAL

This is Marcel Vogel speaking and I am now going to work with you on the application and use of the crystal healing device.

The crystal is an energy converter. It converts a small vibration that we release through our hands which is controlled by breath. This small vibration is converted into an electric field or charge. The crystal you have is cut from pure natural quartz and is cut along the "C" axis, the primary growth axis. To use the crystal hold it in your right or left hand, rotate it clockwise and rub it. As you rotate and rub the crystal, you will feel a "stickiness" coming to the crystal's surface. This "stickiness" is a surface charge that is being picked up and accumulated by the crystal. The crystal is charged and ready to be used when you hear a static sound (as you hear now as I rub it in front of the microphone). This charging builds the primary field in the crystal itself.

The next step in the progress of charging the crystal is to create in the crystal a resonant oscillation. This is done by drawing in the breath, holding the breath, focusing your mind on the crystal and suddenly releasing the breath through the nostrils. Rotate the crystal again, draw the breath in, focus on the crystal and when you feel your body vibrating, release the breath again. If properly done, when you hold the crystal in your hand, you will feel a small but distinct vibration going on within the crystal.

The crystal is now charged and tuned for your vibration. Each living form has its own distinct vibration. It is our signature in that we broadcast a distinct vibration (the same as we have a signature in our handwriting and our fingerprint). This vibration has now been transferred to the crystal. It is through this signature or vibration than you can transfer or receive a charge to or from another person or object.

Hold the crystal in your hand with the thumb on one face (the flat broad face) and the index finger on the pyramidal shaped end of the crystal. Of the crystal's two ends, one is less pyramidal shaped than the other. Put the lesser pyramidal shaped end in the palm of your hand and place your forefinger on the more sharply terminated end. We have two sensors that we use when we work with the crystal: the vibration at the forefinger and the vibration that we experience with the thumb. The thumb is a tuning coil as well and with the thumb you can vary the rate of vibration or frequency of oscillation that is released through the crystal. I can only give you these instructions. You in turn must carefully practice these steps to experience their validity.

To test out the charge transfer capacity of the crystal, hold the crystal in your hand, draw in your breath filling the chest fully, hold your breath and experience your body oscillating spontaneously with the crystal. This spontaneous oscillation is an excellent indicator that the crystal, the vibration and the overall balance is in effect. As you relax, you will find that your body goes into a natural periodic oscillation. Point the tip of the crystal at your opposite hand about 6 to 8 inches away and slowly oscillate the crystal up and down. As you do this, go through an arc starting with a zero position visualizing the face of the clock as follows: one o'clock (trying), two o'clock (oscillating yet), three o'clock, four o'clock - as you



come to a discreet position you will suddenly feel in the opposite hand a tingling sensation. Furthermore, as you move the crystal back and forth, this tingling sensation carries with it the feeling of wind flowing back and forth.

To further test this, hold the crystal in your hand and the sensor of your other hand in opposition. Have another person take his hand and run it up and down between your hand the the crystal. You will feel an inductive kick in your receiving hand because as the individual makes and breaks the field, a charge will be transferred from the field to that person and to your other hand. It is very much like you are dealing with a motor.

There are the following motions. A vertical up and down motion of about 2 1/2 inches in dimension which goes around in a clockwise direction. Use this type of oscillation, either clockwise or anti-clockwise. When you enter into the energy body of an individual, enter anti-clockwise and then rotate in a clockwise direction until you come in resonance or in empathy with the field that is present there.

In the second motion you direct the crystal in circular motion (either clockwise or anti-clockwise) visualizing the energy coming out as a cone and flowing to a minute point. As you rotate the crystal, visualize the energy coming to a white luminous cone in the tip of the crystal. If the direction is reversed visualize the tip of the crystal turning black, as there is a reversal of charge.

So you now have four distinct patterns of motion. A vertical up and down motion (clockwise or anti-clockwise) is used where you come into resonance, stop and maintain this oscillation in a periodic metronome-like manner. A circular motion is used to inject a luminous field into the area of treatment. When you work in a circular direction, you visualize light. With a vertical up and down direction there is no internal sensation of light, but purely vibration. So, you work with two distinct patterns: the vertical up and down oscillation of vibration equivalent to sound; and the circular motion equivalent to light. The two composites that you work with is light and sound and both of these are capable of being generated and emitted by the crystal device.

The primary act of healing is to assist the individual in bringing the body into balance so that the energetic fields which surround the body flow in a natural, meaningful way. We exist both in our bodies as well as out of body. The programming of the energy fields that exist outside the body is that of energetic patterns which become fixed in space and oscillate in much the same way that crystal unit cells will oscillate in a natural crystal. Very weak but precise charges can critically affect these charges that we have around or body. An ancient method of therapy for working with these forms of energy is acupuncture or accupressure. The Chinese have plotted these into what is called meridians and in these meridians are various points of differential resistivity at the tissue area. These differential resistivity areas are called acupuncture points. You can operate on these points with the crystal in much the same manner as with needles above the body of the individual.

We will now back off from the crystal for a moment and concentrate on two important areas of discussion - the breath and the tones that the breath emit when it is drawn into the body and released.



Sit up straight with the back in a vertical position. If you are trained in yoga, sit in a lotus position. If you are of Western culture, sit on the edge of the chair with the back straight and the palms of the hands outstretched. Close your eyes and I will talk to your breath.

Breath and life are synonymous. When you breathe deeply, you invigorate the body with a vital charge. As you draw the breath in, you draw in oxygen necessary for the energy of life in the cells themselves. In that breath you are also drawing in a fluid - a particulate unit of life energy which is called prana. Prana exists everywhere and is utilized by the thinking mind to build the patterns of energy we call thought. As a man thinks, so he is, and energy follows thought. We are dealing with this energy now and are working with it in a discreet particulate way.

There are four stages to the act of breathing. The first stage is the indwelling breath, the second stage is the holding of the breath, the third stage is the outgoing breath and the fourth stage is the holding between breaths. If you listen carefully to this tape you will note a distinct difference in tonality of my voice between each of these stages. Formed in this four-stage process is a ???carno??? cycle, a heat cycle. The primary heating of the body keeps the body temperature constant and comes from the oxygenation of the body through the bloodstream. When your lungs are in vital active functioning condition, devoid of interference by smoking or interferring pollutants, there is a rapid and precise exchange of the oxygen in the atmosphere into the bloodstream. Vitality globules or pranic energy/fluid is also transferred with the bloodstream.

As you draw your breath in, you build patterns of thought, of being, of intention; of what you wish to do, be or perform. So the act of programming the crystal, or your own body or the service to the individual you are to work with comes in the indwelling breath. In that the program is written. As you hold the breath, allow the proper time (physical time) to transfer not only the oxygen; but the programs, the intention that you draw in with breath. Rapid, shallow breathing strip you of vitality and make you subject to all of the vicissitudes of negative thinking which surround you at all times. So to be vital, functioning and strong in working with the crystal, learn deep, precise, sonorous breathing. Above all, do not be afraid to dwell in your breath and let the intentions permeate the body and complete their process.

When the process is completed, the waste products of the metabolism of the body, carbon dioxide, CO<sub>2</sub>, are released in the outgoing breath. With that CO<sub>2</sub> come the negative processes that we have stored. For every positive thought, for every affirmative action, there is also the resistance that goes with it. So as you release the breath in a kind and gentle way; you bring the yin and the yang, the positive, the affirmative and the negative together to form the balance, the whole.

As you sit in rest at the bottom end of the outgoing breath, prepare for the next stage of the act of breathing. This is the primary cycle. With this cycle there comes also a series of vibrations. There are two forms of breathing; in through the nostrils and out through the nostrils. You will notice in breathing out through the nostrils there is a deep sonorous vibrating tone to it. Breathing



through the mouth, there is a crispness and a sharpness to the tone. The tone is much sharper. These are the two limits of the tonal range that we composite in the symphony of living - our orchestra that vibrates within our body.

The crystal is designed to bring balance back to the body so that the body can breath again in a right and meaningful way. All life to exist, to be meaningful, must be in a state of balance. When life becomes polarized in one direction or the other, there is an interference with the pattern of living.

Now I would like you to become conscious of the crystal again. Point it at your opposite hand and oscillate it in an up and down direction and let us again go through the breathing cycle. As you do that and come to the peak of your cycle, you will feel a coolness in the opposite hand. The charge is moving through your hand into the opposite hand. Breathe out and feel the charge waning.

This is a very important point I wish you to now ponder, hold and remember. The period where your crystal is at its maximum of utilization and usefulness is when you have drawn your breath in and have held it; and in the holding of breath the charge builds up and comes to its peak and maximum efficiency of charge release.

We store both around the body and in the various organs, particularly in the bony structure of the body, vibrations or programs which are inharmonious to the normal process of living. I have given these vibrations the generic name "Iffys". That means the vibration that is there is out of place, is not performing a useful function and the body does not know how to release it. It is a psychic or energetic cancer. As a cell which is out of place growing on its own in a differentiating way, distinct from the surrounding tissue, is classified as a cancer; so too, we accumulate negative charges which disturb our pattern of living. These are parasitic. The following types of vibrations develop parasitic energy imbalances. A broken bone from a fall or an injury, after it has healed and the tissue and bone rebuilt, stores in the fracture area the impression of the moment of impact and reason for the injury. At that junction in the bone there is an inharmonious vibration residing. These persist, remain with that tissue, until that area is purified from the disturbed vibration. This is one of the primary functions this crystal serves in removing these inharmonious vibrations.

Tissue damage, surgical intervention, creates shock causing a state of imbalance in the area where the surgery has been performed. Prior to surgery, a program can be inserted with the crystal to prepare that tissue for operation by visualizing the operation. In post-op the stress can be removed and the element of pain removed entirely by using the crystal to extract the shock and feed back the love that one has within and the desire that the tissue grow back in a normal meaningful way.

Records are written in bone. Spinal injuries, whiplash, are prime areas where precise treatment can be given. A sudden impact or blow is stored in the tissue. The mind, the brain, has no accessing mechanism for why that injury took place and therefore cannot release that damage to the tissue. It is stuck in this area. These can be released with the use of the crystal as I will now discuss with you.



Arthritic conditions of certain types, especially in the early stages of arthritis are amenable to treatment and can be reversed in a dramatic way. Above all, wherever there is trauma where a person has suffered severe emotional and psychic injury (separation from a loved one, divorce, feelings of inadequacy), these are stored in the primary centers which control the total body function.

There are seven of these primary energy centers. The Indians call these centers the chakras. Chakra means wheel. When this vortex of oscillating energy is interfered with, then the endocrine gland accompanying this vortex does not function properly. These are the seven centers: the base chakra at the base of the spine; the spleen chakra at the spleen region; the solar plexus very close to where the naval button is; the heart chakra which is parallel to the shoulder blades and about 2 inches below that, the throat chakra of communication right at the Adams apple; the "ashna" center, third eye, between the eyebrows and up about 1 inch in the middle; and the crown chakra.

Each chakra oscillates at a different rate and therefore functions as an input, output system for feeding the body, regulated by breath. When there is an interference in a chakra by stored energy programs that have been held for too long a period of time; the body twists physically, it sags and then must be brought back to a state of balance.

I have now covered the use of the crystal in charging, the building of the charge in the crystal, the act of using the breath as a means of charging, and the various areas of the body which store an imbalance of charge. Now we will go together and do a set of healing exercises.

The act of healing means to bring the body into balance. To bring the soul in contact with the functioning of the body so the two can act as one in the third - body, mind and spirit acting in consort or as one. The quickest way to balance the body is by breathing through both nostrils. Another way to balance is to close one nostril, draw the breath in, close that nostril and breath out from the opposite side and visualize a vortex of energy flowing in and out. When you do this you can balance and bring the body to a state of equilibrium.

When you work with the crystal, you are building vibration in the crystal - it acts the same as a computer. To purify the crystal, to reset to "0" (zero), you can demagnetize the crystal with the use of a bulk magnetic demagnetizer used for magnetic tape; or you can do this in a simpler way as follows. Hold the two ends of the crystal between the thumb and the middle finger, take the other hand and bring it against the middle of two of the faces, draw your breath in (and now listen carefully) and suddenly let the breath out through your nostrils with the mouth closed. This sudden expulsion of breath strips the charge from the crystal. You rotate the crystal to the next pair of faces and repeat these steps. The crystal now is brought to "0".

Meditate carefully on what I am saying. The act of sudden release of breath through the nostrils breaks up a pattern of energy which is stuck in the body of an individual. So when you wish to serve in the act of healing another person or bringing that body into balance; draw your breath in, go into the area of pain or discomfort anti-clockwise, up and down, then go in clockwise until you come into



balance, take a breath, focus on the area, have the individual draw his breath in, go into the area, hold his breath, then draw in your breath again, focus on it and suddenly break that up by drawing your breath in (as you have heard with me now), pulling the crystal away and snapping it. So this pulls the charge out, breaks it up, and disperses it into the atmosphere. In this manner the charge is removed and the body comes into balance and equilibrium.

Go back into the individual's body, oscillate slowly and feel the difference that exists in the body area. You will note a complete difference that exists in that body area. The body flow will take place so that the tissue will take on a different tonality, color. If you are working on the spinal or neck region, the body will stiffen and then come back to a normal balanced position. That area now is whole. That in substance is the entire procedure for the use of the crystal in healing.

A follow-up step is used where there has been a deep involvement, especially of an emotional nature, where the person suddenly starts crying or sharing inner feelings or emotions. Take the flat face of the crystal and bring it in contact with the tissue, bring the other hand in opposition to the other part of the body and hold it there, breathing in and out, sending the thought of light, love and well-being. Synchronize your breathing with the individual so that you two breathe together. In this slow uniform breathing, the void that was created by the release of the charge is now filled with light. The person now feels whole and free from attachment. This is the procedure for balancing and healing the body of a person.

You can work both in a proximate position, meaning with the physical body of the individual present with you, or you can work with an individual on a remote basis. Remote service, remote functioning with the crystal comes in projecting through the tip of the crystal your love for the individual, holding that image of love and waiting for the image of that person to appear to you. That image will be an energetic image, not as the person would normally appear. You will feel this as a vibration. Now send through that contact the love, and thoughts of well-being that you have for the individual. We can serve one another throughout the universe by this means because these vibrations are at a speed which transcends light. These energies have the quality of magnetism, but are not magnetism. These energies have the quality of light and act on photographic plate but are not light. These energies are capable of being attractive and repulse light electrostatics, but are not electrostatics.

We are in a deep, practical research to understand and put these energies to practical bear. The primary teaching on these energies were given 2000 years ago by Christ. He came on this earth and taught all mankind one word, love. "If you wish to love me, love your fellow man". It is through loving that the world becomes whole again and we become one with out creator. God be with all of you to whom this message is being sent.



## THE POWER OF BREATH WHILE USING THE CRYSTAL

[USE THIS INFORMATION TO SUPPLEMENT "HOW TO USE THE HEALING CRYSTAL"]

1. In starting, take a deep breath and hold.
2. Breath held until you locate and lock on the area to be treated.
3. Breath is released and a new breath is taken.
4. Crystal oscillated up and down stimulating the body area.
5. Have patient draw in breath and focus on the area to be treated.
6. Suddenly break field and release one's breath at the same time.
7. Then "short circuit" with the finger onto the body of the patient.

Note: When working with the crystal, have the second hand on the opposite side of the body to balance the field one is generating with the crystal.

Theory of the use of the crystal - Reference Books:

- a. The Etheric Double, A. E. Powell, A Quest Book
  - b. The Astral Body, A. E. Powell, A Quest Book
  - c. The Secret of Life, Georges Lakhovsky
  - d. Electromotive Force and Life, Pressman, Plenum Books
- Telepathy is simply transmission from one mind to another.
  - Magic is not supernatural, but an acquired skill.
  - The two qualities most necessary to learn are will and imagination.
  - There are forces of good and evil. Magic consists in a large part on invoking their aid.
  - The efficacy of magic is essentially a matter of inner pressure.
  - Most human beings accept low pressure consciousness as the norm.
  - The first principle of magic:
  - Focusing our dream world, holding it clearly in our mind's eye, and then transfer it to paper.
  - Bodies in the solar system exert various influences on each other and all living things are influenced by the interaction of their forces.
  - Human beings are sensitive to earth forces and these earth forces are in turn influenced by the other bodies in the solar system.
  - The most effective dowsers are those who sense the magnetic influence of the planets on the earth under their feet.
  - Mammals and birds are not influenced by the force of the sound they hear, but by the meaning it has for them.
  - Jung saw man with four basic faculties: a. Thinking b. Feeling c. Sensation d. Intuition
  - Yeats saw man in terms of their purpose: a. Will - Our purpose or basic aim, over which we have no real choice. b. Mask - The way we mind
  - This mode of creative self-expression, over which we do have a. a choice. b. a Body of Fate
  - What "The Stars" intend for us, over which we have no real choice.
- Yeats saw the correlation between us and the changing phases of the moon, altering our balance as the moon goes through the twenty-eight phases.

PHASE 1. The dark and formless chaos from which anything can emerge.

2. The person who is basically animal, i.e. the god Pan
- 3-14. A symbolic picture of the evolution of the human personality, awakening of personality, assertion of individuality, self-assertion, etc.
7. A man whose basic drive is assertion of individuality
14. The obsessive man, the apotheosis of sensuality
- 16-28. The development of civilization or spirit



### Everyday consciousness is partial

In sudden moments of ecstatic intensity, we suddenly seem to become complete, we relax and breathe more deeply. We are all partial personalities trying to learn how to establish contact with our occluded areas. Our inner being is not one, but many personalities who might be brought into some kind of unity by an inner effort.

Hypnosis causes a narrowing of consciousness, and the contracted part of consciousness falls asleep, while the eclipsed part remains awake, capable of responding to stimuli. Hypnosis causes a switching off of the active part of consciousness. Hypnosis is one method of reaching the wider areas of the self. Hypnosis has the power to release our telepathic abilities.

"Gliding": use reading or listening to music as a means of wiping away the sense of depression, bringing about a gradual sense of relaxation and expansion upon which the mental energies depend. The result is a state of susceptibility, an identification with the object so complete that it is like becoming the author or the orchestra. All energies are herded into one single act of attention. The habitual glider is aware that it is their own will, moods, or attention that determines their misery or ecstasy. They see things as they really are, or else the shadow play of their own mental states keeps them in a condition similar to trance.

We spend most of our life in a state so contracted that we can hardly breathe. We need to learn how to come to terms with our unconscious.

Methods of contacting the unconscious:

1. Active imagination
2. Hypnogogic experience
3. Hypnotism
4. Gliding

We can relax into a state of trust. When pleasant expectancy is slightly higher than usual we can gradually de-condition ourselves out of negative states. As we persuade the robot part of ourselves to cease its negative interference, our capacity for positive response steadily increases and redoubles with each positive stimulus.

Gliding brings the feeling of the recognition of how easy it is to leave behind normal anxieties. Most people fail to leave behind their emotional debris, because they fail to realize how little of their effort it takes. They fail to learn from their brief glimpses of a more relaxed consciousness, because it fails to fit in with their preconceptions. Instead of trying to grasp and analyse them, they go to the opposite extreme and abandon all their critical faculties, into a kind of vapid ecstasy.

Attempt to generate a more intense form of consciousness, and the sense of having done it solely by your own effort brings a sudden recognition of freedom, knowledge of the possibilities of the will. Ignore negative emotions, forget about them and concentrate on union with God.

These states of intensity can be available at will. The external world somehow responds to the laws of man's inner being. We encounter people and ideas as we need them. Everyone we come in contact with has some affinity for us. We need to achieve the power of self-discipline necessary to make the best use of our talents. Security is essential to human existence, but it is also one of our worst enemies. It slows down the learning process.



## PIEZOELECTRIC CRYSTALS

We can squeeze barium zirconium titanate; that squeeze is converted into electricity. You may see the electricity as a spark. The arc is about 60,000 volts. When you wire up piezoelectric quartz crystals, electricity is manufactured just by touching them. We took a sonic generator, put it into a voice coil, and sounded notes. When we were able to sound certain fundamental notes, the crystal would start oscillating.

This charged crystal was placed on the face of a photo-multiplier tube [which measures light], in a dark box. Then we fed the signal from the photo-multiplier tube to an oscilloscope. I took a deep breath, took the image of the crystal into my mind, and pulsed it with my mind from four feet away. Each time I let my breath out, you could see the signal on the scope, indicating the energy transfer from my mind into the crystal. Some form of light was being picked up by the photomultiplier tube and carried to the scope.

## SELF HEALING WITH THE HEALING CRYSTAL "RELEASING FATIGUE AND STRESS"

The act of healing is to assist the healee to release from their physical and subtle bodies unwanted patterns which interfere with their state of well being or health. These patterns are normally not under voluntary control for recall, and therefore require the help of another person. Once in a state of active recall the patterns can be quickly erased with the help of the crystal in the hands of an operator, operating with love.

1. Hold the tips of the crystal between the fingers of the right and left hands.
2. Rotate until one face can be clearly seen with eyes
3. Take a deep breath and pulse
4. Rotate to another face and repeat
5. Do the third time
6. Reverse the ends of the crystal and repeat the above procedures.

If part of one's body is in pain, do the preceeding, but after the first breath, go to the painful area with one's mind and release the thought into the crystal. Do this by drawing in your breath, visualizing the area and releasing the pattern into the crystal with the outgoing breath. Normaly, repeat this with a 2nd and 3rd breath as above.

## MEDITATION CRYSTAL

1. Demagnetize the crystal with a bulk tape eraser.
2. Charge with your breath.
3. Hold the crystal in one hand, with the tip facing outward.
4. Draw in your breath, close your eyes and release your breath into the crystal.
5. Relax and wait for the pulsation to occur.
6. If this does not happen, repeat 1 thru 5.
7. When pulsation occurs, relax with the crystal and be quiet.





## WHAT ARE QUARTZ CRYSTALS?

- A. According to modern science, quartz crystals are a naturally balanced, solid state energy field. Developments are now at the stage of showing new uses of quartz crystal energy in relation to the human vehicle, for manifestation of it's highest potential. Though this energy cannot generally be experienced by the five senses, its affect on our totality reflects like a breath of fresh air in our mental and physical being. The striking beauty of their perfection alone is a gift of nature to aid in mankind's quest for balance and tranquillity.
- B. The ancient Chinese and the American Indian revered quartz crystals as symbols of strength, purity, clarity of mind and inner peace. Plato's writings referred to extensive use of crystals during the period of Atlantis. Edgar Cayce, famous seer, cited many examples of prescription and healing, in his works, with the application of quartz crystals. Recently available new works enlarge upon mineral therapy.
- C. Grown by Nature during the cooling, formative stages of Earth's development, six sided clear or milky prisms can be found as singles or beautiful multiple crystal groupings. Colored quartz crystals are known by other names. Quartz is the commonest of minerals found in all classes of rock and under all sorts of conditions. The most notable world specimens come from Arkansas and Brazil. Composition: Silicon Dioxide,  $SiO_2$ , 46.7% Si, 53.3% O, Hardness - 7.
- D. Some additional viewpoints, concepts and applied uses:
1. Oscillator - Used for controlling radio frequencies in electronic equipment.
  2. Capacitor - Modifies energy capacity in a circuit, blocking excessive flow.
  3. Transducer - An "instrument" that transmits energy from one system to another.
  4. Condenser - In that it can store a continual charge of an energy forcefield in a solid form.
  5. Energy Forcefield - A sonic protection against static in and around an individual, or an area.
  6. Body Balancer - With the passage of ions through the crystal's molecular structure, the body's frequencies can be altered.
- E. The results of your observations and experiences with quartz crystals would be welcomed.
- Everett Buss & Joel Glick -



Most of us spend the greater part of our waking lives merely staring at the outside world and responding to it in a purely robotic state...the sleeping level of Gurdjieff. According to John Lilly, there are four positive states above everyday consciousness, and four negative ones, making nine levels in all.

- FIRST POSITIVE LEVEL - When you become absorbed in anything you feel free. Happiness is absorption.
- SECOND POSITIVE LEVEL- The blissful state, a feeling of belonging, of being a part of the living world, through absorption in poetry or music.
- THIRD POSITIVE LEVEL - Greater intensity, a paranormal state, telepathy, out of body experiences, etc.
- FOURTH POSITIVE LEVEL- Samahdi, union with God, union with the Universal mind.
- FIRST NEGATIVE LEVEL - Pain, guilt, fear.
- SECOND NEGATIVE LEVEL- Isolation, being trapped, meaninglessness.
- THIRD NEGATIVE LEVEL - Purgatory, a point of misery and fear.
- FOURTH NEGATIVE LEVEL- Union with the forces of negation & evil.

#### GURDJIEFF DOCTRINE OR SEVEN LEVELS OF VIBRATIONS

Moon Level-Subject to 96 Laws					Star Level-Subject to 6 Laws				
Earth	"	-	"	48	"	"	"	3	"
Planet	"	-	"	24	"	"	"	1	"
Sun	"	-	"	12	"	"	"		"

#### MAN HAS FOUR LEVELS OR BEINGS

- The Carriage - Our physical body - Belongs to the earth level, 48 laws, and relates to ordinary consciousness.
- The Horse - Our feelings and desires (the astral body) belongs to the planetary level, 24 laws, and relates to absorption. The Driver - Our mind or intellect (the mental or spiritual body) the sun level, 12 laws.
- The Master - The "I" or the consciousness (the divine or causal body) the star level, 6 laws.

If the narrow personality can become aware of what the wider one is doing, the narrowness vanishes. The two fuse together and the person identifies with the wider personality. Higher levels of personality involve paranormal powers. Essence cannot be born out of nothing; it is too definite. Essence means some kind of essential self quite different from mere personality.

To achieve a more intense state of consciousness is to be certain that it exists. Once it has been achieved several times, the bio-computer has been pre-programmed to achieve it and can do so by other means. All life is sustained by a continuous act of will or intentionality. The basic aim is to strengthen the will, a practice called self-remembering. A constant attempt to remember yourself, aware of your surroundings and you among them. Sight involves an "Eyebeam" which probes the world like a searchlight. When the inner pressure is high everything we see is sharper and clearer and more meaningful, because it has more detail.



With a little practice you can stare at things with a deliberate attempt to "reach" them. You reach the realization that the meaning is really there. Our senses can only show us a fraction of reality. The brain works on energy, and energy illuminates reality as if the vibration of one part of your being can cause another to vibrate. Deliberately increase the intention of perception and become accustomed to the higher level of effort. Our contracted self is caused by tension, which in turn is caused by mistrust. An increase in the coefficient of reality ought to widen our natural powers, and these wider powers should include precognition or second sight. Precognition is a direct knowledge of the future, while retrocognition is a direct knowledge of the past. Our senses are filters; when we relax they open wider and admit still more meaning. The meaning is being broadcast through the ether. Most of the time we are too busy or preoccupied to tune in to this ability. Whatever is in mind at the moment when we consciously will a certain act, a mental conception is made up of memory images and the sensations. A supply of ideas that are left in the memory by involuntary experience is the first prerequisite of the voluntary life. In simple voluntary acts there is nothing else in the mind but the kinesthetic idea of what the act is to be. To anticipate an image of the consequences of a movement is the only psychic state which introspection lets us discern in advance of our voluntary acts. Language is conceived as material reality. In vanished cultures the graphic systems show that a clear division was made in language between the sign and the thing that it represented. Among primitive peoples language is a substance and a material power. It is not understood as an abstraction, but as an element of the body and of nature. Most magical systems are based on an interpretation of the word as an effective, acting power. This is the basis of prayers and magic formulas intended to bring about beneficial results. Present-day civilization has established a dichotomy between mind and matter, between language and reality. This dualistic view of life makes us consider language as a separate function and linguistics as a science of its own. There is a relationship between language and the cultural conditions under which it is created. In the case of magic, there is a relationship between the work, the breath, the tone, the mental attitude, the moment, the place and the receptivity of the assembly in which the magic is spoken (sung/chanted) to a rhythmical accompaniment, and the effect that is sought. It is a language without paradoxes. Paradoxes arise from the conflict between the infinitely subtle, dectile, multi-leveled mind, and HT linear dualistic structures of our written and spoken modes of expression. A deficiency of language separates us from our essential nature, as it separates us from the nature of others.



## DEVELOPING THOUGHT FORMS

DO ABOVE, BUT AS ONE GOES INTO THE CRYSTAL, CREATE A THOUGHT FORM, INJECT INTO CRYSTAL & THEN DIALOGUE WITH IT. DEVELOP THE PATTERN UNTIL IT IS CLEAR.

COME OUT OF THE CRYSTAL.

WRITE IT DOWN.

## RELEASING STRESS DURING MEETINGS

HOLD CRYSTAL IN HAND AND SLOWLY FEEL & ROTATE TO KEEP ONE'S ENERGY LEVEL BALANCED.

THIS WILL HELP TO BALANCE ONE'S BODY AND PREVENT BOREDOM OR INDEPENDENT THOUGHTS.

## PROTECTING ONESELF FROM PSYCHIC INVASION

1. WEAR CRYSTAL IN SMALL BAG OVER HEART CHAKRA WITH TIP FACING UP



## BODY BALANCING WITH CRYSTAL

- A. ENTERING THE ETHERIC BODY
  - 1. WHAT TO LOOK FOR (COUNTER CLOCKWISE)
- B. LOCKING INTO THE ETHERIC BODY, SUBJECT FEELS PULSE - HEAT OR VIBRATION
- C. AMPLIFY SIGNAL BY UP AND DOWN MOTION
- D. HAVE PATIENT GO TO AREA AND DRAW ENERGY INTO BODY
- E. WAIT UNTIL A CLEAR SIGNAL IS FELT BY OTHER HAND
- F. SHUT OFF BY DRAWING IN BREATH, PULSING, AND REMOVING CRYSTAL

## HEALING WITH CRYSTAL

- 1. PRELIMINARY SCAN OF BODY TO DETERMINE AREA OF IMBALANCE
- 2. PENETRATE HEART CHAKRA, COUNTER CLOCKWISE
- 3. DRAW IN BREATH -- HOLD
- 4. ROTATE IN UP & DOWN MOTION, CLOCKWISE, UNTIL LINK IS MADE
- 5. WAIT UNTIL PATIENT ACKNOWLEDGES
- 6. HAVE PATIENT GO BY VISUALIZATION TO THE AREA NEEDING TREATMENT
- 7. ASK FOR DESCRIPTION OF WHAT HE SEES
- 8. AMPLIFY THE IMAGE BY UP & DOWN MOTION WITH CRYSTAL
- 9. WHEN CLEAR IMAGE IS HAD. . .  
ROTATE IN CIRCULAR MOTION UNTIL (CLOCKWISE) LINK IS MADE
- 10. DRAW IN BREATH -- HOLD BREATH -- AND SHARPLY EXPRESS THE WORD "RELEASE"
- 11. THEN, SHORT THE BODY WITH HAND AND HOLD IN POSITION FOR A FEW MOMENTS
- 12. REMOVE HANDS AND STROKE THE ETHERIC BODY (1 1/2" TO 2" AWAY) WITH THE CRYSTAL TO ALLOW THE BODY TO COME TO EQUILIBRIUM
- 13. DRAW IN BREATH & REMOVE CRYSTAL



## H E A L I N G

- A. DISEASE--  
ALL DISEASE IS THE RESULT OF INHIBITED SOUL LIFE
- B. THOUGHT FORM IMPLANTS--  
REMOVAL
- C. SURGERY PATTERNS STORED BY BODY
- D. ACCIDENTAL INJURY STORED BY BODY
- E. WOUND HEALING
- F. ARTHRITIS
- G. SHOCK OF BIRTH
- H. PAST LIFE PATTERNS
- I. GROUP THOUGHT FORMS
- J. NEGATIVE VIBRATIONS FROM EARTH LEY LINES
- K. NEGATIVE VIBRATIONS FROM ATMOSPHERE:  
+ AND - IONS  
MAGNETIC FIELDS
- L. SOLAR FLARES
- M. PLANETARY VIBRATIONS



## MATCHING THE VIBRATIONAL RATE

The earth, man, plants, metal spoons: have their own vibrational rates. The earth's planetary harmony is 7 Hertz, coming into harmony with that vibration links you to the universe. When you want to bend metal, get into a synchronized vibration, find the vibrational rate of the metal, then pulse your breath into the metal. It is like the lasing action, and the pulsing action is like a flashlight. What the pulsing does is to start a charge going from you, not just in a random way, but in a concentrated bundle. In Indian Yoga you build a very, very sharp impulsive charge. When you do it with the crystal, you initiate a trigger charge into the crystal which starts to oscillate. This is done with no words, no thoughts, as they would burn up energy. Just be clear and allow it to act like a laser. Try vibrating with plants and people.

## ESOTERIC HEALING - Alice Bailey

All disease is a result of inhibited soul life. The art of the healer is to help others to regulate their soul, so that life can flow through the aggregate of organisms that constitute any particular form. The life of the soul is prevented by some pattern of thought, action, or deed of the individual that keeps them from being at one with their body. There are two forms of healing: 1) magnetic, i.e. attract the power of his own soul. The healer must make an alignment, through meditation, of the physical body and all of the subtle bodies with the soul. In this form of healing the negative or block to the soul is drawn from the individual. 2) energetic, i.e. flushing energy through the individual to rid them of the negative or blocks to the soul. In this technique the healer radiates the love of God, Christ, or any master that is appropriate and their own loving neutrality. This radiation stimulates into activity the soul of the one to be healed. We all heal instinctively, as the "mothers touch". Trained healers may understand the subtle forces, vibrations, energies, also their movement, color, light and sound. They must know how to align their own soul/body, since any aberration will be amplified when doing a healing. The healer does not align the other person's soul, they must do that themselves. The healer aids the process only and lets go of any will that the person be well. The individual must exercise free will as to their own healing, no one (being) has a right to override free will. We all have a requirement to be loving and detached from this work, or we will take on karma.

Healing may be the establishment of the state of mind that will enable the individual to: live with themselves, with their complaint, understand any karmic link that may pertain to that complaint, achieve joy, achieve self love, understand their at-oneness with God, or facilitate the most positive liberation of the body through the portal of death. There are three bodies of light within: 1) The Soul is the radiant body, self-luminous. It does not degenerate, it is a perpetual spark of the Divine Light. 2) The etheric body is a battery, a vehicle of prana. The pranic light is derived through breath, from the atmosphere and is the formative force of matter. We must continually replenish the etheric body, so that it is fully charged and can pulsate in a rhythm. This



# SEVEN (7) PSYCHIC VORTEXES IN THE BODY

- A - within forehead
- B - posterior part of brain
- C - throat at base of neck
- D - right side of body above waist line
- E - reproductive anatomy
- F & G - each knee

Many have contributed to the information, often flawed, on gems and color. In gems, as in other therapies, the healer must have a profound knowledge of the art, the person to be helped, the symptoms and the reactions that may occur from treatment. Some add astrological and numerological information. With gem therapy the symptoms are most important. Techniques vary widely: gems on a person, in the room, against the skin, not touching the skin, on a brooch, a pendent or rings, and placed in drinking water. Whatever the use I recommend that you de-magnetize the gems before using and frequently during the course of extended use. Here is an example of some interrelationships:

JEWEL	METAL	COLOR	SIGN
Ruby/Bloodstone/Red Jasper	Iron	Red	Aries
Golden Topaz/Coral/Emerald	Copper	Yellow	Taurus
Crystal/Carbuncle/Aquamarine	Mercury	Violet	Gemini
Emerald/Moonstone	Silver	Green	Cancer
Ruby/Sardonyx/Amber	Gold	Orange	Leo
Pink Jasper/Turquoise/Zircon	Mercury	Violet	Virgo
Opal/Diamond	Copper	Yellow	Libra
Agate/Garnet/Topaz	Iron	Red	Scorpio
Amethyst	Tin	Purple	Sagittarius
B/W Onyx/Beryl/Jet	Lead	Blue	Capricorn
Blue Sapphire	Lead	Indigo	Aquarius
Diamond/Jade	Tin	Indigo	Pisces

## BENEFICIAL EFFECTS OF GEMS [in alphabetical order]

<u>GEMS</u>	<u>AMBER</u>	<u>CARNELIAN</u>	<u>CAT'S-EYE</u>
COLOR EFFECT	Used to treat fits, scrofulla, jaundice	Treats bowels, emotions & lower mental levels - Stimulates logic & intellect	Treats cancer, skin disease, migraines, indigestion
RING	Index finger	Thumb	Ring finger
PLANETARY EFFECTS	All signs, not negative	Good for Scorpio with weak Mars	Good for Leos with weak Neptune
NUMEROLOGY CORRELATION		Good for 9 people	Good for 7 people
AMULET EFFECT	Protects from evil (eye)	Harmony, communication, wealth & enemy protection	Secret wealth & protects travelers



<u>GEM</u>	<u>PEARL [MOONSTONE]</u>	<u>RUBY</u>	<u>SAPPHIRE</u>
COLOR EFFECTS	Body tonic, spleen, pancreas, asthma, diabetes, epilepsy & spleen. Removes inhibitions.	Aids anemia, paralysis, fatigue, vitality & circulation. "Pick-me-up"	Aids bladder, skeletal problems, meningitis, concussion (use a small stone only)
RING	Middle joint of little finger	Third finger	Second finger
ENERGY EFFECTS	Strengthens the second "chakra"	"kundalini" aid	Strengthens the seventh "chakra"
PLANETARY EFFECTS	Aids Cancers with a weak Moon	Aids Leos with a weak Sun	Aids Capricorns with a weak Saturn
NUMEROLOGY CORRELATION	Beneficial for #2 people	Beneficial for #1 people	Beneficial for #8 people
AMULET EFFECTS	Aids wisdom and safety	Aids courage and boldness	Peace of mind, strength, energy & stops evil thoughts

<u>GEMS</u>	<u>TOPAZ</u>	<u>ZIRCON</u>
COLOR EFFECTS	Aids cuts, burns, hoarseness, fever, thyroid, rheumatism	Aids psychosis, nerves, cataracts & mental potential
RING	Index finger	Worn on thumb
ENERGY EFFECTS	Strengthens fifth "chakra"	Strengthens sixth "chakra"
PLANETARY EFFECTS	Sagittarius with a weak Jupiter	Libra with a weak Venus
NUMEROLOGY CORRELATION	Beneficial for #3 people	Beneficial for #6 people
AMULET EFFECTS	Communications, averts nightmares & sudden death	Understanding, good will, reason, aids marriages



<u>GEMS</u>	<u>CORAL</u>	<u>DIAMOND</u>	<u>EMERALD</u>
COLOR EFFECTS	Treats constipation & flatulence, aids self-control & intellectual self	Treats cataracts, psychosis, mental disorders, nerves & aids the psychic	Treats blood pressure heart & headache. Controls higher mind & emotions
RING	Worn on thumb	Best on thumb	Tip of little finger
ENERGY EFFECTS	Strengthens the third "chakra"	Strengthens the sixth "chakra"	
PLANETARY EFFECTS	Beneficial to Aries with weak Mars	Beneficial-Taurus with weak Venus	Beneficial to Gemini with weak Mercury
NUMEROLOGY CORRELATION	Beneficial to #2 persons	Beneficial to #6 persons	Beneficial to #5 persons
AMULET EFFECTS	Gives wisdom and provides safety	Understanding, reason, goodwill stablizes marriage	Prosperity, protects, helps see the past & the future

<u>GEMS</u>	<u>HESSONITE</u>	<u>JADE</u>	<u>ONYX</u>
COLOR EFFECTS	Averts skeletal & bladder problems. Use w/concussion & meningitis (small stone only)	Blood pressure, heart & headache Controls higher mind and emotions	Aids in cure of bacterial & virus problems
RING	Wear on 2nd finger	Tip little finger	Wear on index finger
ENERGY EFFECTS	Strengthens 7th "chakra"		Strengthens 7th "chakra"
PLANETARY EFFECTS	For Aquarians with weak Saturn	For Virgo with weak Mercury	For Pisces with weak Jupiter
NUMEROLOGY CORRELATION	Beneficial for #8 people	Beneficial for #5 people	Beneficial for #4 people
AMULET EFFECTS	Wealth, luck, happiness & heart	Aids prosperity, protects, helps view past/future	Stops nightmares



<u>Bichemic No. and Name</u>	<u>Chemical Name</u>	<u>Function</u>	<u>Indication</u>
1. Calc.Fluor.	Calcium fluoride	Gives elasticity to tissues.	Relaxed condition, e.g. hemorrhoids varicose veins muscular weakness poor circulation
2. Calc.Phos.	Calcium phosphate	Aids assimilation of food. Essential for sound bone and teeth formation.	Chilblains, indigestion, lowered vitality and during convalescence.
3. Calc.Sulph.	Calcium sulphate	Blood purifier.	Spots, pimples, slow healing wounds.
4. Ferr.Phos.	Iron phosphate	Constituent of red blood corpuscles and plays vital part in distribution of oxygen throughout the body.	All symptoms of an inflama- tory nature, e.g. inflammations of the skin, feverishness, sore throat, muscular rheumatism. Use it internally in the early stages of the common cold; externally in powder form; for cuts and abrasions.
5. Kail Mur.	Potassium chloride	Takes part in the metabolic process in the formation of fibrin from albumen.	Congested conditions, whitish catarrhal discharges.
6. Kali Phos.	Potassium phosphate	Nerve nutrient.	Nervous tensions, depression. Loss of sleep. Irritability. Nervous headaches. General debility.
7. Kali Sulph.	Potassium sulphate.	Promotes healthy formations of epider- mal tissues.	Yellowish exudations and discharges of the skin, nose or throat. Brittle nails, poor condition of hair and scalp.
8. Mag.Phos.	Magnesium phosphate	Nerve and muscle fibre nutrient.	Relief of darting pains, cramps, acute spasms, hic- coughs, colic. Can usefully be taken in conjunction with Kali Phos.
9. Nat. Mur.	Sodium chloride	Controls the distri- bution of water in the tissues.	For both dry or excessive moisture in the system.
10. Nat.Phos.	Sodium phosphate	Acid-alkaline regula- tor of the cells.	Acidity, heartburn, indiges- tion.
11. Nat.Sulph.	Sodium sulphate	Excess water elimina- tor.	Bilious conditions, colic, headaches.
12. Silica	Silica, Silicon dioxide, Silicic acid	Elimination of waste materials.	Toxic accumulations, pus formations, boils, styes.



THINGS TO PONDER - BIBLE REFERENCES FOR HEALING.....

Golden Rule Matthew VII:12

Healing - Old Testament

Numbers XXI: 8, 9

2 Kings V: 1, 14

1 Kings XVI: 17, 24

2 Kings IV: 18, 37

Healing - New Testament

Matthew VII: 5, 8, 10, 13, 17, 18

Luke XIV: 2, 4, 40

Luke IX: 11

Luke V: 17, 25

Mark III: 2, 5

John IV: 47, 54

Healing - By Magnetized Articles

2 Kings IV: 4, 29

Acts XIX: 11, 12

Disciples - Charged to Heal

Mathew X: 8

Luke IX: 2

Luke X: 9

Disciples - Heal the Sick

Acts XVI: 8, 10

Acts III: 1, 8

Inspiration of Spirit

Ezekiel: 2/2

Job: 26/4

Acts: 4/31, 6/10, 2/2

Mark: 13, 111

Corinthians 12/8

Luke: 12/12, 1/15

Ministering Spirits

Hebrews: 1/13, 2/5

Gifts of Healing

I Corinthians XII: 9, 28

SPIRITUALISM REFERENCES.....

Spirit Writing

2 Chronicles XXI: 12

Daniel V: 5

Independent Spirit Writing

Exodus XXIV: 12

Exodus XXXI: 18

Exodus XXXII: 16

Exodus XXXIV: 1

Deut. V: 22

Deut. IX: 10

Daniel V: 5

Chronicles: 21/12

Independent Spirit Voices

Deut. IX: 12, 13

I Samuel III: 3, 9

Ezekiel I: 28

Matthew XVII: 5

John XII: 28, 29, 30

Acts VII: 30, 31, 12/7

Acts IX: 4, 7

Prophecy

Acts II: 17, 14/16

Acts XIV: 6

Acts XXVII: 10, 11, 21, 26, 31, 34

I Corinth XII: 1

I Corinth XIV: all

Trance

Genesis XV: 2, 12, 17

Daniel VIII: 18

Daniel X: 9

Acts IX: 3, 9

Acts X: 10, 16

Spirit Levitation

I Kings XVIII: 12

Ezekiel III: 12, 13, 14

Ezekiel VIII: 3

Acts VIII: 39

Spirit Tests

Genesis XXIV: 14, 19

Exodus LV: 14, 31

Judges VI: 14, 31, 36, 40

I Samuel I: 10, 11, 17, 26, 27

I Samuel X: 2, 6, 9, 10

Dream Spirit Communications

Job XXXIII: 15

Joel II: 28

Genesis XXVIII: 15

Genesis XXXI: 24

Genesis XXXVII: 5

2 Kings VI: 16, 20

Acts VII: 55, 56

Telepathy

Luke 5/22

Trumpet Speaking

Exodus XIX: 13, 16, 19

Exodus XX: 18, 31/18, 34/1

Revelations I: 10

Transfiguration

Acts 6/15

[These references are from a list given  
P.R.I. by Leonard Worthington, a lawyer  
and member of our Board of Directors.  
Please send any additions or corrections.]

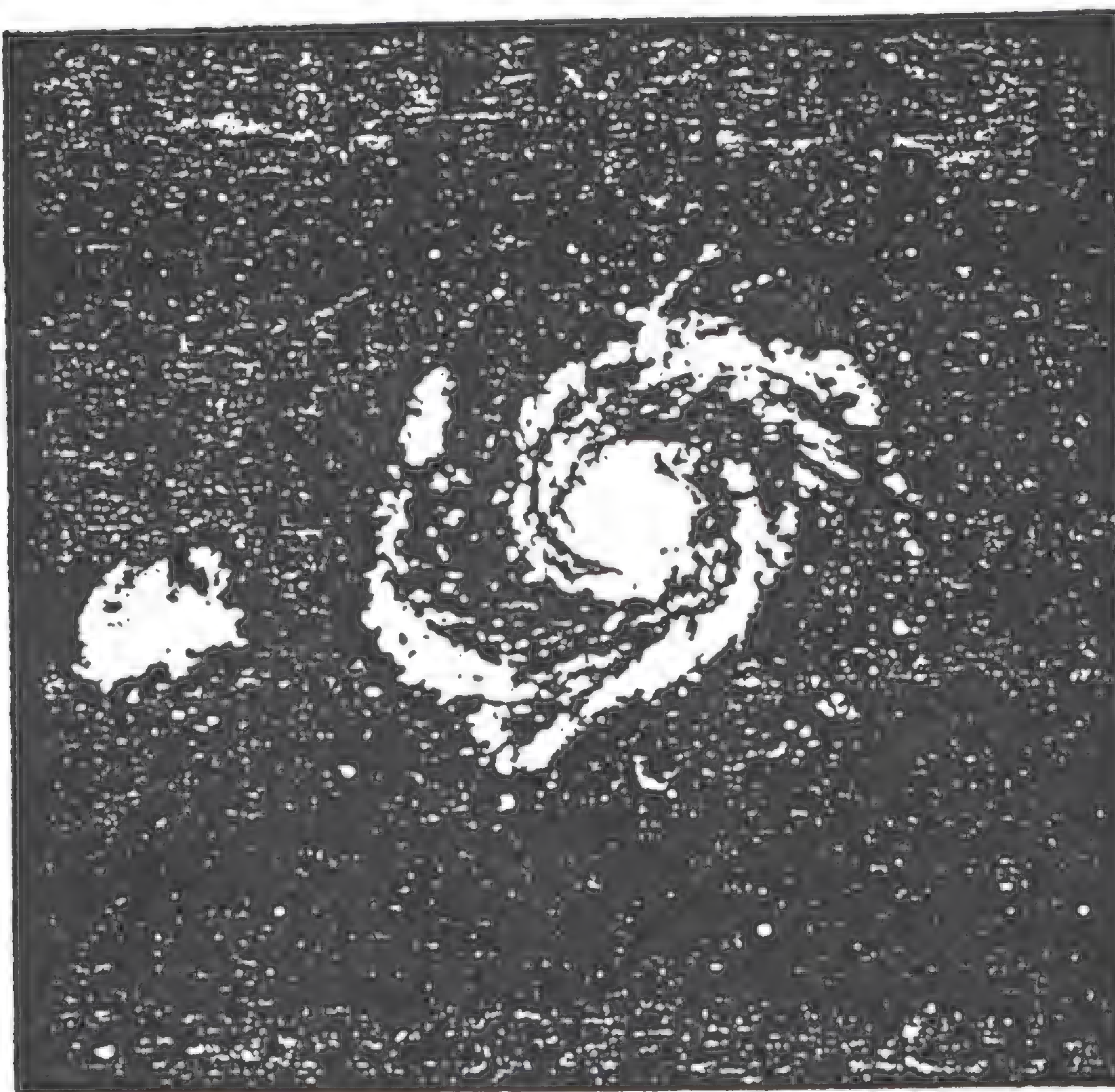


"And Jesus, full of the HOLY SPIRIT, returned from the Jordan,  
and was led by the SPIRIT - for 40 days in the wilderness."

LUKE 4 1-13

LUKE 4:1-13

[We have a sound indication of spiritual forces helping  
& guiding us.]





## ESOTERIC HEALING

When we take our EMOTIONAL ENERGY - DESIRE - AMBITION and bring it to the heart, we are on the path.

To spiritually grow, we must awaken the heart center.

"If you wish to love me, love your fellow man."

To do this pre-maturally, can cause physical stress - heart attack.

EXCESSIVE STIMULATION of the AJNA CENTER leads to disastrous psychological problems, i.e., a Hitler or Stalin, or epilepsy.

THE POWER IN MAN IS NOT IN THE DEVELOPMENT OF ANY ONE CENTER,  
BUT IN BEING A WHOLE MAN - FUNCTIONING AT ALL LEVELS,  
CONSCIOUS OF HIS BIRTHRIGHT AND WILLING TO SERVE HIS FELLOW MAN  
AT ALL TIMES AND PLACES.

### THERE IS ONE CREATOR

WE ARE TO CONTINUE THE ACTS OF CREATION

- HOW -

FORMULA:

Mind cooperates with energy & matter in the production of LIVING THINGS

&

Their endowment with

-Functions  
-Faculties  
-Moral Qualities < Good  
Bad



## THE SOUL

The BRAIN must be telepathically sensitive in TWO directions, and AT WILL:

It must be aware of the world of SOULS

It must be also aware of the world of MEN

We must do both CONCRETE and ABSTRACT THINKING. This will lift us from the obvious (concrete-rational) to the sublime (illumined-irrational).

We DO this by exercising our IMAGINATION (suffer the little children to come to me) [They still have imagination.]

FANTASY is important food for our spiritual life. THIS stimulates our pineal gland and prevents it from atrophying.

## MAN IS

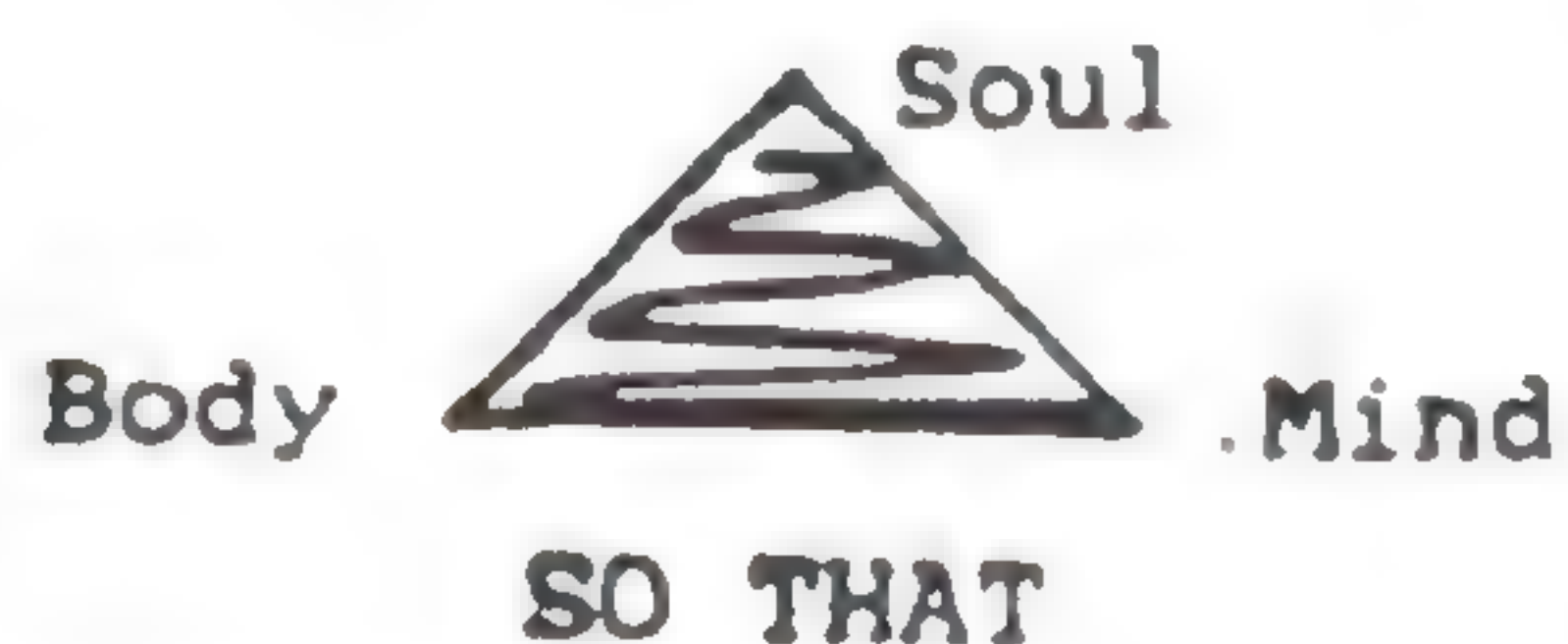
A DIVINE SELF-CONSCIOUS UNIT

FUNCTIONING

IN A CAUSAL BODY TO BRING:

1. His three lower vehicles into harmony

BODY MIND SOUL



2. He can MANIFEST the POWER that is within each of us.

3. This power is the LOVE of GOD. The third person of the blessed Trinity.



THIS IS THE SOURCE OF OUR POWER

i.e.:

THE LOVE OF GOD FOR US

WE ARE HIS CHILDREN:

"If YOU WISH to LOVE ME, LOVE YOUR FELLOW MAN."



## THE RAYS

### DISEASE

- 1) Result of the blocking of the free flow of the life of the the soul.
- 2) Product of three influences
  - a) Ancient error: earlier incarnations
  - b) Human taints: racial heritage
  - c) Planetary evil
- 3) Conditioned by the forces emanating from that plane whereon a man's consciousness is primarily centered.

THERE ARE FIVE GROUPS OF DISEASE:

- A) Tuberculosis
- B) Syphilis
- C) Cancer
- D) Heart
- E) Nervous system

### PRACTICE HARMLESSNESS by

- 1) STUDY OF DAILY CONDUCT
- 2) STUDY OF DAILY WORDS
- 3) STUDY OF DAILY ACTIONS

POSITIVE (LOVING) THOUGHTS ARE HARMLESS

VIOLENT - Spiritual aspiration & enthusiasm, misplaced or misdirected, may harm a fellow man.

LET US MAKE THIS THE KEYNOTE OF ALL OUR ACTIONS TOGETHER

LET'S NOW OBSERVE THE EXCHANGE OF ENERGY BETWEEN

- 1) Metals
- 2) Crystals
- 3) Plants
- 4) Human -



## THE RAYS

1. RAY OF THE SOUL
2. RAY OF THE PERSONALITY
3. RAY GOVERNING THE MENTAL BODY
4. RAY GOVERNING THE ASTRAL BODY
5. RAY GOVERNING THE PHYSICAL NATURE

The analysis & tabulation of these forces will be the medicine of the future.

\* \* \*

1. NAME FOR A PARTICULAR FORCE OR TYPE OF ENERGY
2. EMPHASIS TODAY IS ON QUALITY & NOT ON FORM ASPECTS

### DIVISION OF RAYS

#### RAY OF ASPECT

1. RAY OF POWER-WILL PURPOSE
2. RAY OF LOVE-WISDOM
3. RAY OF ACTIVE-CREATIVE INTELLIGENCE

#### RAY OF ATTRIBUTE

4. RAY OF HARMONY THRU CONFLICT
5. RAY OF CONCRETE SCIENCE/KNOWLEDGE
6. RAY OF IDEALISM OR DEVOTION
7. RAY OF ORDER OR CEREMONIAL MAGIC

### EVERY HUMAN BEING IS AN EXPRESSION OF 5 RAY FORCES

1. ANALYSIS OF ASTRAL FORCES AS THEY EXPRESS THE PERSONALITY
  - a. Sentic analysis
  - b. Crystal analysis
2. ANALYSIS OF SOUL FORCES AS THEY ARE FAINTLY INDICATED
  - a. Auric diagnoses
  - b. Thought spectrographic analysis

From this compose:

1. Negative analysis of those aspects of soul energy which are not present
2. Synthetic analysis of the above giving a record of positive soul expression

THIS IS YOUR RAY TYPE. IT IS VERY COMPLEX.



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#### TALISMANS AND AMULETS

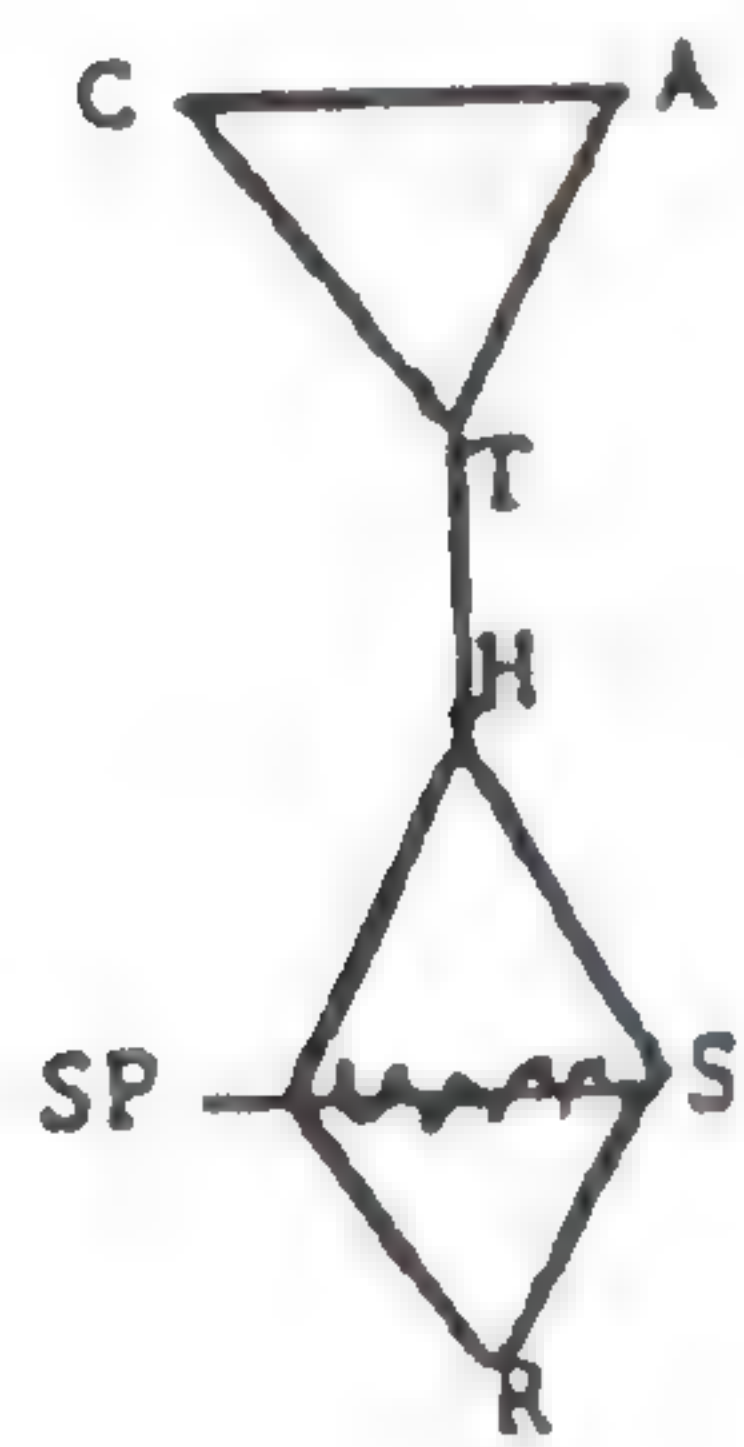
Technically designed talismans and amulets, will be a combination of the four elements: earth, air, fire, water. The final elements have to be added, rare earth gases. These are to balance these energies, as in the yin and yang principle. (The aurora borealis works on the rare gases: nitrogen, neon, argon, crypton, radon. Looking at the aurora borealis would be balancing. It is a luminescence, the activation by energy into light of gases that are present. The efficiency is very high and there is no heat attendant.)



# THE SOUL

1) MOVING BODY OF H<sub>2</sub>O PRODUCES CHARGE

2) EVAPORATING BODY OF H<sub>2</sub>O PRODUCES CHARGE



DEATH



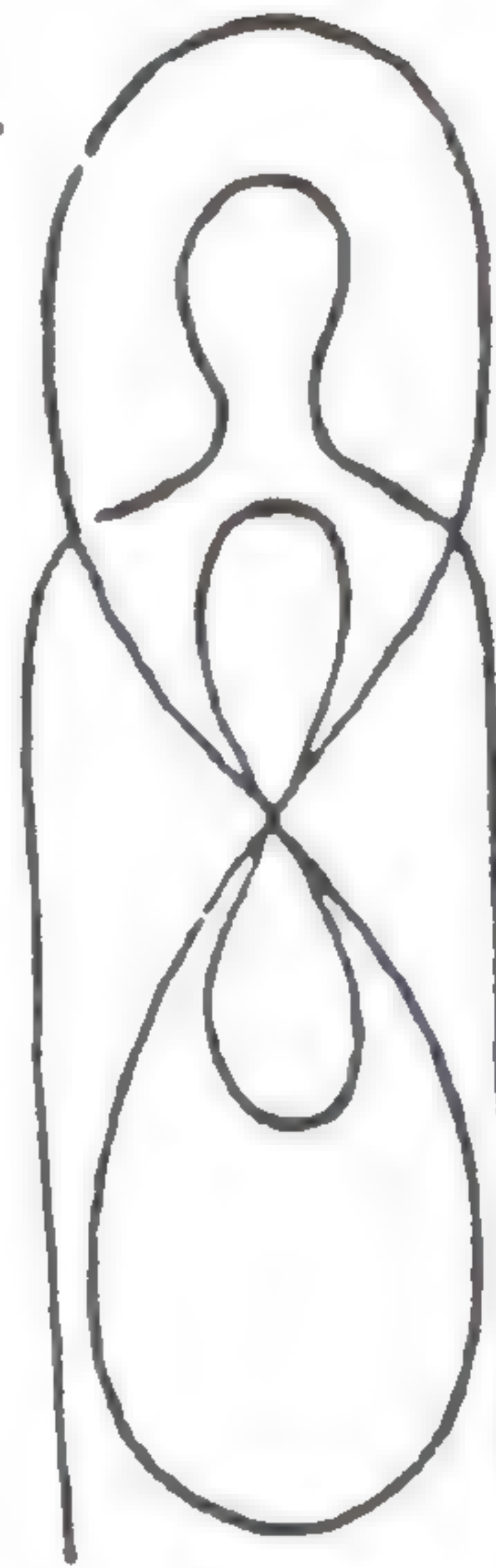
NERVE

RHYTHM



BLOOD

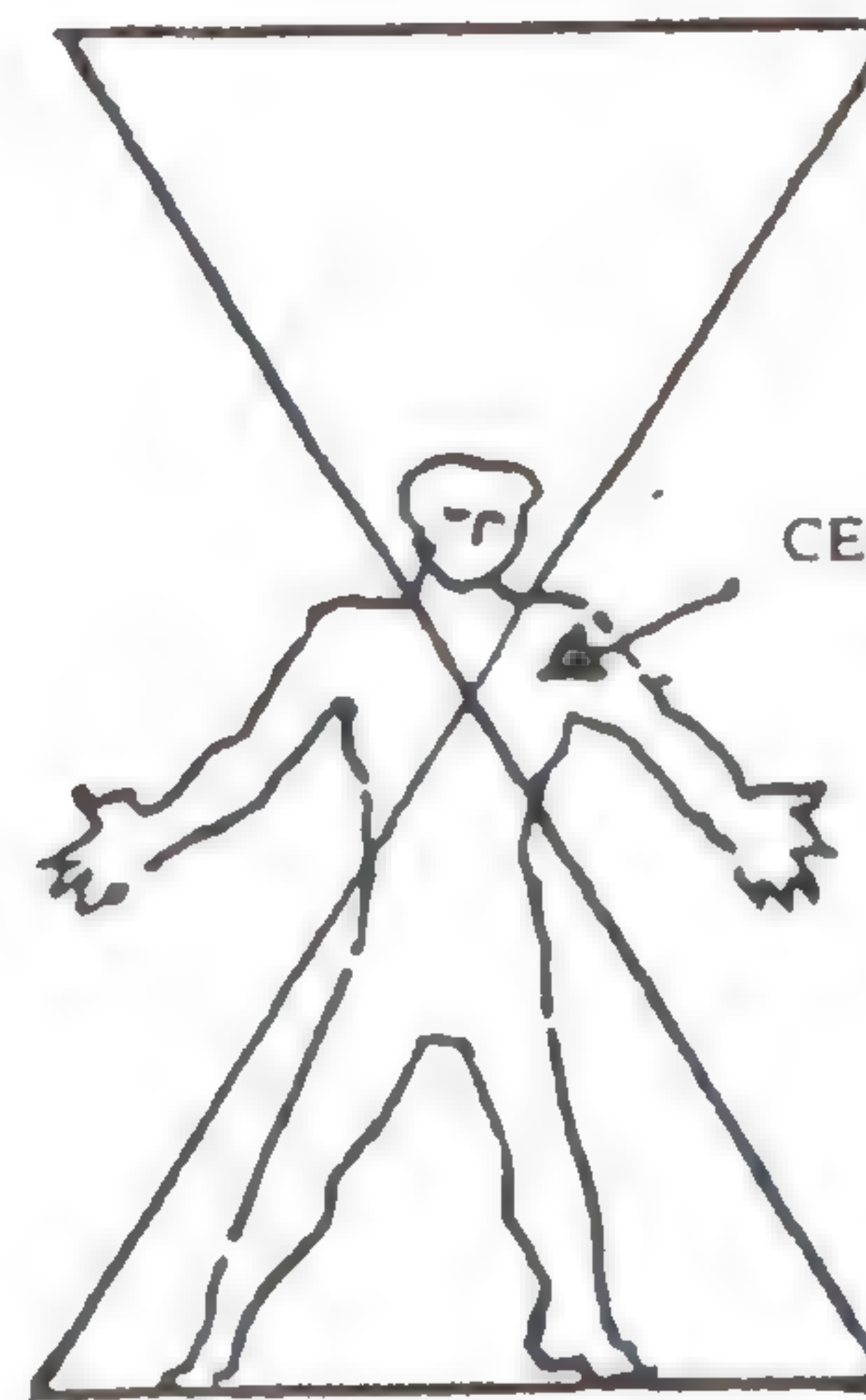
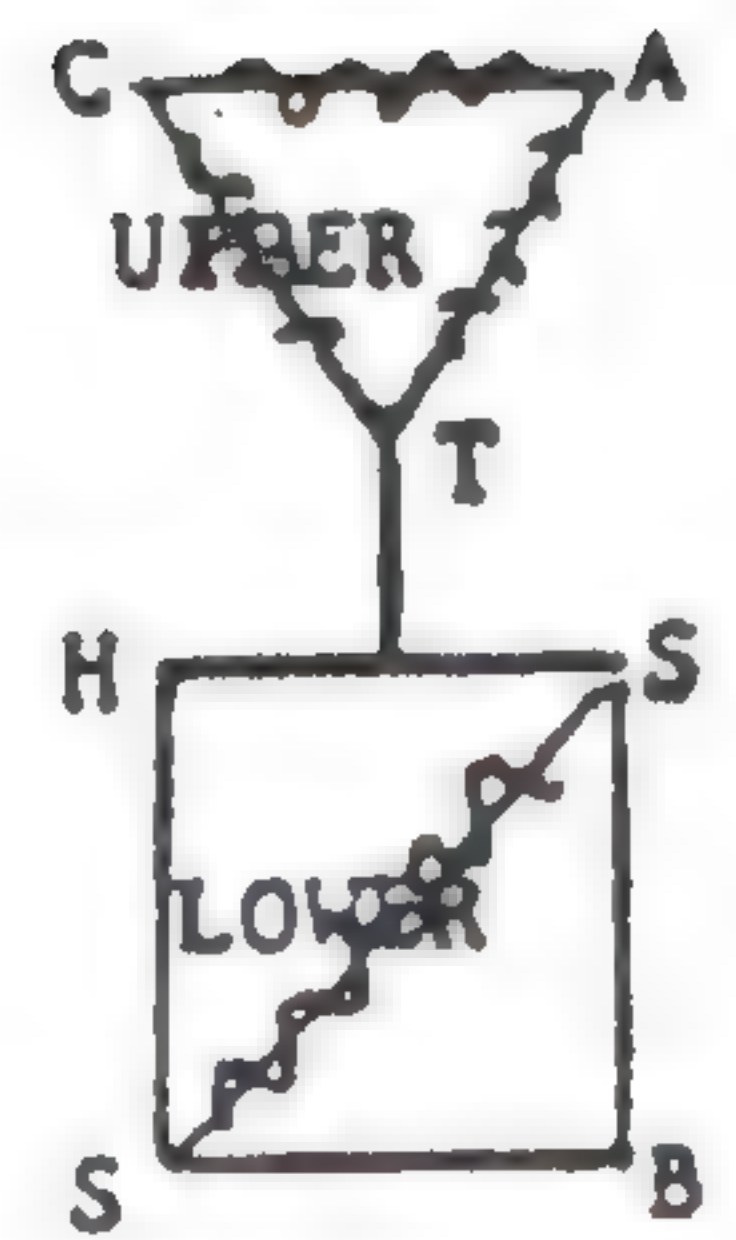
LIFE



FREE SOUL BODY  
THOUGHT ALERT

IMMERSING AND  
EMERGING SOUL  
BODY  
FEELING DREAMING

BOUND SOUL BODY  
WILL SLEEPING



CENTER OF GRAVITY



## PATTERN RECOGNITION AND STORAGE

In DK - A Treatise on Cosmic Fire, Pg. 106 & 107 - DK states: The Alchemists of the Middle Ages sought to find the secret of liberating process.

- To know the method of release
- To understand the Laws of Transmutation

"To comprehend the Law & therefore to be able to work perfectly with it, the experimenting student-doctor- etc. must be able to or have the ability to Release the Essence from its Form."

He must know the formula and words which will direct it to that focal point in the mineral kingdom which stands in the same corresponding relation to the mineral monad as the Ego on its own plane stands to the man who casts off his physical and fine forms through death.

"One must protect oneself from the interplay of forces."

All atoms become radioactive as the result of a response to a stronger magnetic center, which response is brought about through the gradual evolutionary development of consciousness. (The Patterns of Health, Westlake, Pg. 65.

Mr. L. E. Eeman in healing found:

1. Any trauma tends to set up a nervous muscular tension in some part of the body, which is unconscious & a vicious cycle tends to be set up.  
This is resolved by making the TENSION CONSCIOUS.
2. Removal of the neuro-muscular tension tends to allow an emergence of the buried memories which first produced them, together with the emotional content. These consist of the psychic energy repressed with the memory.
3. The released energy is now available to the patient for his restoration. i.e. healing or it can be added to the total available energy of the body.
4. This psychic energy has a polarity which can be used therapeutically.

Eeman:

- The right side of the body plus the hand is positive.
- The left side of the body plus the hand is negative.
- The back of the head is positive.
- The base of the spine is negative.

He joined these together with wire and relaxed people.



## SPIRIT

A thought photograph, resulting from over an hour of continuous concentration and a 4 x 5 color exposure of a Cholesterol oleate solution precipitating, provided a facinating view of the Virgin Mary. This soul meditation manifested itself as light and form. This was Energy evolving into a concrete pattern of the meditator's visulation. The soul functions in our body through the medium of a liquid crystal system. Each crystal is an oscillator. The body can take a charge of subtle energy. If you go down to low charge, you literally bleed the charge out of your body. Your feet get cold, or you manifest some other symptom of this lack of power. This is like discharging a capacitor. It leaves you open to invasion by bacteria, viruses, any form of disease and entity invasion. We are a biological generator of Electro-Motive Force. [EMF]

Western culture, literature and religions have created a schism between that which is spiritual and that which is scientific. The scientist is to deal only with matter and leave the spiritual to those who are trained. It should be turned around, since the scientist must soon understand the theory of the spirit. This is the power of the true and vital force that keeps matter in form.

The body is the precipitation in matter of the pattern created by the mind of the soul. The soul is pure energy or consciousness. The purpose of the soul is to become conscious of self. A light body is an individual who has brought his soul into total alignment. Thus, contact with his physical form allows each cell in the body to be illuminated by the soul. Illumination is a luminescence instead of an incandescence. The difference is that incandescence consumes, as we consume oxygen and burn it to give us life. Chemiluminescence in the cell allows communication to take place between one cell and another. When the soul penetrates the physical form it becomes the source of energy instead of oxygen. The fundamental truth behind all forms of esoteric healing is to assist the precise linking of that person's soul to their body so that energy can start flowing in and illumine that body.

The breath of life is Prana (Not to be confused with oxygen). Prana or Ether (Kether - Ka ether) is the energy of spirit used by the soul to invest the body with light. Once you manifest this light you become a sun, a son of God.

Physically we control our structure by breathing. The primary substance we use from the breath is oxygen, but there is also ether. Chemical agents which interfere with the electrical balance of the environment surrounding the cell hinder the cell's ability to absorb oxygen and can also trigger this change-over from aerobic to anaerobic. If there is a deprivation of Oxygen one may go from aerobic, or air breathing, to an anaerobic cellular system. We started by breathing amniotic fluid where the oxygen was supplied through a fluid exchange as glycogen, a sugar. oxygenation creates waste products. The expulsion of wastes can occur through all of the energy pathways, systems and methods of manifesting Prana. Glycogen (animal sugar), other sugars, the carbohydrates, fats and water are the primary sources of bound oxygen. These fuels require GOD'S LOVE, the pure power of Prana that brings matter into being, the



glue that holds all things together. There is no certain path to wholeness, or illumination except the trust that His Love will never push you beyond your capacity to handle the tests you have been given. You reach a level in which you are no longer dependent on external forces. You are no longer affected by geomagnetic forces, the planets, other energy bodies around us, potential disasters, thoughts and things. You become a world unto yourself, you are at one with the Creator. Yoga and meditation help us to free ourselves by breathing, but in truth it is the Prana not the oxygen. The secret of good breathing is the pranayama, or the moment of transition between breathing in and breathing out. Through this study of the withholding of breath by a deep pulling in of the charge and allowing the pranic force to take over instead of oxygen, your consciousness is raised. Drawing in breath fuels the physical body. Withholding breath allows the pranic energy we have pulled in to fuel the etheric body and aid the link with our surrounding field. With the outgoing breath we activate the rhythm of life.

### CHANNELING

When we channel from beings in spirit, without bodies, they must precipitate their thoughts through you. It is possible to channel from beings in body, but this is usually called telepathy. It is important that you know in your heart, in advance, that whoever you bring through in channeling is working for your highest good and the highest good of those who are to be affected by the channeling. Christ and all the masters who are available for information, support us in our work without interfering with our free will. Do not work with anyone who is not working for the highest good or who tries to influence your free will. Those we should be working with are patient and understanding. Sometimes they forget how difficult it is to be here in a body, so remind them and assert your rights of self-determination. Time has little meaning for them, so don't forget to sleep, breathe, eat and have fun doing this work. If it isn't mostly joyful it isn't being done right. Do not be afraid of any beings whom you encounter. If you are working for the highest good and with the highest good, you should not experience the negative unless it is important to do so. Put as little energy into them as possible and deal with the situation with calm dispatch. It is important to be neutral, (in the heart) and clear as glass so that any negativity will pass through you without harm.



## ETHERS, THE BUILDING BLOCKS OF SUBTLE MATTER

God's Love is the force that keeps matter in form, the forming element. Exposing water to sunlight causes a twist in the -OH ion so that pranic energy is stored in it, as electricity is stored in a battery. Holy water contains the pranic force, since prana can be put into water by holding a container of water while meditating or praying. You can use applied kinesiology on yourself to find out whether or not the water you are using is good for you. Take a glass of water (after first establishing a reference test without water) and put it to your upper chest. See if your outstretched arm is stronger or weaker than without the water. You may ask if the water is good for you to drink. A pendulum can also give you this information by deciding which direction is positive and which direction is negative and allowing the weighted end to swing free. If it settles in the path of positive, the water should be good to drink. The brain is acted on by the mind, which is in the etheric body. The etheric body is a more direct manifestation of God's Love than the physical body. The mind is independent of the body. It is a consolidated form of energy not limited by time and space. When you raise your rate of vibration and start to detach yourself from your body, you go into a timeless zone. You get to a zero point in time and you can see the past, present and future. The pineal gland is the center of contact between our soul and the body. All information coming from the senses is fed to the pineal gland via the brain. All information coming from the outside world enters via the rear of the skull (entry point is a little depression between the leaders or tendons at the back of the neck and just where the skull meets the neck). The pineal gland, which powers the "third eye" or clairvoyant ability, is the center of contact between our soul and the body. It is located in the center of the head and is heavily protected in several ways. It floats in fluid, has its own heart beat and does not function with the rest of the body. All information coming from the senses is fed to the pineal gland via the brain. This information, which comes from the outside world, enters via the rear of the skull. The entry point is a little depression between the leaders or tendons at the back of the neck. The pineal gland radiates luminescence, generating light. When it radiates, the eye sockets, both left and right, transmit the energy that is emitted from the pineal. The sensor for the pineal gland is the third eye area, but the energy to see with clairvoyance is coming from the sockets.



## MUSIC

The real value of music is soul communication. Thoughts are things. Energy follows thought. Matter is constructed around thought. Thought has three aspects: Form, light and sound. Each and all of these create patterns of thought. I believe they will have seven different essential patterns. They will correspond to the seven crystallographic forms that we find in the crystallographic field. The unit cell is the basic expression of the smallest subdivision of matter. Beyond that, it no longer is matter, but energy. In thought we have transcendence of energy going into matter. It is the transition from one state to the other, but it is in form. It has gone from pure energy to form. That form is, I believe, crystallographic. When it is crystallographic, it has a systematic order. Once it has this order, it can luminesce, it can vibrate to emit light and vibrate to produce sound. Form, light and sound are all aspects of matter, are all in thought. Thought at this juncture is protomatter, matter which is in the process of becoming. The chakras resonate to various frequencies: The first or root chakra has a frequency of 523.3 cps [C above middle C]. The third or solar plexus chakra is 439.2 cps [F]. The fourth or heart chakra is 659.3 cps [high E]. The fifth or throat chakra is 392 cps [G] (King's Chamber). The sixth or brow chakra is 440 cps [A]. Many religious chants and mantras are toned on these notes, as with the Tibetans who stimulate the entire range of the chakra.

## RELEASING

If we release ourselves and learn detachment from our own thinking, we can be free to move into higher levels. We struggle to detach from our own thinking to be free from ego, free of pride of achievements, since comparatively speaking, these are nothing. I have learned that I can struggle to gain one glimmer of information when looking through the microscope. However, I can sit quietly for a moment and suddenly I will see things my eyes have not seen.

## THE POWERS OF THE SOUL

We are a fragment of the Universal Mind. As a fragment, we can partake of instinct and the qualities of soul. We are made in the image and likeness of God. The soul has reason, as the body has its five senses. The powers of the soul belong to the soul alone. They are:

1. vegetative - is the ability to nurture, grow, develop and procreate.
2. sensitive - is being receptive to the abilities of sense impressions
3. appetitive - to take on food.
4. locomotive - the act of motion, to move.
5. intellectual - to separate.



## USE OF RARE GASES ACTIVATED BY MAGNETIC FIELDS FOR HEALING PURPOSES

Argon, crypton, radon, zenon. When an intense magnetic field is applied to combinations of rare gases, they radiate a magnetic field which balances and heals the etheric body. It is through water that we transfer all the mineral elements that keep the body in form. Water, when it evaporates, produces enormous amounts of electrostatic charge. In the moving of one particle of water past another, these charges accumulate and we have lightning, a combination of electricity, a static charge, and magnetism, a subtle moving of charge. The human mind works with the charge which is in the evaporating water molecule, and creates a magnetic field. That magnetic field is a bit of information, not much different from a magnetic head going over a ferro-magnetic material. As you apply the pulse of electricity to that head, a "magnetic domain" is rotated, and information is stored. We store information of ourselves in our bloodstream, which is essentially water. The means by which we store this information is by what are called the twelve tissue salts. These salts exist in very small quantities in water, and they can be molded by the human mind focusing on them. These forms can take on all aspects of the organs of the body. The planetary bodies exert magnetic fields. They affect the viscosity of this water (the association or disassociation of this water). The result is a change in the magnetic fluids in the body. The solubility, and availability of the cell salt is affected. Any lunar influences to our physical body can be countermanded by our mental body. Mentally we tune in and balance to counteract any lunar (or other planetary) influence. The influences of astrology do not apply to an advanced mind. You can rise above astrology. That is what is meant to have the power of your soul functioning within your body. You can overwhelm these influences by increasing the light within you, by becoming light. Nature divas will withhold their help when people are not working in harmony with nature. The most effective way to ameliorate adverse situations in nature is through group prayer to serve the highest good, not for manipulation. To make any of these things work, you must see clearly in your mind exactly what it is you wish to accomplish. You must ask, with knowledge, what you want, and keep asking. Reprogram until you feel that it is right; then it opens and manifests. When you are more advanced, you do not need to pray with a group, but simply in your own consciousness, "Let Go and Let God". In this you truly release all control of time, space and the final result. Make a very clear, simple statement of what you feel you deserve. But, only when you truly feel clear on this and can honestly say "Thy will be done".



## SUBTLE CHEMISTRY OF THE BODY

2

In the subtle chemistry of the body,  $\text{SiO}_2$  (quartz) is good to use in healing because, chemically, quartz and water fit into each other very closely. Quartz is compatible with the body's magnetic field. By "fit", I mean that the spaces in the quartz molecule and the water molecule fit into each other. Opal also picks up water easily because of its compatibility with water. Opal has tremendous healing properties. As with all stones, opals may become incompatible and deplete you. Set them aside for a while and demagnetize them with a bulk tape eraser. Lapis lazuli is a balancing force. Lapis contains copper and iron pyrites. Copper is a wonderful and mysterious element. It is an excellent conductor not only of electricity, but of prana. It is difficult to bend by thought since the charge of the build up of prana moves right through without resistance.

When you bring the right balance of metals within a person's etheric field, you can see an immediate change in the electrical body of that individual. There are seven basic metals and here we list their aspects.

Gold	- Sun	Mercury	- Mercury	Iron	- Mars	Tin	- Jupiter
Silver	- Moon	Lead	- Saturn	Copper	- Venus		

We do not yet have the metals that belong to the trans-Saturnian planets (Uranus, Neptune and Pluto). I suspect they may be the rare earths.

Viewing metals from the standpoint of esoteric astrology, there may be people who are strengthened by lead in their etheric field instead of weakened. We know that certain foods that affect most people positively, work negatively on some. Also, using applied kinesiology you must always check to see that the person's energy is not "switched", giving erroneous results. My desire is to make this knowledge generally available, so that we can apply it in designing jewelry, homes, car interiors, wearing apparel (color, materials, etc.).

Example: low frequency, subharmonic vibrations such as from the washing machine, dishwasher, etc. will all test out as very destructive to most people, even though they may not hear these sounds.

## DOCTOR LITTLEFIELD

At the turn of the century, Dr. Charles W. Littlefield focused his mind on salt solutions (sodium sulfate, sodium phosphate, silica) in water. By pulsing his thought, he alternately crystallized, and dissolved, the salt until suddenly a form evolved which was concomitant with the pattern of the thought he was releasing. The substance started to divide and reproduce. It manifested reproduction as well as motion and life. We are about to reproduce this work on a technical and scientific basis.



RUTH DROWN

This exceptional lady, preceded de la Warr in developing a thought camera. She did her work in California in the 30's and the 40's. No instrument is known to exist. She did patent the concept and we are able to reconstruct most of her work. This excerpt is taken from Ruth Drown's article called, Drown H.V.R. and Radio-Vision. It contains some very powerful thoughts for our work with crystals. Important statements are underlined.

"In ancient days it was known that the twelve cranial nerves supply some kind of branch, either the motor, sympathetic or sensory, to every part of the body; when we study the heart, we realize that each cranial nerve has given forth a branch to the Bundle of His, which according to these same ancient writers is the Seat of Life, and is the size of a man's thumb." This next paragraph is key.

"The animating Light or Life Force comes through the pineal gland and anchors in this Bundle of His in the heart. It continues to supply the heart even though the latter may physically be disconnected from the

body, since through experimentation it has been proved that when a live heart taken from the body is placed in normal salt solution at a normal temperature, it will beat indefinitely." Individual cells of the heart will do this.

"It has been difficult for authorities to understand why this takes place, but it will readily be seen that the so-called invisible Light is the activating means."

"The photographs made with the Drown Radio-Vision Instrument, which prove this theory, are obtained by touching either the patient or the blood with a wire. This acts as an aerial, and carries the patient's energy into the instrument through the rate of vibration of the part desired, and its outline is placed upon the film in a natural, normal scanning process."

"Some have felt this to be uncanny. If the sight of bacteria under the lense of a high-powered microscope is not uncanny (because one does not see the same thing with the naked eye), neither is the sight of the various parts of the body taken in life by the use of the animating Light or Life Force. Both are true, scientific actions of the One Energy, resisted and used in different ways to obtain different results. The first is so uncommon it has become a normal activity; the second is uncommon, therefore not yet accepted as usual."

"In the early stages of development man passed through the stage of the fish, and came only gradually into a higher rate of vibration of fluid, his present atmosphere. That is why we must have a certain amount of water in order to breathe and live. As we get into higher rates of vibration we need less water. Water is the condensation of our Life Force. It is important that its channel be kept open, as we take in energy from the ethers through every part of our body, just as a fish living in water absorbs and throws it off."

It is obvious that Ruth had to battle to be recognized for her work.

"Since human bodies have passed up through each stage from the fish, there is every reason to believe that much activity which we are unable to see exists in life around us. Therefore when, through means of



various instruments, it is possible to tune in to some of this invisible Energy, we should recognize it as a scientific truth, not cast it aside because it has not been known before."

The following paragraph is another key statement. "The fact that some of our radio-vision pictures are taken by using the blood as a "radio beam" is explained in this manner: when placed on a blotter, the blood is crystallized, even as ice is crystallized steam, and each small atom is the precipitated crystallized end of an invisible line passes through the body over the nerves and through the blood vessels, and the electrons from air, water and earth supply the body structure, attaching themselves to that line, which holds the pattern of the body."

"The invisible line is therefore the Life Force of the body. It also takes the form of liquid and gases when the electronic flow is speeded up fast enough to produce heat. When the body ceases to be animated by this Life Force - in other words, when death comes - we cannot tune into it with our instruments. The Life Force, or "radio beam," has been withdrawn."

The following sentence is not a true statement. "Since this blood is crystallized light, it acts as light and has the speed of light. Therefore its energy passes around the world seven and three-quarter times per second, possibly more."

The following concept is valid. "This does away with the idea of distance, and shows that the vibration of everything in the world is where we are; we need only take this vibration out of the ethers and pass it through our instrument in order either to treat a patient at a distance or make a picture of any portion of his body."

"We have the rates of vibration of every part of the body, taken from the histological cellular structure - or shall we call it the molecular arrangement of the different organs? These would be the same in an animal as in a human."

I feel this next paragraph may be a mind set. "In our work we are unable to take a picture of anyone under an anaesthetic. The reason for this is that when a patient is under an anaesthetic, the mental body is forced out of the physical (that is why there is no feeling in the physical at such times), and the former stands to one side. In order to bring that mental body back enough so that it can outline the picture, we must use a certain kind of homeopathic remedy with the patient's vibration."

"The emulsion we use in taking our pictures is color-sensitive. When we employ color, we are dealing with vibration. Out of that vibration comes sound."

"Why then can we not take pictures of sound, if sound creates form? We should then be able to have the form held in a film and place it in some kind of apparatus."

Such a picture can be reproduced at any time."

"If we are capable of thinking something, or doing something, that thing is capable of being born. For instance, we fully believe that eventually we should be able to take a picture by putting an aerial in the air, catching the results on a gramophone apparatus, and hearing the sound that is in the air. If film takes form it will, or should, take sound also. Every form that is created has its own sound."



"The statement has been made that in our photographs cellular structure is unlike any shown in the histological slides under the microscope. These pictures are obtained from the actual living tissues in the body, which are different from those that have been removed from the body, as seen under the microscope. The cells in the live body have a tone and life activity that does not exist in the same structure, once it has been removed from the body."

Another key statement follows, "It is true that our approach to this subject differs from the methods heretofore used; nevertheless, the time has come when the doctor must learn more about the animating Life Force of the patient and its many variables than about the mere functions of the body."

#### LITTLEFIELD

This is the first page preface from Littlefield's, THE BEGINNING AND THE WAY OF LIFE: (he also wrote in Mind, Minerals and Masters) "My first discovery was that the force of nature through which mind controls the mineral salts of organic life...this is the vital force of plants, animals and man. This force is a subtle magnetism generated by the evaporation of water. The subtle magnetism can be modulated by the man's mind and can build it into thoughtforms. In addition to this, you shall discover, then, the force through which the creative mind acts upon matter in the beginning, and you shall bring this force into vibratory agreement with its own creative state of mind. Then it also can act upon matter. If, in addition to this, you shall prepare matter in the same delicate manner, by the same process nature used in the beginning, this material will respond to mental images as it did then. This law of energy agreement, which I have expressed, is vibratory harmony that is equal in rate of vibration. While agreement in material composition is expressed as chemical equilibrium, it is balanced in material proportions. When you have this energy agreement, you have a vibratory harmony. If now the material proportions are exactly those to give expression to a certain rate of vibration of the vital force and this rate corresponds to the rate of vibration of mind image, then that image will become a living form, whether it be reptile or human. This necessary law of agreement dominates all organic matter from the amoeba to man."

In other words, you could bring life into being by a single act of thought. Herein lies the whole secret of fixing thoughtforms into matter, the building of living organisms from chemicals, and the healing of all manner of disease. This is not a process of faith-alone. They are true in nature, involving mind, energy, matter, working together. The power of physical embodiment of things desired constitutes the real arcane science of the ancients.

Ancient knowledge was evidently revealed by the tutelary spirits to the prophets and the seers of the Bible. Jesus of Nazareth especially taught the moral and spiritual aspects of these laws of agreement, while it had fallen to the lot of the author to develop the physical side..... What Littlefield did was to find the combination of inorganic tissue salts. He put them in combination in water and by focusing his mind



through a microscope, built objects from these salts which took on the shape of a plant, an octopus, various organs of the body, amoeba; and those which were amoeboid divided and reproduced primitive life forms. After seven and a half years of study, I am now ready to start this work. It is a great mystery as to why this work (done in 1900 and written up in 1902) has never been duplicated, or at least published. For the past 25 years I have worked with liquid crystals of various types and forms as observed under the microscope. Liquid crystals are an intermediate state between the random organization of a fluid and the fixed positioning of a crystalline solid state. As the word implies they are both liquid and crystalline at the same time. Esters of cholesterol can be made so that at room temperature we have a liquid crystal state. The three cholesterol esters which are most productive when viewed under the microscope, the changes that I will now describe, are one to one to one mixture of cholesterol oleate, chloride and nonanoate. These compounds mixed together and heated to melt will cool into a cholesteric (twisted nematic) state. These compounds when stared at intently with the mind for a period of at least one hour will organize into patterns and forms which can then be photographed under cross field polarized light. The highest concentration of cholesterol esters is in the human brain and because of the external capacity of these compounds to the sensitivity of the human mind it is suggested that the same compounds in the human brain may be a means of storing information. These are theories and not yet proven facts. What is fact and observable is the cholesteric liquid crystal compounds are sensitive to and acted on by the mind of man. We plan to continue Littlefield's work and publish our results. You can try this in your lab or at home.

#### DISCUSSION ON THE MEANING OF COHERENCE

The light we are seeing now is called incoherent because it is coming from all directions. It is coming from the prime source, the sun. It is being beamed to the earth, and in its process of being beamed, it is radiating in all directions, so the paths of the light rays are incoherent. (The definition of incoherent meaning coming from many directions.) The light is coming from a single source but it is being radiated from the millions of miles separating the sun and the earth, and the light is being scattered on the way. Coherence is the process of passing this light thru a device (a laser, a crystal, etc.). With the laser, you have two parallel surfaces and you pulse this (zeon) flash (as with a flashlight) into a specially cut ruby. The light passes thru, hits a window and bounces back with the speed of light. It then meets the wavelength of light that is just being generated as well. These two wavelengths amplify each other and build a signal. The two now act as one. These two together hit a surface, bounce, and pick up another wavelength going to further amplification, going back and forth. When they emerge from this partly silvered surface, they are coherent, meaning altogether, not scattered, not going in all directions, but lasing: LASER: Light Amplification by the Stimulated Emission of Radiation. When it starts to lase, it will continue ... "perpetual motion".



## HYPERFIELD GENERATION OF PHOTON PATTERNS ABOUT A BAR MAGNET COLLECTOR

The magnetic field has more fundamental components which integrate in the virtual state to form it when two successive orthorotational thresholds (quantum thresholds) are breached. Furthermore, in the picture of a bar magnet taped to the face of a color television tube, one can see that the hyperfield orthogonal circulations in the magnetic field are not symmetric about the two poles: i.e., the pattern is quite different around the north magnetic pole from that around the south magnetic pole.

Around the north pole, the hyperfield circulation is emitted in the form of a hexagonal solid. Thus there is an intense hexagonal orthorotation about the north pole. Radiating conically out longitudinally is a toroidal null zone, at an angle to the longitudinal axis projected away from the north pole into space. At an even higher angle, another concentric cone is radiated out in the same direction: this higher cone is an emission cone where photons are being generated. Thus viewed from the north end, and at a distance from the magnet, the pattern shown in the right figure of the slide emerges. The pattern is a ring of light or light bubbles, surrounding a concentric ring neutral zone, which in turn surrounds a hexagonal center of intense emission. If frame three of the Vestigia mystery light photos is examined meticulously, this exact pattern is seen, allowing for the dynamism of the phenomena and for slight nonlinearity of the spatial medium in which the photons are emerging by orthorotation.

On the other hand, looking at the left hand figure on the slide, we see that the outer emission ring is so thin that it has effectively disappeared; it is radiated at right angles to the magnetic longitudinal axle. The middle null area is also much wider. The densely emitting core area now has a relatively circular cross section at a distance. the pattern of photon emission that is seen from this end is simply a dense round core. Frames four and five of the Vestigia photos demonstrate variations of this effect, viewed at a slight off-axis angle.

When the magnetic field is observed from the side, only the hexagonal dense emission core of the north pole is seen. In the south pole area, we are looking into a large null area, so no emission at all is seen. Frame eight is approaching this result, with a slight deviation from an orthogonal viewing axis. Also, frames seven and eight exhibit composite structuring from several (three or more) side-by-side magnets of square-end configuration, where the magnet cross section is wide, looking at the end. In that case, the top right picture would be elongated, giving a stretched hexagonal dense core surrounded by a concentric thin emission zone of oval shape. In frames seven and eight, the outer thin emission zone is roughly spherical, not oval. However, a combination (further composite) of the lower right picture case and the upper right picture case could give the pattern exhibited by frames seven and eight.

Orthorotated hyperfield energy usually emerges with a "burst-in" effect which, in free space, assumes a spherical shape. Thus one would expect a dynamically bubbling sphere of light at the initial "burst-in" of the phenomena, and frame two exhibits this effect.

So the expected hyperfield generation of photon patterns about a localization region of magnetic field (such as a bar magnet or composite grouping of bar magnets). When that localized region of field is in collection or "burst-in" and decay gradually mode, would account precisely for the particular structured patterns photographed by Vestigia.

This does not prove, but does show that the structural patterns obtained by Vestigia are consistent with the hyperfield hypothesis.



## CELL RADIATION

In one hair or one drop of blood, all the DNA information is contained to recreate your entire form. A single cell is an emitter of electromagnetic radiation (EMR force). This has been checked out experimentally. From the nucleus of the cell, a radiation is emitted which is in the short-wave, ultraviolet radiation range. It peaks at between 1900 and 2800 angstrom units. This energy is passed by quartz, but stopped by glass. This radiation transmits the information regarding the vital life process of the cell. The coding regarding the life and death process of a cell is given out from the nucleus. In the nucleus are situated the DNA-RNA fibrous strands. These strands are oscillators. They are not only radial transmitters, but they also transmit radiation in the ultraviolet range. The mechanism which controls this process is the charge balance, positive and negative, around the cell wall. The mitochondrial bodies emit in the red-to-infrared regions, a contrast between the ultraviolet of the nucleus. Energies being released from these mitochondrial bodies have to do with the emotional characteristics of a cell. Every cell has its primitive emotions, desires and needs. The nucleus of the cell constitutes a radio transmitter. We also have a series of filter network systems surrounding the cell. The DNA molecule is a generator of radio frequency signals. The RNA molecule has amplifiers for the signal. The enzymes or amino acids are effectors or activate the signals that are being coded, generated, in the various regions of the electromagnetic spectrum. Think of the cell wall as a noise filter, meaning that the signals generated on the outside will affect the charge balance. Thought forms you generate will affect the permeability of the charge balance around the cell wall. That charge balance will then allow these signals to come through, or not. Carcinoma is caused by an imbalance of charge surrounding the cell wall. Every cell in your body is also basically controlled by the process of your thinking, because your thoughts do affect the electrical charge surrounding each cell. Energy which is within the electromagnetic spectrum follows our thought. The energy of thought also affects water, changing the dipole moment, the viscosity, the rate at which water will accept salts. It can also change the enzymatic action in water. The key to healing is to maintain the charge balance in each of the cells of the body.

A clairvoyant can see the air about us as continuing chromatic changes. We see this in photography, as the defracting fields around people. These are thermovibrations emanating from a person. Thought forms come out from a person in globular form. They burst and release into space. The fundamental color of a thought form is determined by the nature and quality of the idea that called it into being and the desire substance energy. A disciplined mind knows: who you are, where you are, where you are to go, and what you are to accomplish. You can structure your thoughts by focusing on strengthening your ability to control your wellbeing. We are exactly what we think ourselves to be. It is vital to think well of ourselves and to love our own being. Every thought possesses form, color and tone. The ether about us is at



all times filled with these variously colored thought forms. We become resonant with one such form and it is attracted into our consciousness. A thought is a thing, a living structure, it is permanent. When a thought is once planted into a living tissue, the cells will maintain that thought pattern. To maintain the charge balance to heal we must release any disharmonious energy (or thought) pattern, and let the normal pattern of energy flow. A cell must be in a positive feed-back loop of communication with its nearest neighbors to know its true nature and responsibilities to the whole body.

### ESOTERIC HEALING and OCCULT ANATOMY AND THE BIBLE by Alice Bailey

Healers can only help a person reestablish complete contact with their soul, so that the soul can come into alignment with the body and carry out the process of healing. Congenital illnesses are usually carry-overs from a prior lifetime. Once you know the past life connection, you just release yourself from it and it is gone. When the energy is balanced by releasing or by thought, "spontaneous remission" will occur in many diseases. Disease, the blocking of the light of the soul, comes principally from three sources:

1. Ancient Error, emanates from the past history of the person involved.
2. Human Taints (race beliefs) inherited by members of the human family.
3. Planetary Evil, imposed on all forms on earth by basic conditions and by time. Evil can build up on the planet, and we are all affected.

### MAGNETIC HEALING

Anton Mesmer did the original scientific work on Magnetic Healing. Usually when a healer is working, it is either magnetic or electrical. When you are doing Magnetic Healing, you are dealing with the lines of force that surround the body of the individual. You work by moving your hands through this magnetic field. By means of these passes, an inductive charge is induced in their body. If they are receptive to that energy a healing may occur. The resultant inductive charge parallels the process of a rotor, rotating in an electromagnetic field, and giving us the electromotive force (EMF). Movements such as walking or jogging, propel us through the lines of force of the earth's magnetic field. In addition to increasing our intake of oxygen and improving our circulation, it induces an energizing charge. A study should be made on static vs. dynamic jogging, and static sitting vs. sitting on a moving object in or out of the earth's primary field.



## HEALING

A disease is the result of an inhibited soul life.

- A. Thought form implants and their removal.
- B. Surgery pattern stored in the body.
- C. Physical trauma is stored in the tissue, cartilage and bone.
- D. Arthritis
- E. The shock of birth leaves a residue.
- F. Past lives impact on our well being.
- G. Group thought forms impact on our well being.
- H. Vibrations from:
  - 1. proximity to the earth ley lines
  - 2. the atmosphere
  - 3. + and - ions
  - 4. magnetic fields
  - 5. solar flares
  - 6. planetary field's impact on our well being.

## BECOMING WHOLE

Use the mind to heal the body so that the power of love can flow through you, enabling you to become a whole person. The diverse tools we allude to in this text can aid in bringing us to our potential. The moment you start the process of rationalization you lose touch with your Higher Self. In order to get beyond the ordinary day-to-day self, one must put aside one's rational mind and experience the reality of living, being and experiencing. You must see yourself as the light being you are and not burden yourself by thinking of yourself negatively. When you think, you evolve and release a thought form. This is bringing life into being. If this thought form is released while your body, mind and soul are working in coordination, this thought form will exhibit all the aspects of life. When energy is brought into form, that form pulsates, radiates light, and has its characteristic tone or light.

## THE HUMAN CELL AND MITOGENIC RADIATION

The Russians discovered that the human cell is an emitter of electro-magnetic radiation. The nucleus emits radiation at 1900, 2800 and 3300 angstrom units, all in the ultra-violet range. The Russians have carried out experiments proving mitogenic radiation. They take two groups of cells, put them in a lab dish with a quartz divider between them. Then they kill one set of cells with poison. The moment the cells of the first set are destroyed by the poison, they send out a signal which immediately actuates the death cycle in the second set of cells, so that the second set reponds in phase. If the divider is glass, nothing happens. This signal is coming from the nucleus, which is an emitter of primary (cellular) radiation. This emission is connected with the life and death process of the cell itself. The cell wall emits a chemi-luminescence due to the exchange of charge. If the charge balance around the cell wall gets upset, cancer takes place. There are other parts of the cell where different forms of radiation are being emitted. Send positive thoughts, because if you send negative thoughts to your body cells, they will begin to emit the wrong type of radiation and will start to die.



### Major hormones in humans

origin	hormone	chemical type	main function
pituitary gland (anterior lobe)	adrenocorticotrophic hormone - <i>ACTH</i>	polypeptide	controls growth of and secretion from adrenal glands
	thyrotrophic hormone (thyroid stimulating hormone - <i>TSH</i> )	protein	controls growth of and secretion from thyroid gland
	gonadotrophic hormones: luteinizing hormone - <i>LH</i> (interstitial-cell stimulating hormone - <i>ICSH</i> )	protein	promotes secretion of androgens (in males) and estrogens (in females)
	follicle stimulating hormone - <i>FSH</i>	protein	initiates development of ovarian follicles (in females), stimulates spermatogenesis (in males)
	lactogenic hormone (prolactin)	polypeptide	stimulates secretion of milk from mammary glands (in females)
pituitary gland (posterior lobe)	growth hormone (somatotropin)	polypeptide	promotes growth, and lactation
	oxytocin	polypeptide	uterine stimulation
thyroid gland	vasopressin	polypeptide	vasoconstriction and diuretic action
	thyroxine triiodothyronine	phenol derivatives	acceleration of cell metabolism
parathyroid gland	thyrocalcitonin	polypeptide	lowers blood calcium level
	parathyroid hormone	polypeptide	controls bone resorption, increases blood calcium and lowers blood phosphate levels
adrenal gland (medulla)	adrenaline (epinephrine)	phenol derivative	vasodilation, raises blood pressure in stress situations
	noredrenaline (norepinephrine)	phenol derivative	vasoconstriction; normal control of blood pressure
adrenal gland (cortex)	corticosteroids (seven) including cortisol cortisone aldosterone	steroids	control carbohydrate metabolism
		steroid	controls water and salt metabolism
pancreas	insulin	polypeptide	reduces blood sugar (glucose) level
	glucagon	polypeptide	increases blood glucose level
duodenum	secretin		stimulates digestive juice production by pancreas
ovary (in females)	estrogens including: estradiol estrone estriol	steroids	control menstrual and reproductive cycles, also produce secondary sexual characteristics
corpus luteum (in females)	progestogens including progesterone	steroid	promotes development of lining of uterus in menstrual cycle
placenta (in females)	various hormones		various roles in control of pregnancy
testis (in males)	androgens including androsterone testosterone	steroid	control of primary and secondary sexual characteristics



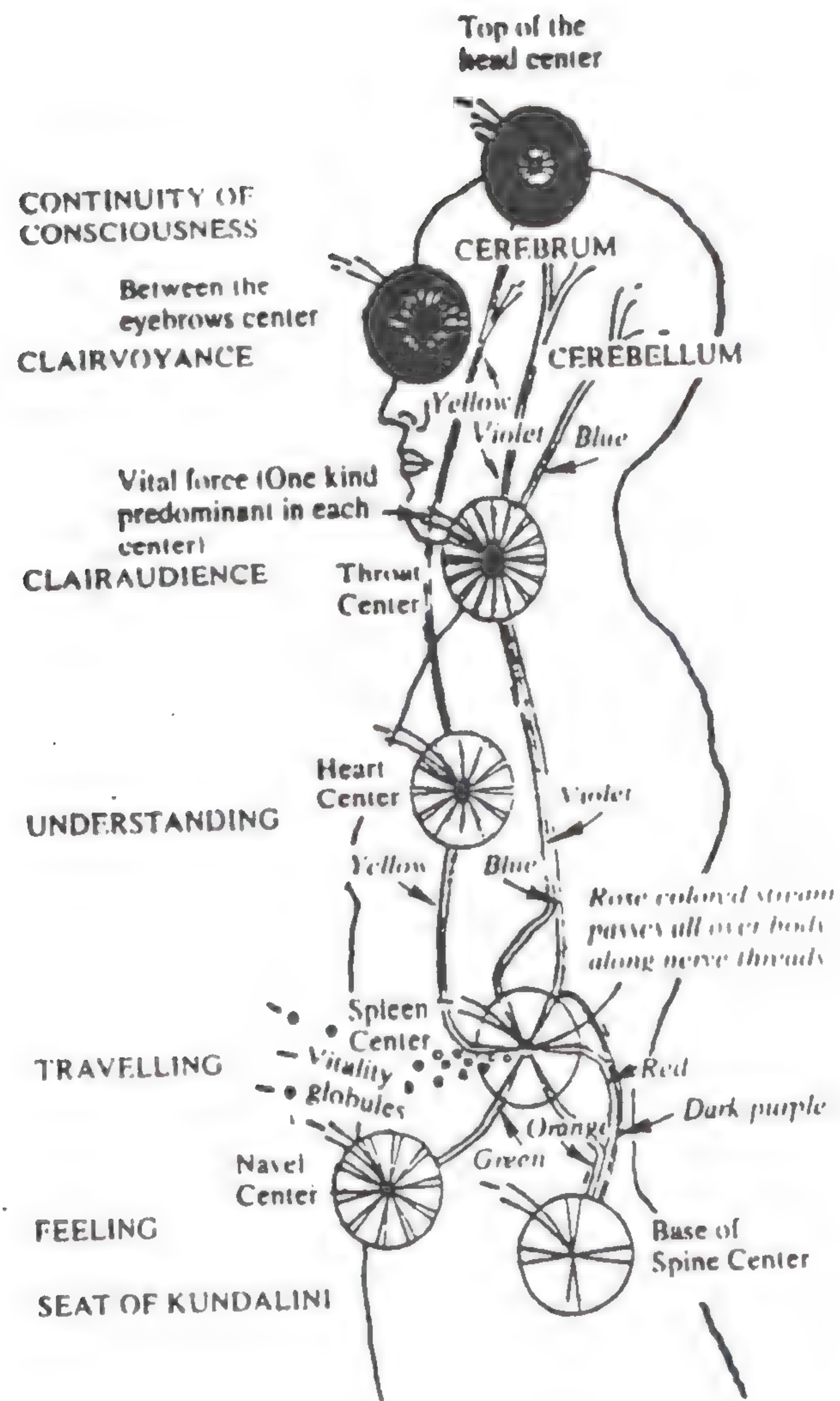
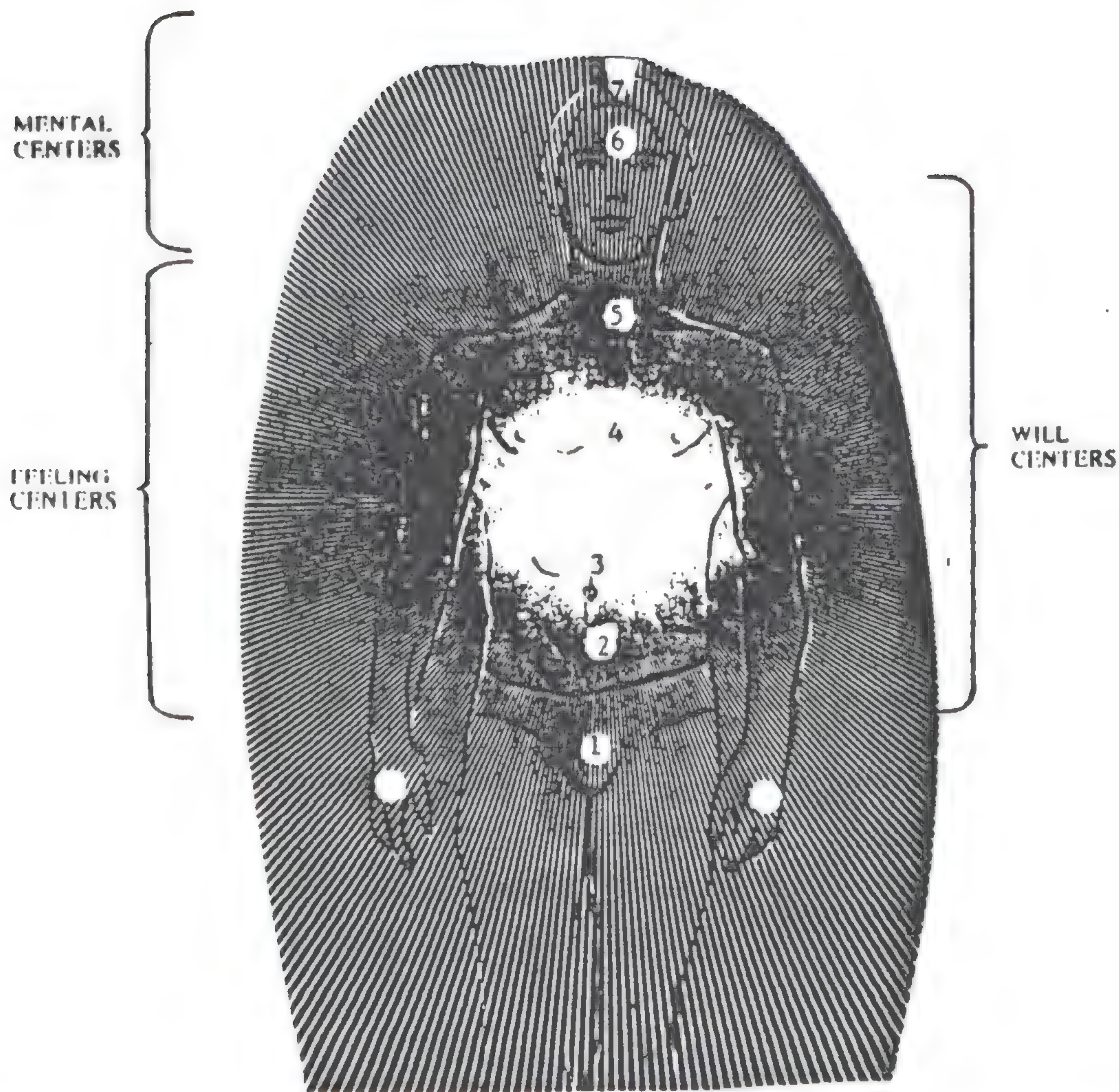


FIG. SYMBOLIC REPRESENTATION OF SUBTLE ENERGY FIELDS IN THE BODY AND THEIR ACTION IN STIMULATING THE EXPANSION OF CONSCIOUSNESS





- 7TH CHAKRA - CROWN - Connection with universal wisdom, spirituality and white light energy.
- 6TH CHAKRA - 3RD EYE - Clairvoyance, the association of knowingness with observation and knowledge.
- 5TH CHAKRA - THROAT - Communication; clairaudience [hearing], telepathy [broad - many people & narrow one or two], the sense of smell and taste.
- 4TH CHAKRA - HEART - Love, the ability to stay neutral, available and open until others ask for your help.
- 3RD CHAKRA - POWER - The generator of action, anger, love, and all other forceful aspects of the other chakra.
- 2ND CHAKRA - EMOTION - The ability to feel what others feel, to be open to others [the most common extrasensory ability in Americans - "They don't feel right to me"].
- 1ST CHAKRA - SURVIVAL - Of the body, species, economic, relationship. [The only chakra that differs between the sexes - male, at the base behind the gonads - female, slightly below and between the ovaries]



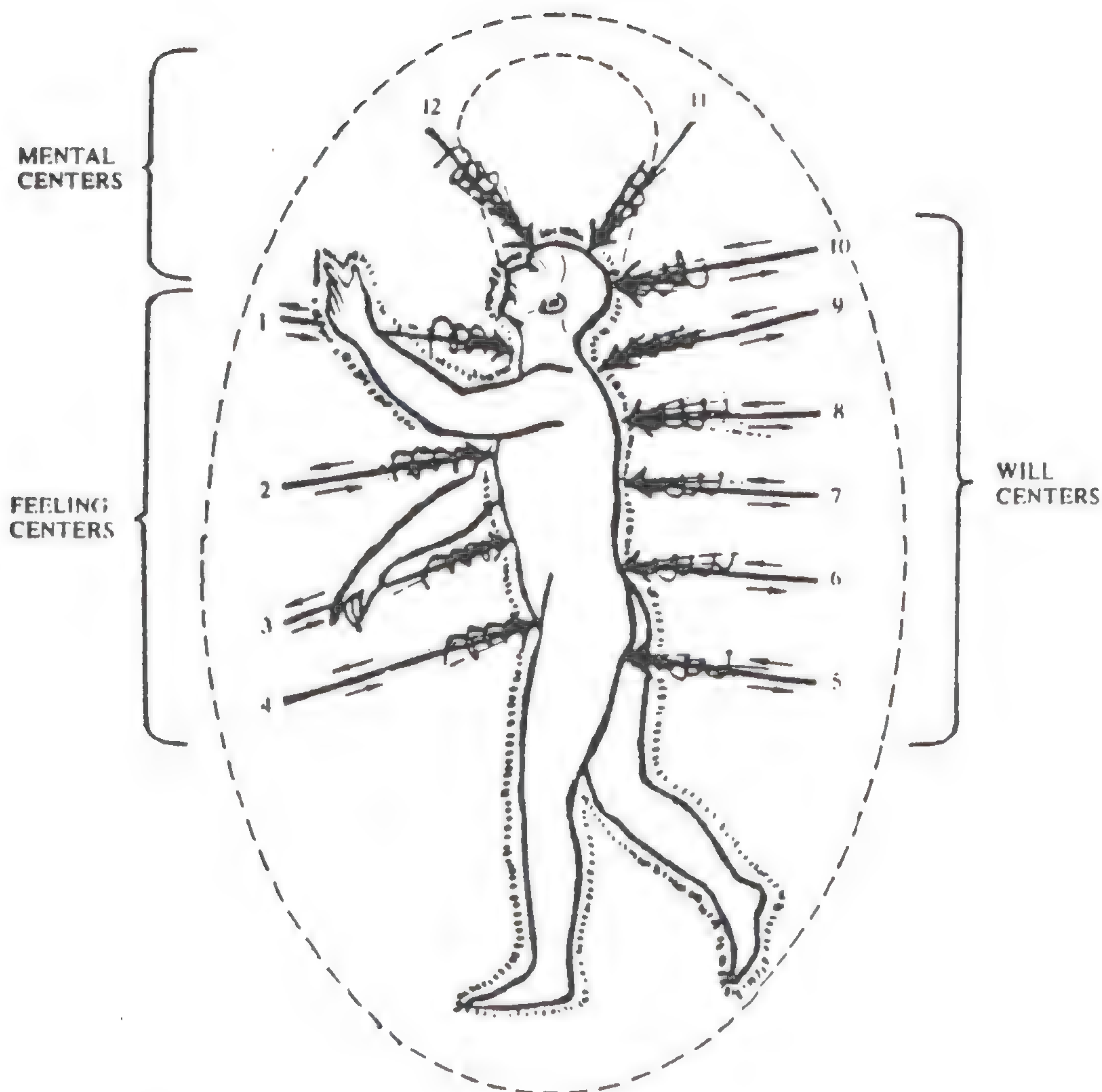


FIG. MAJOR CHAKRAS AND ASSOCIATED PSYCHOLOGICAL FUNCTION

#### FEELING CENTERS

1. Throat Center
2. Heart Center
3. Solar Plexus
4. Pubic Center

#### ASSOCIATED WITH:

Taking in and assimilating.  
 Heart feelings of love for other human beings, openness to life.  
 Great pleasure and expansiveness  
 (1) spiritual wisdom (2) consciousness of universality of life.  
 Quality of love for the opposite sex (giving and receiving physical, mental and spiritual pleasure.

#### WILL CENTERS

5. Coccygeal Center
6. Sacral Center
7. Diaphragmatic Center
8. Between Shoulder Blades
9. Base of Neck

Quantity of physical energy; will to live  
 Quantity of sexual energy.  
 Healing.  
 Outer will, or the ego will.  
 Sense of self, or pride.

#### MENTAL CENTERS

10. Mental Executive
11. Forehead Center
12. Crown Center

Ability to carry out ideas in a practical way.  
 Capacity to visualize and understand mental concepts.  
 Integration of total personality with life and spiritual aspects of existence.



## ENERGY FIELDS OF THE BODY [Taken from the de la Warr findings]

The primary force field moves outward from the body and below the soles of the feet. There are flux fields of force in the body. A transverse field is created from a set of seven areas called chakras. These chakras are oscillators. This transverse field comes from the vertical field. The cross-over points are called nadis. One field is going in one direction and the other is going in the opposite [vertical and horizontal] direction. If a field gets stuck, we are in trouble. A major job of healing is to find these field blocks and break them up. The chakras are like diaphragms and open up, pulsate, as our thoughts change. As this rotating magnetic field expands and contracts the characteristics and abilities of that chakra expand and contract. Any moving body of water produces a magnetic charge. When water evaporates, as from the skin, you get a negative [electrostatic] charge. The moving body of water is coming from the blood stream. This is where the soul meets the body. The charge on the surface of the skin is acted upon by the chakras. As the chakra, fueled by the prana, expands, it takes the surface charge and moves it out.

## THE THREE ENERGIES

1. The Spirit - the life force of God, the devine purpose of God.
  2. Prana - deals with the soul, the consciousness principle, the effective union of spirit and matter. The reaction of the fusion of spirit and matter is prana. Any object having form also has prana. It is the vehicle through which spirit moves and intelligence transferred.
  3. Kundalini - the force which is latent in matter itself. It is the inner-built light of the atom. Shakti is the power or energy of the Kundalini force. It is the atomic force present in any atom.
- A force moving in space, whether thought, prana, or Kundalini, creates a magnetic field. Just as you have nerves which are the conductors of the body energies on the physical level, you also have conductors in the field that surrounds the physical body [force fields] which as they go out, create a transverse field.



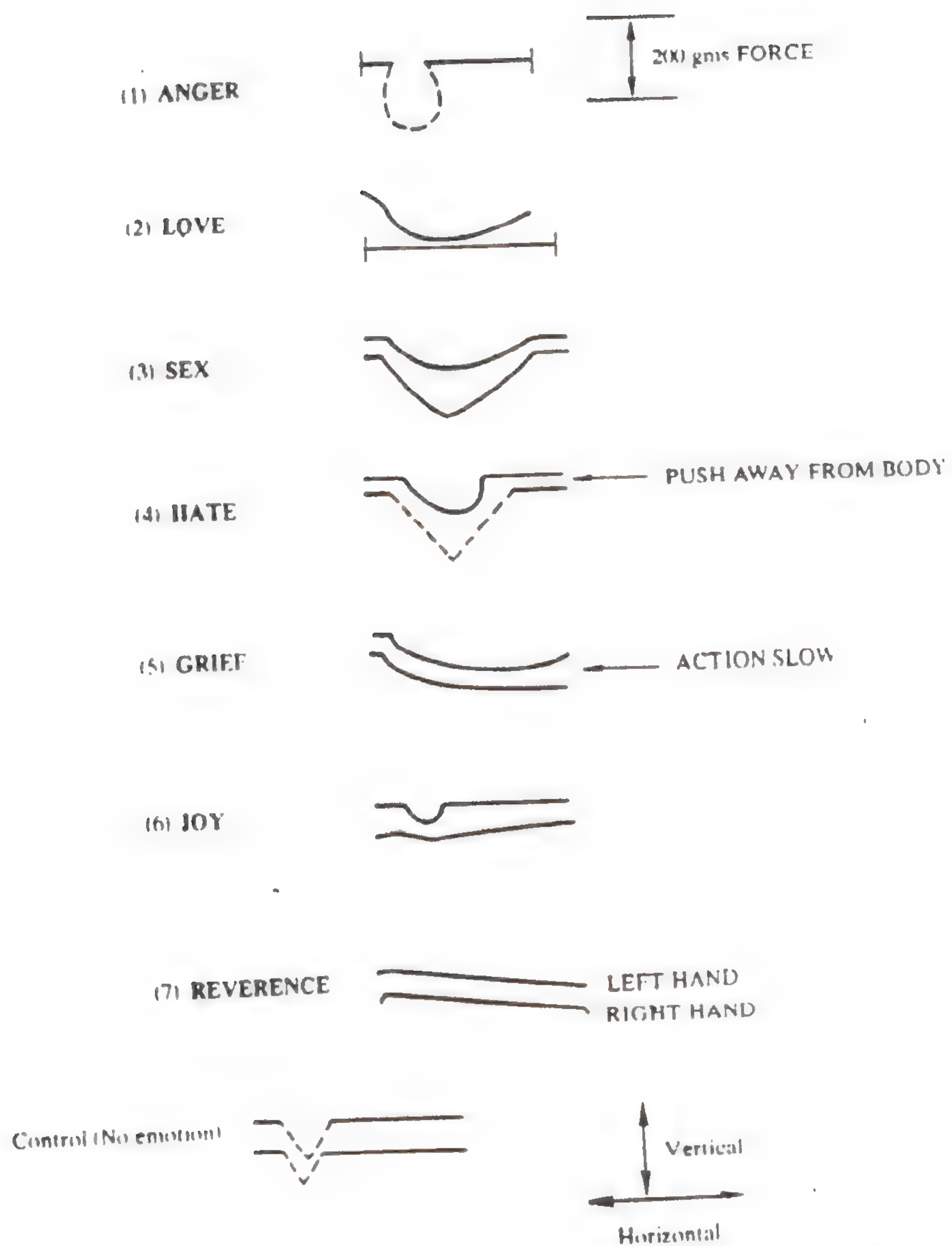


FIG. THE RESPONSE OF THE BODY TO THOUGHTS OF EMOTIONS (Sentic)



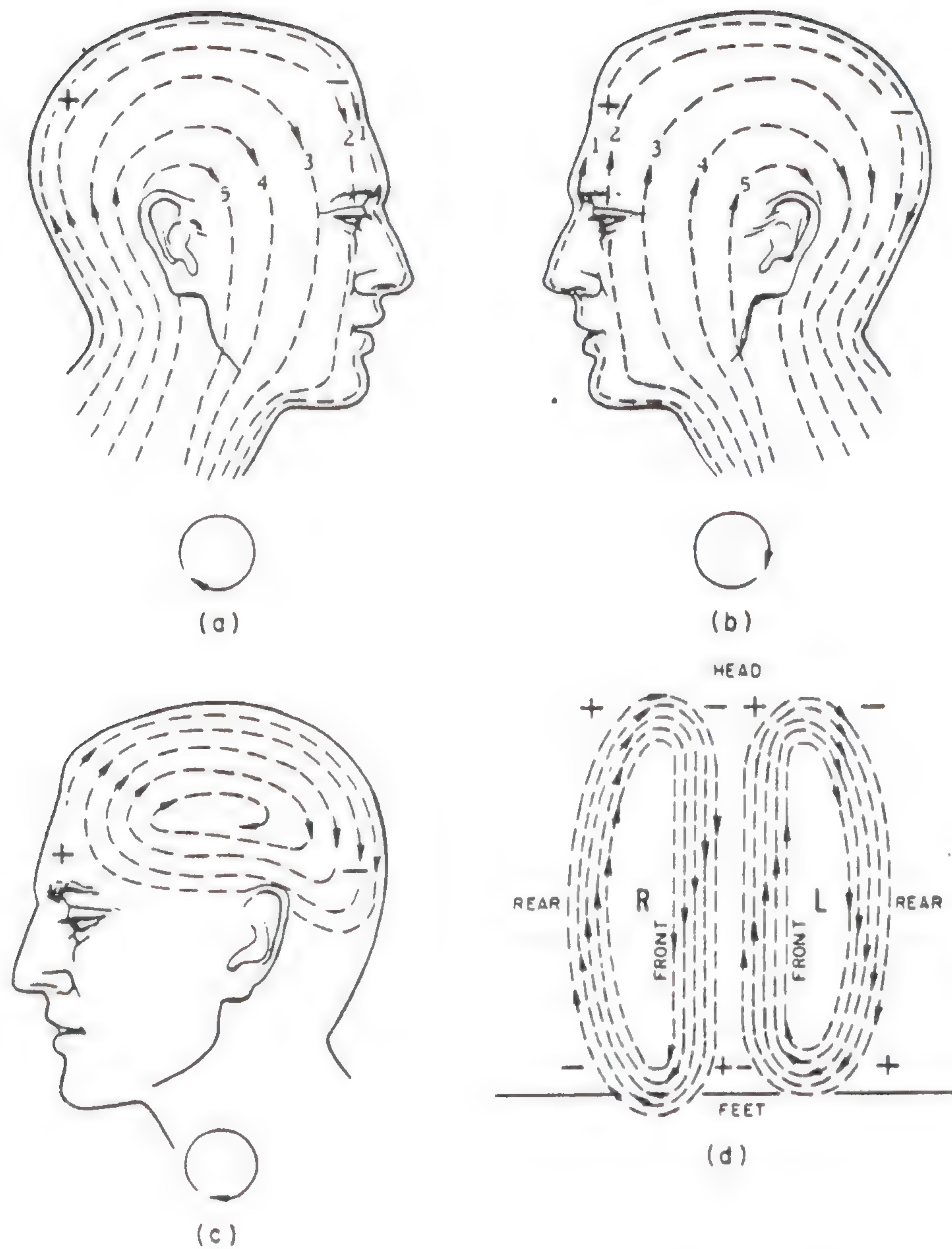
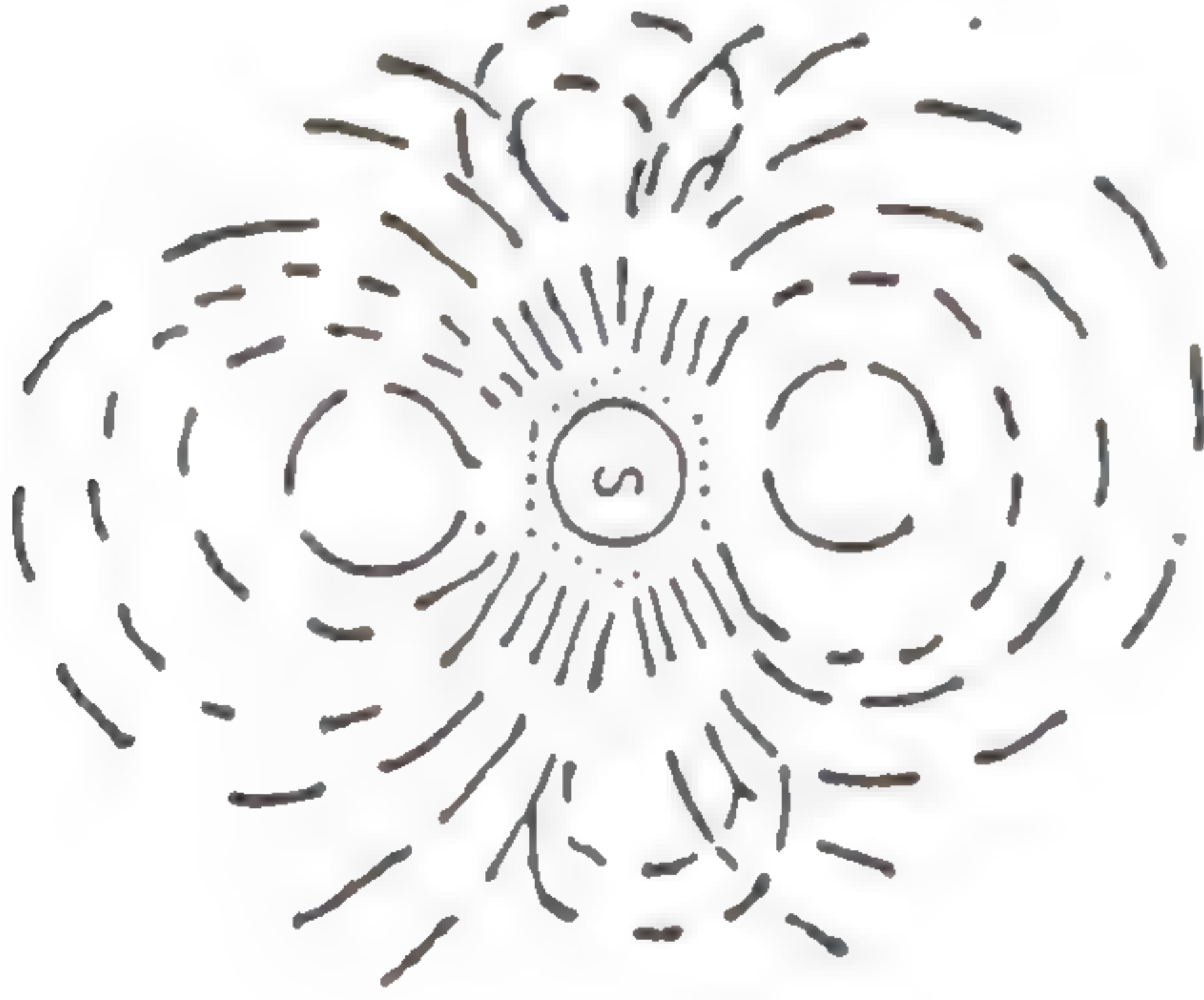


FIG. ELECTRO-MAGNETIC FIELDS FLOWING IN THE BRAIN AREA. (a) (b) (c)  
 (d) Electro-magnetic field expanded



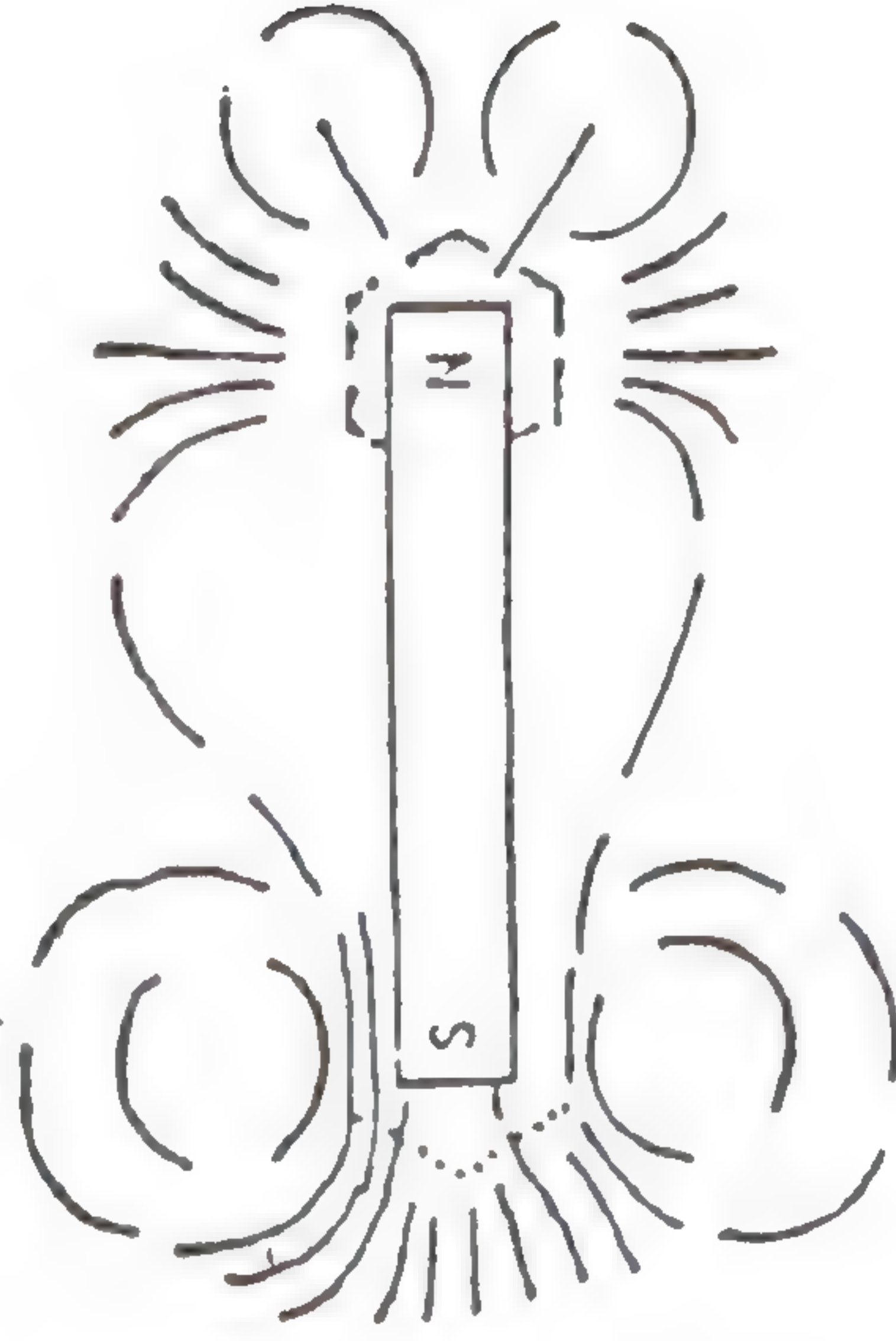


CONVENTIONAL PICTURE.  
IRON FILINGS SPRINKLED  
ABOUT A BAR MAGNET ON  
A PAPER.



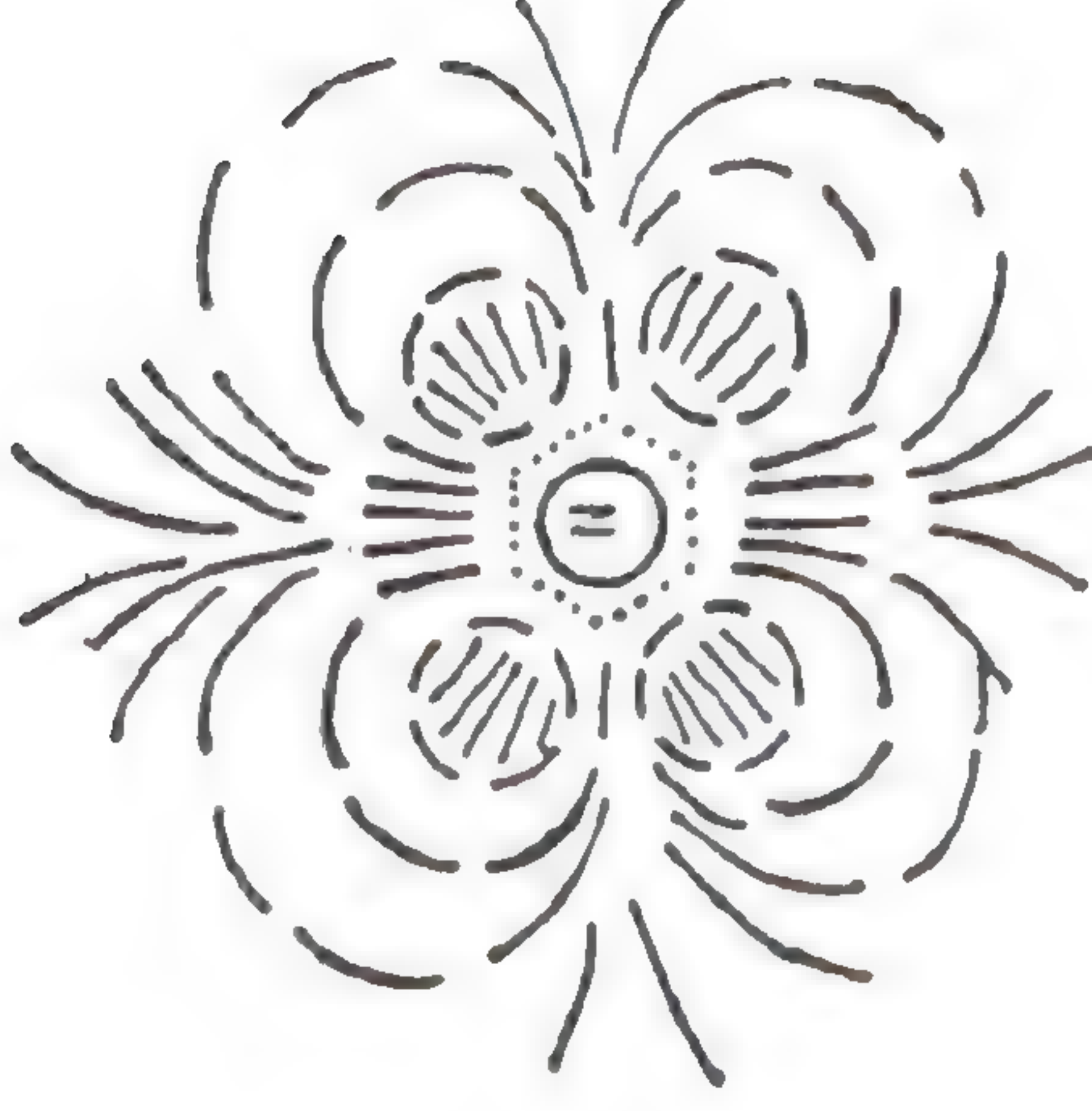
HYPERFLUX CIRCULATIONS

NOTE STRONG  
HEXAGONAL PATTERN  
AND TWO PRIMARY  
VORTICES



HYPERFLUX CIRCULATIONS  
FLUX PATTERNS ARE NOT  
SYMMETRICAL. POLE-TO-POLE

NOTE STRONG HEXAGONAL  
PATTERN IMMEDIATELY  
ADJACENT TO NORTH POLE.

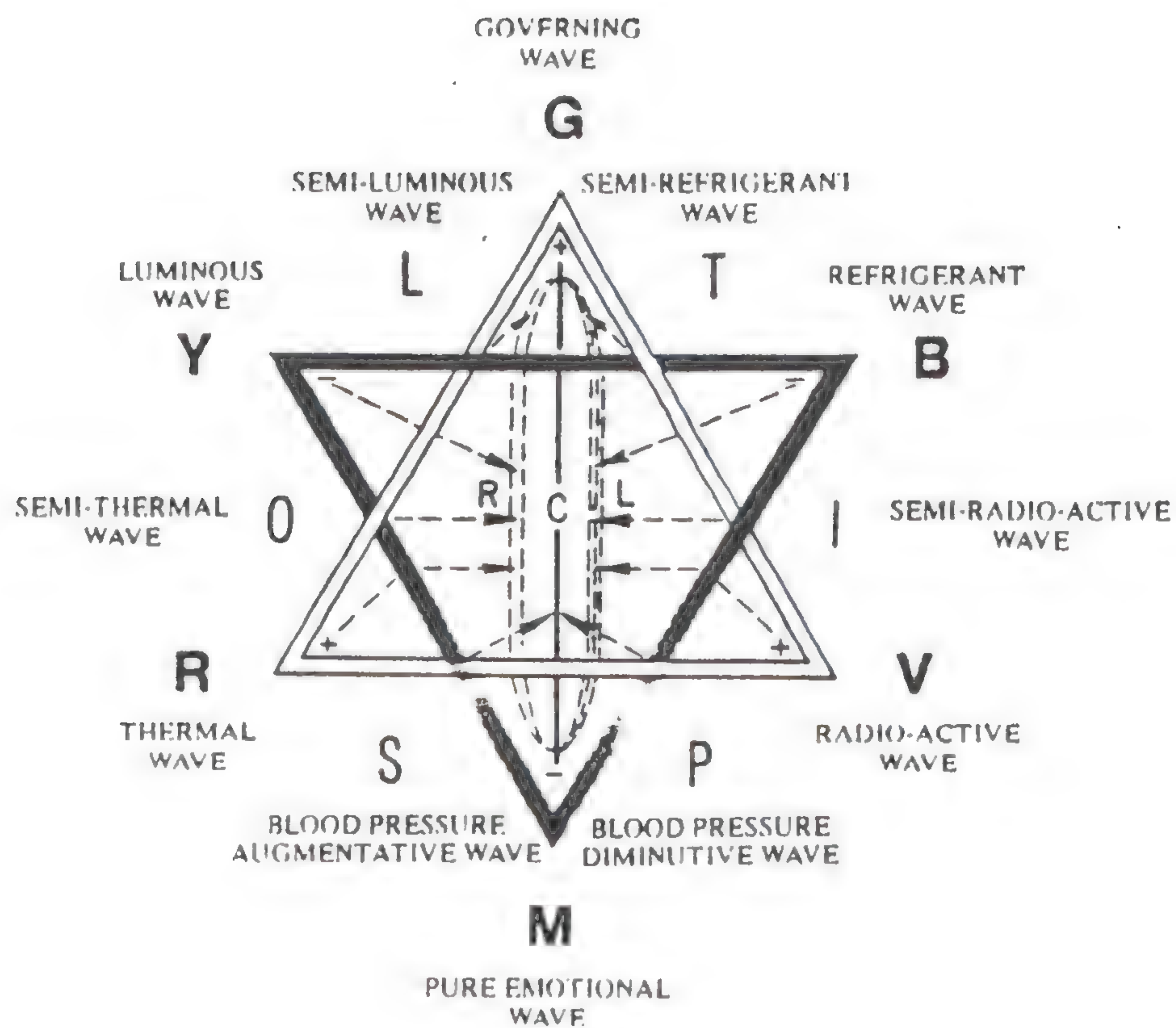


HYPERFLUX CIRCULATIONS

NOTE STRONG  
HEXAGONAL PATTERN  
AND FOUR PRIMARY  
VORTICES

FIG. HYPERFIELD FLUX IN A MAGNETIC FIELD •





R === Right or solar chain of ganglia  
 C ——— Central canal or terrestrial system  
 L - - - Left or lunar chain of ganglia

Green operates through the cerebral nerve centers  
 Scarlet, magenta, and purple operate through "C"  
 Red, orange, yellow and lemon operate through "R"  
 Violet, indigo, blue, turquoise operate through "L"

FIG. OPERATION OF ATTUNED COLOR WAVES THROUGH THE CEREbro-SPINAL AND THE GREAT SYMPATHETIC NERVOUS SYSTEM



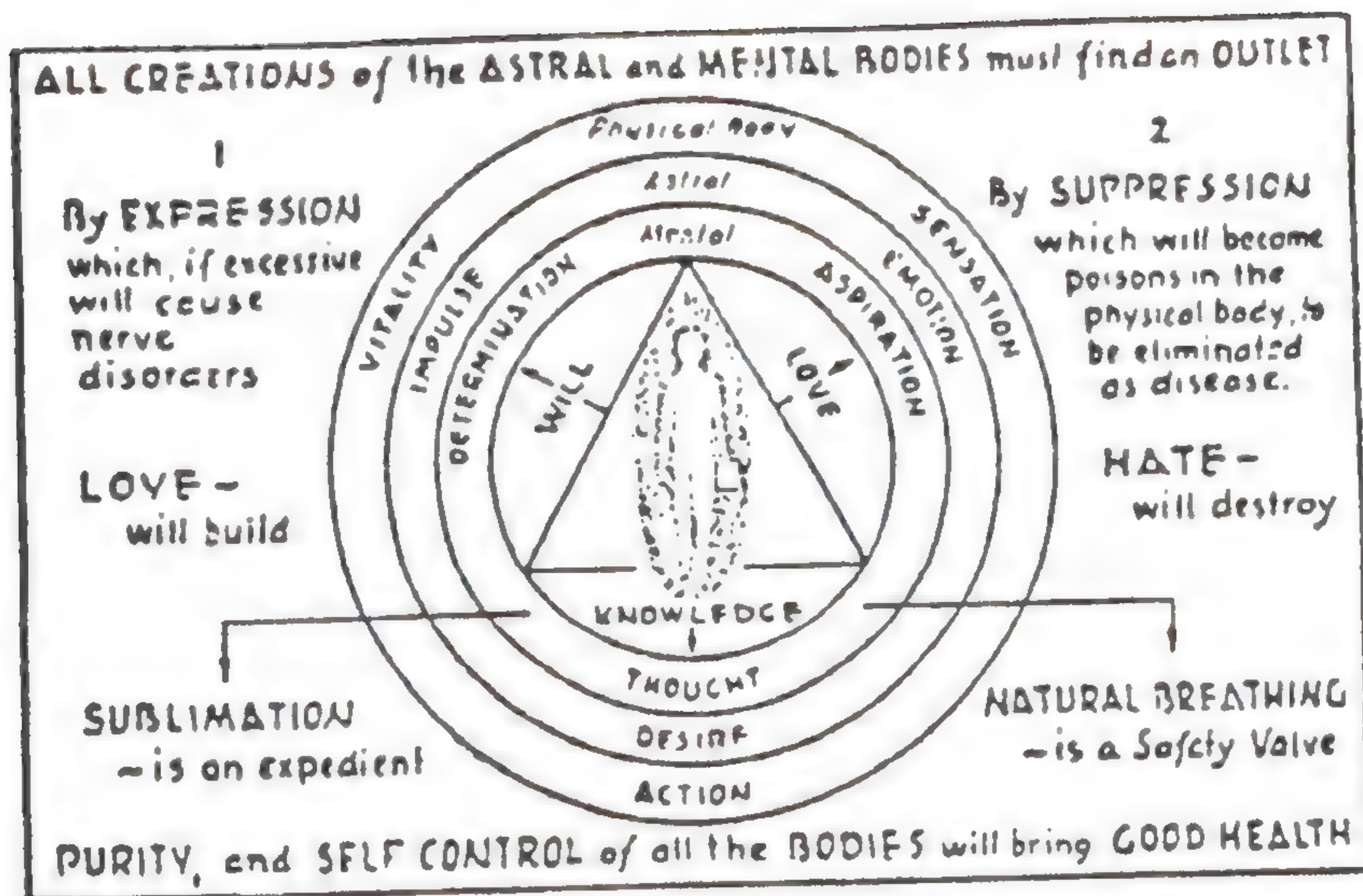


FIG. ESSENTIALS FOR PERFECT HEALTH

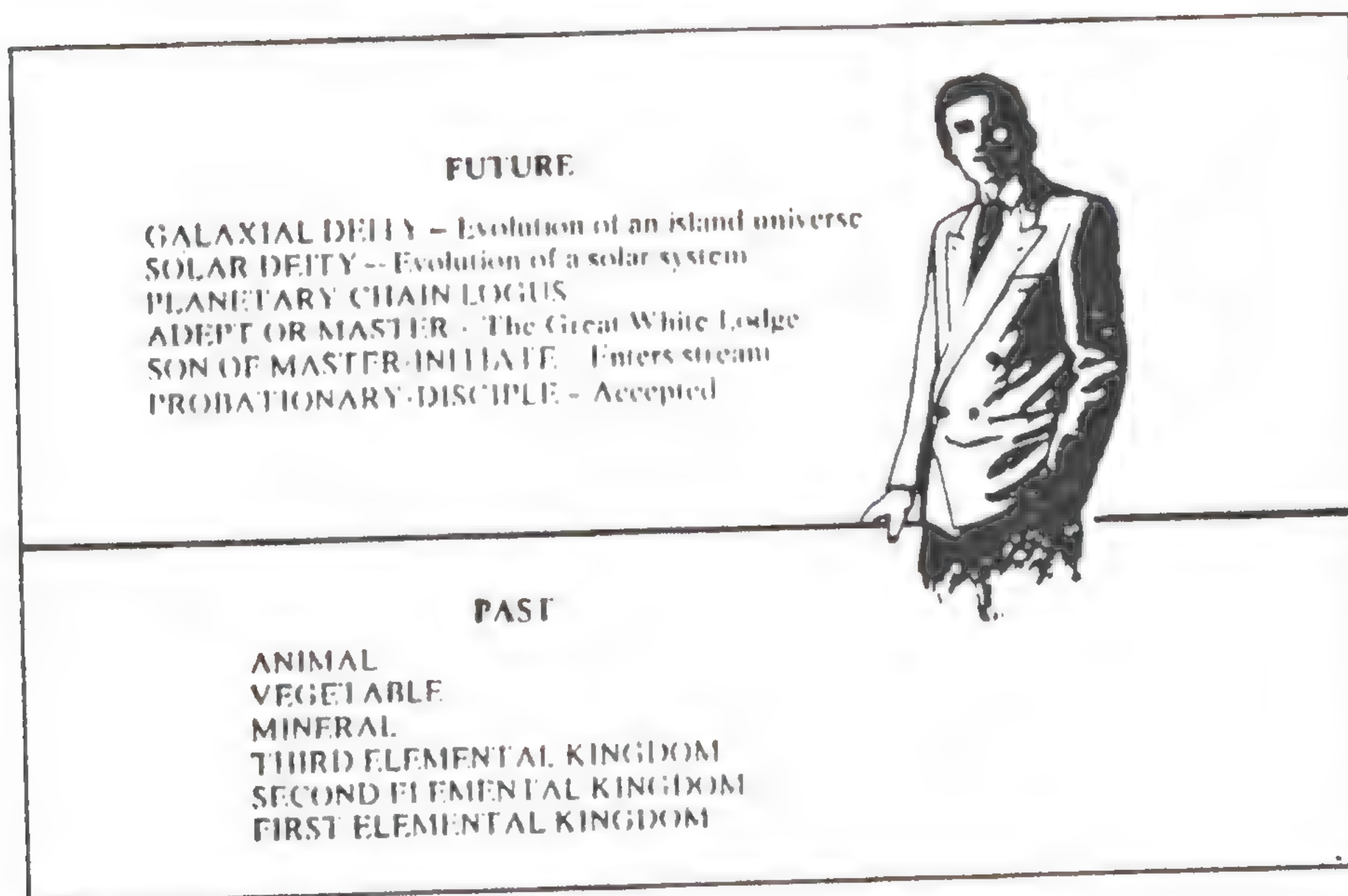


FIG. THE EVOLUTION OF MAN AND HIS BODIES

The qualifications for Initiation have been given by J. Krishnamurti in *At the Feet of the Master*, as follows:

- I. Discrimination.
- II. Desirelessness.
- III. Six Points of Conduct:
  - (1) Self-control, as to the mind.
  - (2) Self-control, as to action.
  - (3) Tolerance.
  - (4) Cheerfulness.
  - (5) One-pointedness.
  - (6) Confidence.
- IV. Love.



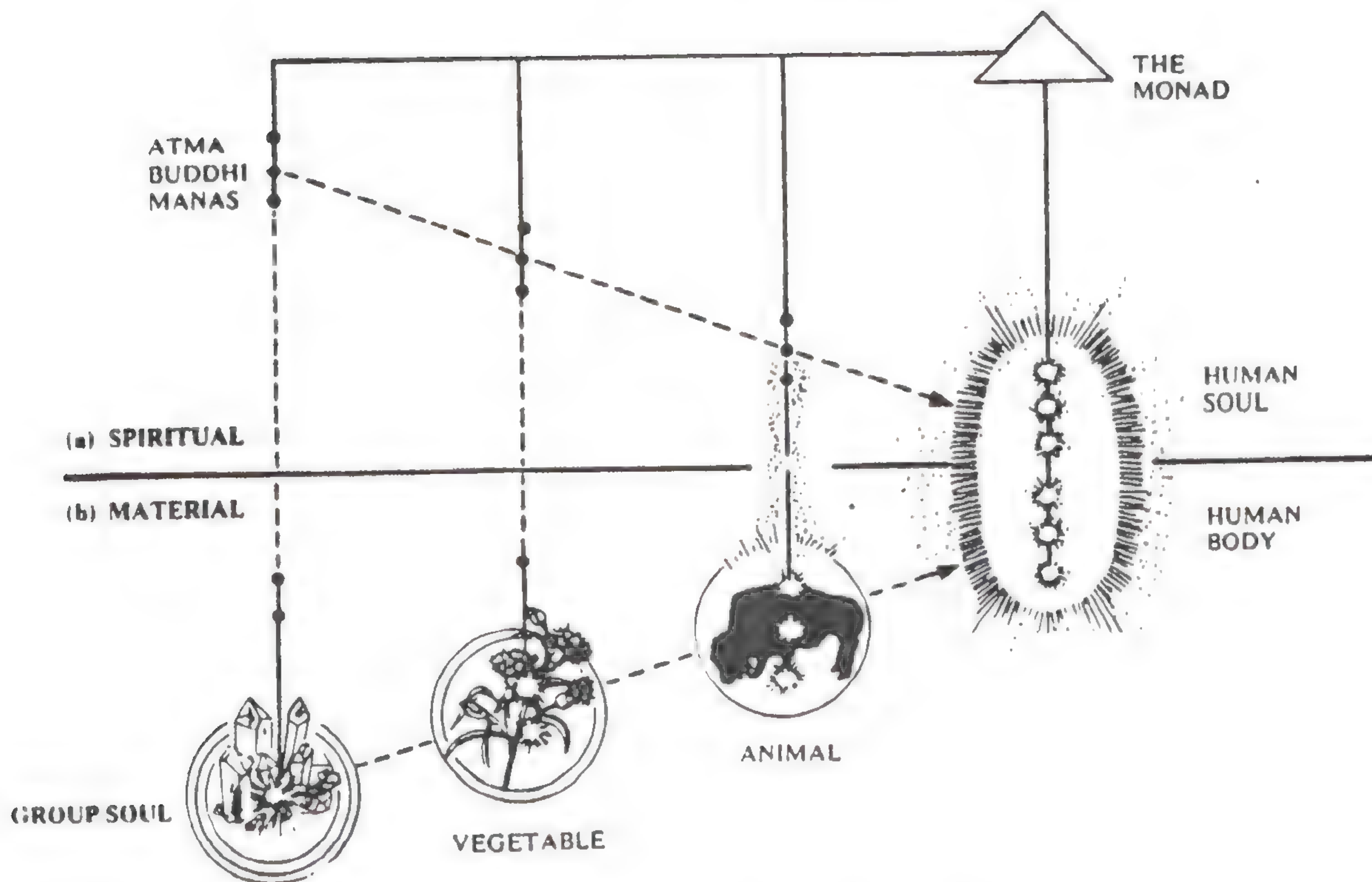


FIG. ANTHROPOGENESIS AND PSYCHOGENESIS  
 (a) Involution of man  
 (b) Evolution of man's body

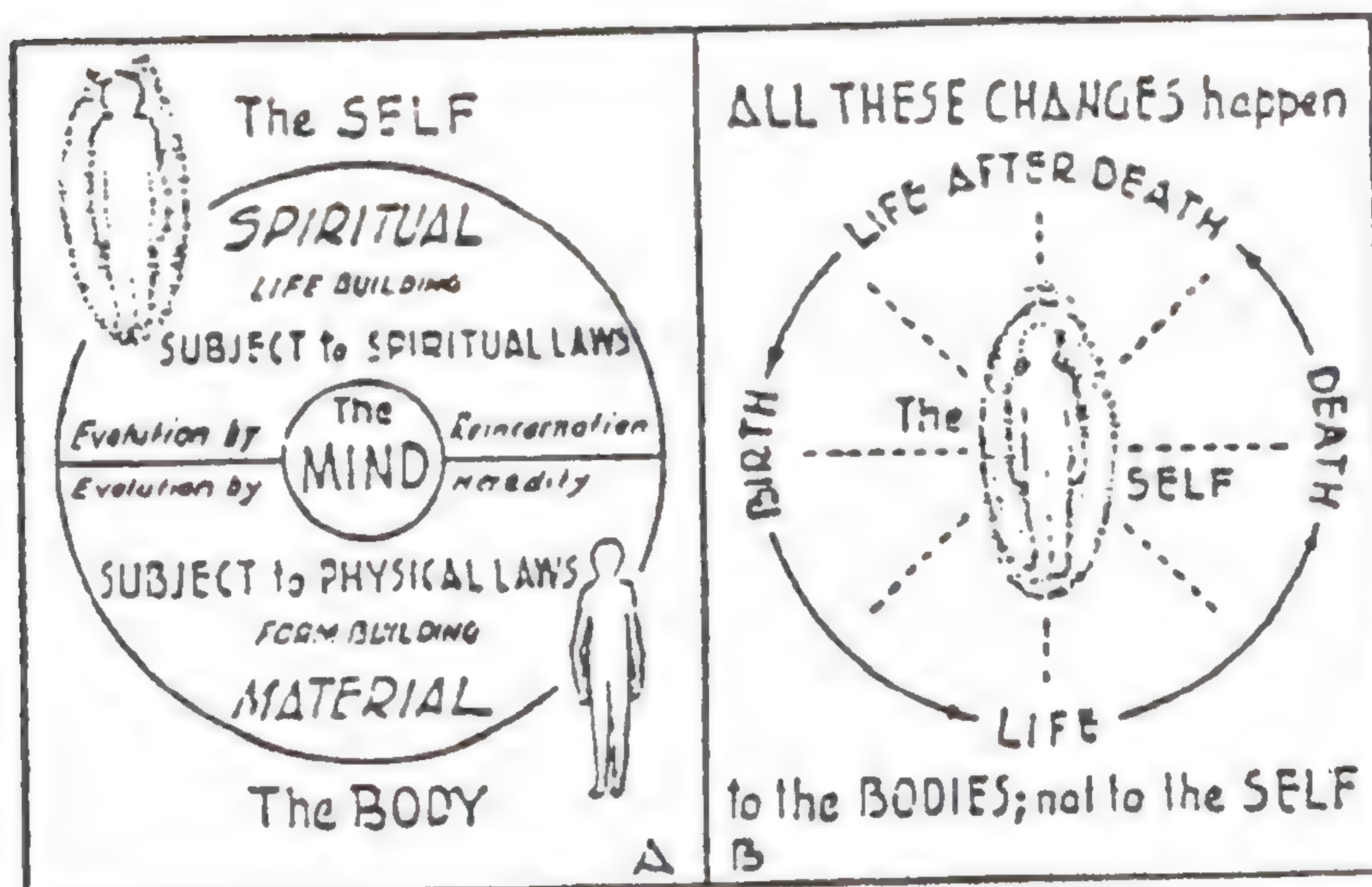


FIG. EVOLUTION OF MAN AND HIS BODIES



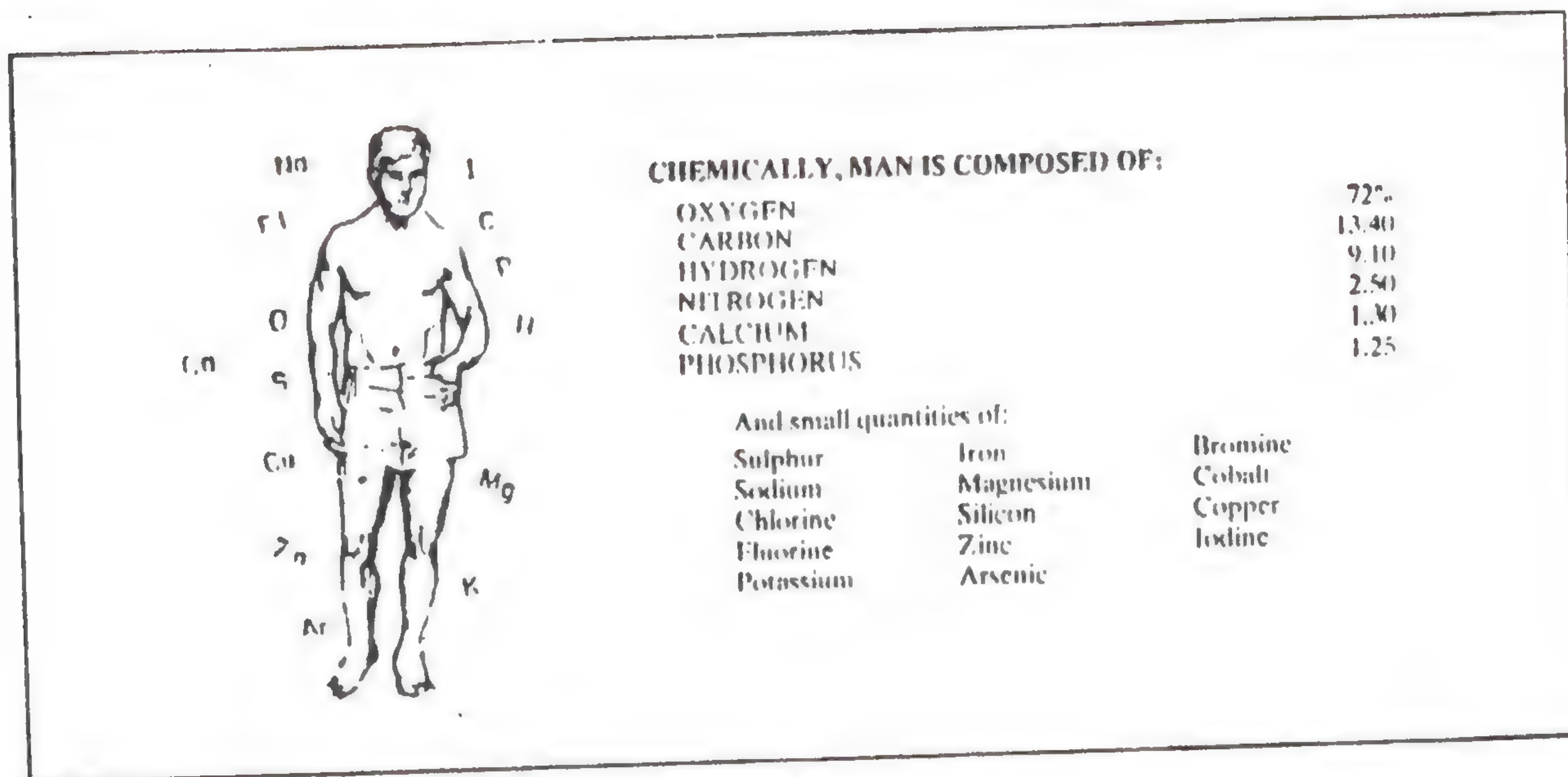


FIG. CHEMICAL MAN

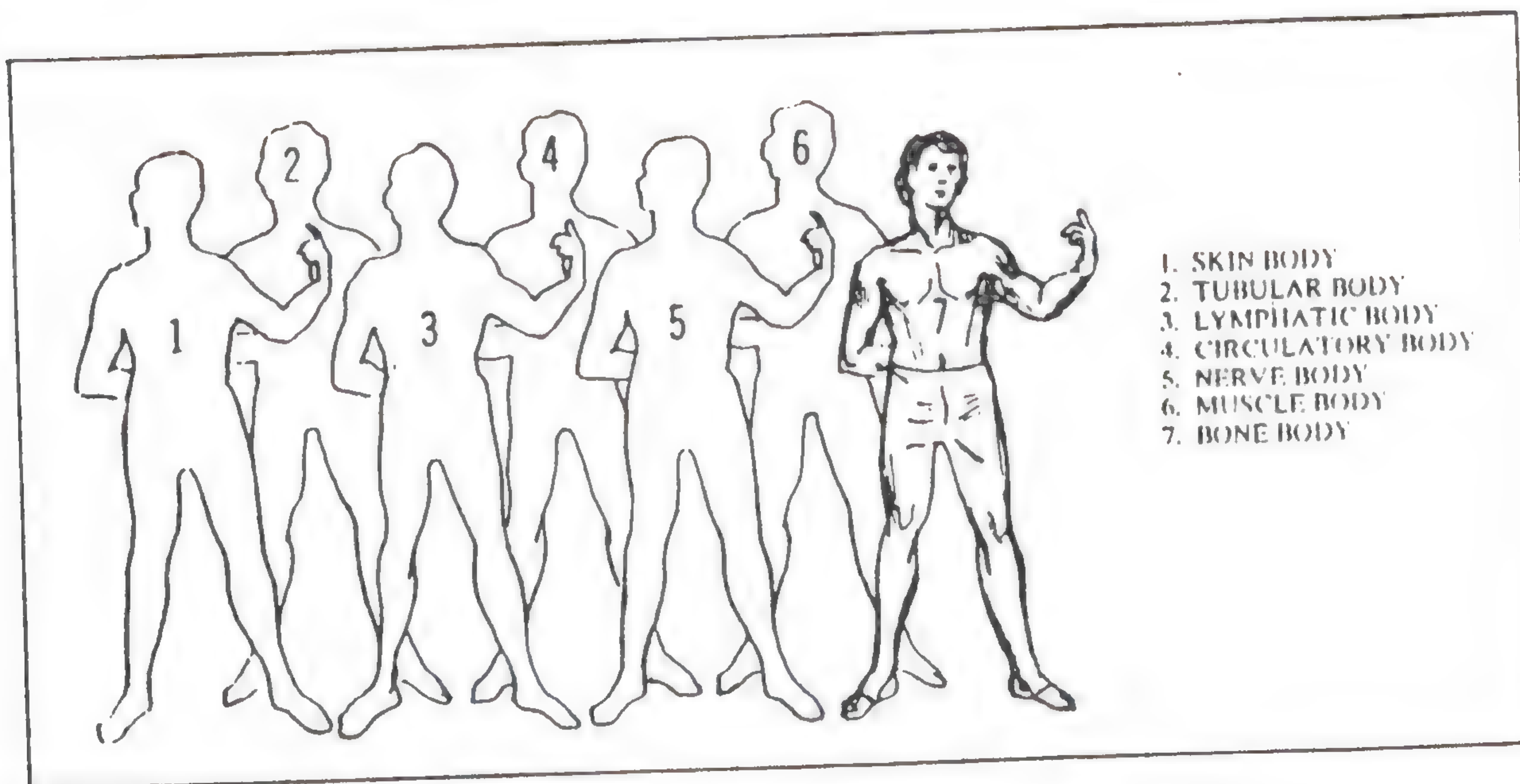


FIG. MAN'S SEVEN INTERPENETRATING PHYSICAL BODIES



## THE JOY OF LIVING

The Joy of Living is to be able to experience, unfold, develop and to remove the attachment to ourselves that we experience in our lives. Self-attachment starts the a process of aging. Aging is partly the action of fixation of patterns of thought.

Mind develops our psychical body by the consciousness that is inside our DNA molecules (cellular consciousness) and the life of our soul, which is the determining element within the physical body. We have in the shell we call the human body all aspects of information. In these cells is imprinted the consciousness of all past lives. The first act of living is to develop self consciousness, to identify you in your body, who you are. We have the ability to reason, to rationalize, to look at the thing and abstract. We take from what we are seeing something beyond the senses. One of the bits of evidence to show that there is in us a faculty beyond sensory input is the ability to abstract, to take from and improvise.

We have heard that we are made in the image and likeness of God. That spark of divine life is the object of our existence on this earth plane. This physical form is the light of our cosmic consciousness. We illuminate our body. As we perfect the cellular consciousness, in effect we eradicate all past lives. What we do in effect is bulk erase all past awareness and build on the NOW. We do what we are here to do. When our eternal, all-knowing soul (self) comes in contact with the body and can work with it freely, without constraint, it becomes the sun. The act of the soul is light. As we speak of Christ being the light of the world, our internal sun gives us the power and energy to see from within and not act from without. There is no greater service one can do than to love one's self. This is the first act that we each must do before we can grow. Without that love, we start the process of death and dying, separation of the source of light from our physical form. The physical form is subject to all manner of energetic forces. It is affected by the moon and tides. Over 70% of our body is water. That water, the dipole moment (H<sub>2</sub>O) is affected by the force that the moon acts with upon the earth plane.

Water is the storage battery of our body: water in the blood, tissues and bone, on which and in which the cosmic forces are stored. As water evaporates from our skin it becomes a vital factor in the stability of our body, our well being and our health. It is not so much the evaporation of the water but the formation of electrostatic charge balance, formed from the movement of water from a surface. We produce electricity here by means of moving water from one state of being to another. Water in the liquid form is a battery, it will store a charge. The energy that is stored is released and is accumulated onto the surface or releases into the air. Air gives us a different type of charge, a different polarity, a positive and negative charge. Think of the earth from the eye of a satellite and witness a hurricane in action. You will see one phenomena, the eye of the hurricane as a point of complete balance, and then a spiral of energy (of water) moving



out. Then you will see a second spiral in the opposite direction. This double spiral of energy with the hole in the center is also a complete description of what we call chakras, the vortices, the energy centers that are in our body. We have seven of these centers in the body. A helix of energy flowing into the front and out the back. Each vortex has a different rate of energy. These vortices of energy are connected with water.

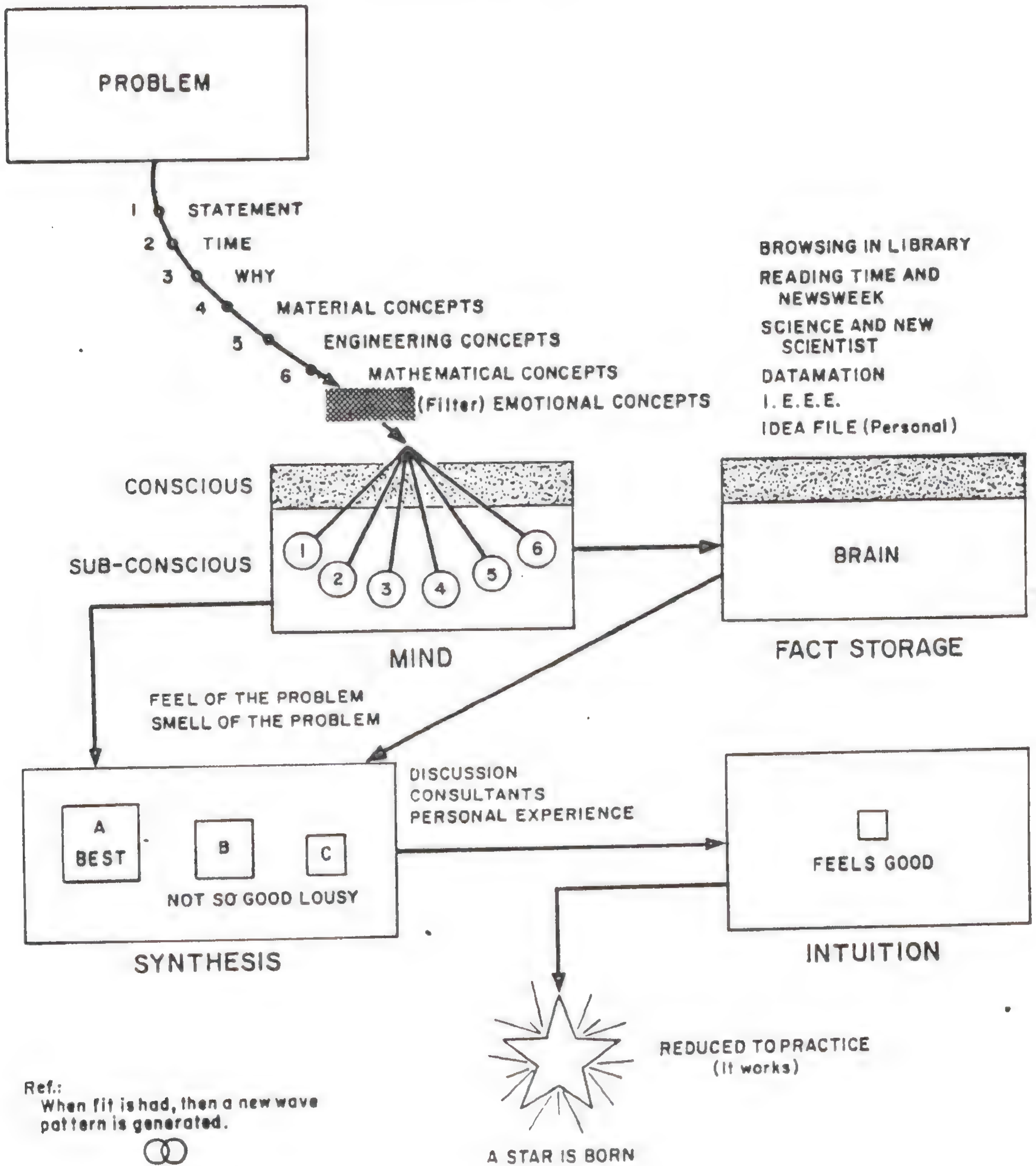
The controlling of the flow of this energy, the modulation of this energy, is done with breath. The knowledge behind much esoteric growth and development (i.e. spiritual) is that the energy of the forces of nature which we can draw into ourself, to achieve self-awareness. We prepare ourselves to be one with God, so that His/our light can manifest and shine. This process comes about through the knowledge of breath control, and knowing how to hold the breath to a critical level so that we are aware of these states of consciousness. The science of breath and breath control is pranayama. Study pranayama to purify your body. You raise the rate of vibration of every cell in your body and aid in the process of age reversal. Part of the aging process is developing a fixated physical crystal pattern. This fixates your life so that it runs on its own almost without control of your mind. Therefore, your higher mind must dominate the body. Your higher consciousness must discipline the body. If you allow appetites of the body to manifest and subvert your higher self, then you ground yourself into the soil and you are controlled by the forces of nature. You are controlled by the movement of the stars, and manipulated by every electric storm that takes place on this earth plane. When your soul operates in and through your body, the universe is in you. You are part of the universe and that is what cosmic consciousness means. That is cosmic consciousness, the ultimate Joy of Living.

## THE POWER OF THOUGHT

Thoughts are energy of mind released by an individual which form luminescence (light) and sound. The brain is acted on by mind, which is in space, not connected with the body. The mind is independent of the body. It is a consolidated form of energy, not limited by time or space. When you raise your rate of vibration and start to detach yourself from your body, you go into a timeless zone. You get to a zero point in time and you can see the past, the present, and the future. Thoughts can either prevent or cause disease.



# CREATIVE PROBLEM-SOLVING





THE THERAPEUTIC USE OF CRYSTALS IN HEALING OF THE SUBTLE BODY OF MAN,  
by Marcel Vogel - From the Radionic Quarterly of the [British] Radionic  
Association, 16A North Bar, Banbury, Oxon OX16 0TF, United Kingdom

[This is a transcript of the talk which Marcel Vogel gave at this year's R.A. Conference. He came to us from San Jose, California, where he is the Director of Psychic Research Inc., a non-profit organization dedicated to studying means of expanding self awareness. A skilled scientist, he is also working with the de la Warr Radionic camera, with a team of 13 doctors. His friend and colleague, gynaecologist Dr. Leonard Laskow, gave a supplementary talk at the Conference which is included as the final part of this article.]

It is good to be here, and I came and come to you to give honour and recognition to George and Marjorie de la Warr. I visited them a number of years ago when I came here for the May lectures, and was struck with the depth and integrity of the work that they had done, and the pioneering effort of research that they had accomplished. The question: why has not this work progressed beyond the level that we see it now? I went back with that question and proceeded to do something about it: I found through the medium of a teacher - Nature itself - the answer. We, my friends, broadcast a radiation in space with our thought. It is identical to what we do when we store information in a magnetic tape recorder. Each one of us, because of the form aspect of our physical body, is a radiating oscillator of a tone, a note. And when we learn to sound our note clearly, we are broadcasting, in space, our beam. On that note then we can modulate that tone, the information of our mind: the knowledge that is stored within ourselves. I learned this factually by the experimental work that was done prior to my coming here, with a philodendron [a broad-leaved plant], as an energy transducer, the so-called "Baxter Effect." Again, this man Baxter, a polygraph specialist, did a monumental job to show that we radiate a field in space; and by simple electroding with stainless steel electrodes on the leaf of that philodendron, we can pick up that power, that signal which we radiate in space.

I am the only scientist I know of outside of Russia who has duplicated and extended the work of Baxter, and I've given recognition to him as well. It is sad that when we pioneer in these areas that everyone loves to find fault. It is so easy to look for the incomplete planning of an experiment, the improper results that you get. But how few of us are willing to reach a hand out and support lovingly the pioneering research that these early people have done. I've dedicated my life to do this as a scientist: to bring measurement, logic, and understanding into this area. What a plant does is that it provides in the broad leaf an exceedingly proper and sensitive antenna for the vibrations, the note, that we radiate in space. I spent an unknown number of hours breathing in front of the plant. I learned to measure my breath and observed my breath in action. When I held the breath, I could observe the increasing oscillation of vibration that went on within my body, until I came to a phase lock, in which I went into an altered state of



consciousness. When that takes place, you oscillate at a phase of vibration which transcends the earth-plane oscillation. You are separated then from being locked into the 7 Hertz signal that we are all earthbound with. You are free to move into the cosmos. That is called Pranayama, the with-holding of breath. It is a teaching that is not given to anyone. I learned that by the study of working with the plant. I found also that the moment I did this lock I could think, and on that sound stream the information would come, and then time comes into being.

Time only exists in the higher realm of the moment you start the process of thinking. It's like a stop-watch: there is no time until you press the button, and then you're measuring time; but before that there is no time. Thought is exactly the same thing. You are creating matter in space with your mind, with the thought; That matter is a consolidation of cosmic fluids brought together in form and it starts to pulse and oscillate. You are bringing life into being with the thought. Energy follows thought, but above all, beyond energy is the form and the luminescence that each one of these forms produces. That is what George and Marjorie de la Warr captured on their plates - the thought forms, the construction in space of a pattern of thought.

However, when you use a single plate, you are only getting one thin segment of the total multi-dimensional energy field that exists in that pattern. As the plant has been the unfold of this inner force and power of mind, so has this monumental work of George and Marjorie de la Warr been to me, to unfold now an exact and precise knowledge of what this energy is. And you are the first people now, that I am speaking to, to tell about this. We are made to the image and likeness of God. We have a divine power within us: the power of creation. To create means by thought to bring matter into being. You can institute in space a pre-form, and into that pre-form energy will consolidate and adapt itself. That energy which I'm beginning to unfold and see with the de la Warr camera is cosmic. I'm seeing evidence by the study of the glass plate under high power microscope, using not interference but dark field ultra pack objective, tracks on the surface of the plate that look identical to what one sees in a cloud chamber that is used to study the high energy particles from a cyclotron or a linear accelerator. I am seeing now curved tracks, spinning tracks - as this energy is spinning, forming into different types of patterns.

Two steps: the plant being a simple transducer to show the energy fields emanating from our body. The de la Warr camera now to photograph, to put on plate form that we can systematically study. One problem with the plant: the plant dies from the intensity of focussed energy that you release, so it is not a consistent, viable transducer for repeated intensive study.

In 1973 I started the search for an alternate method of measurement of this energy, and someone gave me a crystal, a natural quartz crystal. She said it vibrated and oscillated. I said, "So what?" It meant nothing to me. I received the crystal, focussed my mind into the crystal and released it with breath. When I did that, and pointed it at an individual who was by me, he immediately went into an altered state of consciousness. He was lifted out of his body and we went to various



places throughout the planet. That caused me to stop and think. I said, "Yes there is something to this crystal". It is now '84, [sic], and eleven years have gone by. Thousands of hours, and I can't tell you, the search throughout the world to find out more about it. The information each time has come to me by two sources. One: the going within and praying, asking for Divine guidance and then starting simple experimentation from the ideas that come through, and the intelligent use of channelling from those individuals who are sensitive and can tune in to the help that is available to us if we but ask. And what you will see and what I demonstrate to you is the co-operative project between myself and those of us who are working in harmony in California: medical doctors, scientists - a few of us, all volunteers, all for the good of those who are to come, and those on the upper plane who wish to help and bring these things into being. We are not alone; we are guided if we so will. But too few of us are willing to be clear channels, willing to step out and stand alone for extended periods of time against all opposition. To stand alone and be subjected, as Christ was, to the ridicule of his fellow man, and to respond with one act - love. Christ has been my guideline. Where I have gone to the end of my human strength I have asked for one thing only: to keep going because now I have exhausted myself. I respect each one of you who are here. I have learned a great deal in just being with you, because we communicate not only with words but with our feelings.

Now the final extension of Radionic Devices are in the crystals, I believe, that we are making in California. The crystal that I make, I make with my own hands, I tune in with radionic instrumentation made precisely for me; to the vibrational rate of the individual I make the crystal for. So I get their note; I then cut away the excess matter from a pure, natural quartz crystal. I begin to tune it by faceting, by hand, until that crystal matches the vibrational rate of that person. So when you hold that crystal in your hand, you have an extension of yourself that will amplify your feeling. Now what is the value of a crystal? The crystal rings. That means, when you take a bell and you hit it with a gong you get a beautiful tone coming out of the bell and it gradually decays, but that tone goes through a cascade, of tonal values. A crystal, properly cut, rings by releasing your breath into the crystal, [demonstrates an outgoing breath] is a stimulating trigger for its oscillating field that takes place within the crystal. I have been able to see this again and again. I will hold a crystal, like I will show you in a moment, in my hand, tune it, focus it on a plant, take a breath and release, and suddenly a rapid oscillation takes place; it takes about four and one half minutes. I can measure now quantitatively the length of time of a healing pulse, because the moment you release a thought of healing you are starting time. It's not instantaneous. It comes to a maximum and then has a decay constant and it's about three-and-a-half to four minutes in duration. And it is remarkable the number of people that I have measured this with who are healers, about the same length of time. You see, time at the higher dimension does not exist. When we lower it with our intention and building of the thought form we trigger an oscillation in space. We're occupying space then and pulsing space with a note. The real healing in



radionics are these tuned oscillators that you have in your cavity with which you radiate the various counts. They are not audible tones, but they are exact harmonics of the primary vibration that every form has. For an object to be a solid it must vibrate, otherwise it would disintegrate. There is an element of consciousness in every object that has form because a higher consciousness has imputed into that form a pre-form or a mould. And once that is put in, matter forms around it. I have seen this again and again through the microscope. It is remarkable if you can take the time - one experiment took me one year of periodic observation, and finally one day I captured it. I have on film, 4 x 5cm color, an image of the pre-form, the energetic pre-form, of the act of crystallization. I was using cross-field polarised light under the microscope and I caught the act of the chemical, which is methyl succinic anhydride, coming out of a melt solution, and just before it did that projected in space the image of itself. And in the next moment that space was occupied by the crystal form. You, you, each one of us have that pre-form. When that gets distorted our soul cannot integrate properly with matter and becomes separated. That is disease, it is inhibited soul-life. Because a principle of life, the lower within us cannot communicate the light signals required to keep the life process going. The unit of life is a cell, in our human body. Each cell in our body is radiating light in space. They are light-emitting bodies. The light that the human cell emits is a luminescence, a cold light. It is not the light of incandescence or the energy that is produced by a heated object. The light that we see around us, the light from here is a product of the filament in a vacuum being heated and electrons are released from that heated filament, and the space there brought to an incandescence. But a luminescence - there is no heat: it is eternal; and a luminescence radiates its presence.

Back in the early thirties a Russian scientist by the name of Doctor Gurwitsch discovered a radiation coming from cells and he gave this the name Mito-Genetic Radiation. That radiation is [demonstrates] shown in a diagrammatic form here. From the nucleus of the cell, which are the DNA RNA strands, you have a short wave ultraviolet radiation 1900, 2800 and 3300 angstrom units, all in the ultra violet range. These are the signalling of light, and we speak of ourselves as being a "light body." That is the truth, because we are emitting light, not visible light, but ultraviolet. When these radiations are interfered with by improper electrical balance or charge balance then these signals become imperfect and we start to lose a communication link and the cells start to become primitive, a drop-back in the phylogeny and start to become anaerobic which means they no longer draw oxygen in and they start to work a degenerate organization. The remarkable thing, my friends, you can watch this in action - I've done this again and again with the cells of my own body: you scrape some epithelial cells from inside your mouth, put them on the microscope and you put a saline solution on and you have living cells that you can watch. You keep them at a constant temperature, you leave them there and you will watch the process of degeneration. The cells will lose their sense of innate consciousness. See, this is a unit of the consciousness as well; this is a complete body. We are complete in every cell in our body. Now that is why there



is logic, understanding to when you take a drop of blood and put it into a witness in the Radionic equipment. The energy for driving this power source comes from two sources; one external to build the charge balance here, that comes from the oxygen; the second from a fluid, which in Indian literature we call Prana; but that fluid is a vibration which keeps this living object in form; it is the glue that holds matter in

2  
form. It is that which is missing from the Einstein equation:  $E = MC^2$ . Matter and energy are inter-convertible - but the mould, the pre-form, the Pranic energy is left out of the equation. When that is put in then you have a more fundamental and complete understanding of the interplay between matter and energy. Out here you have another form of radiation, and that is radiating at 6200 and 6800 Angstrom units. That means it's in the deep red to near infrared. Our cells have emotions. They express these emotions by the red light that they emit. Color therapy is real because the cells in our body can become psychotic at times. They can suffer a nervous breakdown. They can be over-stressed. And when that takes place you have then these signals not taking place and then the degeneration of the tissue takes place. The beautiful thing about what you are doing and the value of Radionic therapy is that you deal with the pre-form, the substantial reality of matter. And once you can bring that into balance the cells can grab on to that network and start to bring themselves back to a harmonious pattern of living. A crystal gives a reference electrode of a vibrating oscillation for our body to communicate with. That means that when disharmony takes place with us we reach out to find some reference to start the process of communication with. In tuning a crystal and working at a cellular level you bring harmony, and love back to that organization, be it the liver, lung or heart. Harmony takes place and the cell starts to radiate this energy again in space. The primary information carrier we have in our body is liquid crystal, and that means it is both fluid and organized at the same time. That means also that the organization of fluidic threads are exceedingly sensitive to vibration, to light, to any periodic oscillation. I've worked now close to twenty-five years in the study of liquid crystals as a scientist and also now as a metaphysician in the meta-science of the liquid crystal systems. By drawing in breath we draw in the patterns of thought. And as that pattern is drawn in and transferred to our blood stream then we transpose that information throughout our body. As a man thinks so he is. Thoughts, my friends, are things: they are substantial. With these statements you can start moving to a very deep number of levels. With this understanding I can take then an object, with proper training, and impute a thought into it, be it a healing thought or a proper remedy that is required, store it and give to a person in healing. This opens up an enormous extension of Radionics. The entire principle of Radionics, basic to what you are doing, is contained in this crystal. I've critically studied your work, I've operated the instruments and now extended it. I'm going to speak to each one of you who are Radionic Practitioners. Think now for a moment. You broadcast from your instrument. Where is your antenna? Where is the directive antenna that is linking that



instrument to the object you are broadcasting to? Right now, it is your mind. But how much more precise this would be if we made an oscillator that would fit on your instrument, that is exactly tuned to your vibration; and now when you broadcast you will have total isolation from interference and a consolidation of field that will build up many orders of magnitude. That idea came to me last night in a dream and I wanted to share that today with you. I will be trying this out as soon as I return to California, I can assure you.

You have been exceedingly stimulating to me. I have truly enjoyed being with you. We grow by exposing ourselves to disciplines far and away separated from our ordinary work and way of life. My entire life has been that of a scientist, a searcher for truth, a living searcher to understand the working of Nature. From earliest childhood, the age of six, my first scientific work was in the study of the glow of the firefly. What made the light of a firefly function? And I proceeded to grab some glow-worms that were on the ground, and when I squeezed them they gave a burst of light and went out. I said, "I want to know what made that object light." The more I studied the more confused I became. And then - I was eleven then - I went to the Mechanics Institute in San Francisco, digging out every book, and I found an English article by Drew M. Pearson on making a chemical compound - 3 amino-phthalaz 1-4-dion. The chemical compound was a chemical analogue that would make, hold light: the light of the firefly. It was a nine-step organic synthesis and after two years that was accomplished. By thirteen I was able to pour two chemicals together and had a large beaker of of this light. That was a light that turned on many other sparks within me. It could go on many, many ways. The time is short. I want to give you a perspective and an understanding.

We have a gift, all of you, of having one of our associates with us, Dr. Laskow, a medical doctor, gynaecologist. He is working with these crystals in his practice, and he has offered to speak to you at the end of this lecture on what he is now doing. I am not a medical doctor. I am a scientist. My work is to unfold and share. You are looking now at only the first, small stage of a series of forms that I am now unfolding. The geometry of the cosmic mind is crystallographic because, in the crystallographic form - there are seven of them, information is contained. Universal knowledge can be stored. And once you build this form geometry and tune it to the right proportions you can communicate with other life forms, be they on other planetary bodies; or you can precisely communicate as well with all forms of nature, be they insect, plant, or other forms of vegetation. You said a most pregnant word which I will treasure in my heart: 'Harmony'. I will use it for the rest of my life. Instead of insecticides, instead of brutal form of killing that goes on now with the insect kingdom, let us learn to communicate. Let us learn to understand the insect kingdom and herd it. Communicate and build a grid system to prevent the devastation that is going on, by learning to communicate with them. It is not illogic, because they know our thoughts. A thought form is a universal form of communication. Once you can bring the energy of the mind into the pattern of a thought form it is understood by animal, plant or other forms of intelligence. The problem we have: too few of us do coherent



thinking. Now I define coherent thought by the utilization of the left and right brain in phase. I've checked my own brain out by EEG equipment, and when I build a thought form both left and right brain lock in and synchronise and you get then a coherency to the pattern of thought. And when you do that you have tremendous power of channelling or communication. [Some slides showing the work described were shown before Dr. Laskow took the platform].

#### ADDITIONAL LECTURE BY DR. LEONARD LASKOW

First of all I would like to thank Marcel and all of you for the opportunity to make this small contribution to these meetings which have given me so much, and I feel right at home amongst you. This is the first time that I will be talking about what I'm about to discuss and it is also good that I'm doing it 8,000 miles from home! It's not testing my courage quite so much.

A little background: I'm an obstetrician/gynaecologist and I was trained at Stanford and am currently in a busy, mostly-conventional private practice in San Francisco, and also on the Clinical Faculty at U.C. where I do some clinical teaching of medical students there as well - who, by the way, are very interested in this work for the most part, and that's very encouraging. I gave up obstetrics ten years ago because I found the hours disagreeable - I'm sure that many people understand that.

That was my first experience with self-healing. Although I had wanted to be a doctor since the age of five, I didn't realise until five years ago that what I really wanted to do was to heal with love, and this came to me in a deep meditation. Over the past few years I began working with select patients and these explorations that we'll be discussing are primarily anecdotal and they would not satisfy rigorous scientific enquiry. However, truth exists regardless of whether a few or many agree to accept it as knowledge, and with that I'll begin.

What I would like to do is focus the discussion on explorations of a particular disease entity - herpes. Now I'll give you a little background on herpes: I think herpes provides us with a good medical model for healing in that it tends to recur and is readily manifest both to the examiner and the examinee. As you know, herpes is a virus and there are a number of types of herpes virus with slightly different antigenic codings. Type 1 is herpes simplex which causes the common cold sore or fever blister. Type 2 is progenitalis which occurs and produces painful lesions on the genitals. The herpes virus is peculiar in that after the initial infection, instead of being eliminated entirely from the body it retires to the deeper nerves and resides until conditions favorable to its recurrence present themselves, and heat, friction, the common cold with its associated decrease in resistance, stress, hormonal changes sometimes associated with the menstrual cycle, all of these things are predisposed to recurrences. Now, what governs whether or not one gets an infection? There are three major factors on a physical level: the virulence of the infecting organism, the inoculum or the number of organisms that are introduced and host resistance, and it's host resistance which ordinarily is most important. We've all been



exposed to someone who has a cold and yet we don't catch the cold unless our resistance is down. When it became obvious to me a number of years ago that herpes recurrences were associated with stress I decided to attempt to treat it in two ways, and Marcel has provided us with some of the background information on this and given me an understanding to a certain extent of what I'm doing - of course, I say to a certain extent because I really don't understand a lot of it.

First of all, I wanted to attempt to increase host resistance locally. I did that by treating the skin lesion and the pelvic nerve with which the virus resides with an instrument known as an electro-acuscope. The electro-acuscope is a device that administers milliamps of electricity which alters the resistance of cell membranes. This device has a probe with a moistened cotton tip which conducts current. After covering the probe with a rubber glove, leaving only the cotton tip exposed, I would introduce the probe into the vagina, find the pudendal nerve which is about two thirds of the way into the vagina, and apply current. Again, this is not a painful current, just a very mild current, with the idea that an ionic exchange would occur, with toxins leaving the nerve and nutrients entering it, thus increasing resistance.

After this local treatment I would then do a radiatory healing which I'll briefly describe. In other words, this was what I would call the equivalent of a magnetic healing, or as Mr. Endacott pointed out, perhaps the word 'psychic' healing, or perhaps an energy from the earth coming up. Now, by radiatory healing what I mean is the following: I ask the patient to close her eyes, perhaps go into a meditative state, become relaxed, and then I ask her if she wants to be healed. Again, we keep hearing this question. I then move to a 'transpersonal space', a place referred to by Lady Raeburn, or whatever terminology you wish to use, but I move into an altered state of consciousness and again I silently ask "Do you want to be healed?" and I wait for an answer from that person's soul or transpersonal space. Assuming that I get an affirmative answer, I then silently link my chakras above the diaphragm together; in other words, what I basically do is link my heart chakra and crown to the transpersonal space. I do the same with the patient and then I connect our chakras; then I invoke light energy from above; this is the 'spiritual healing' that you referred to - and that he did that - and then do a silent healing invocation, and then I begin to send love. I focus on my heart chakra and I simply say "I love you, I love you, I love you..." - that's what is going on in my mind while I'm focussing on sending the energy of love. It's completely impersonal, it's not related to healing at all [sic]. Then I withdraw the energy and the session is concluded; and many times, the patient is in an altered state of consciousness and experiences the root cause of the disease.

This proved to be very effective in the first patient I tried it with - a woman whom we will call Donna - who had contracted herpes in India and had severe outbreaks every two weeks for three months. She tried many of the Ayurvedic herbal remedies in India and the usual allopathic ones in the United States, all to no avail. It has been 2-1/2 years now since we administered the treatment just described and she hasn't had a recurrence since. Her experience is fairly typical of this treatment.



When I met Marcel a year and a half ago, I received a healing crystal from him and used it instead of the electro-acuscope, and would place my gloved hand, this time, on the pudental nerve instead of the electro-acuscope probe. This was introduced intravaginally and I would use the crystal in the other hand, creating a closed loop. I would also treat the skin lesion locally to break up the program in the subtle body that affects resistance by blocking the flow of energy. In addition, the general treatment is again a radiatory one that is augmented with the crystal, and includes a balancing of the chakras. I also ask the patient to feel any feelings that may come up and go to the cause of the illness or stress. Now I found that patients with recurrent herpes generally had one of two basic blocks of programs which served to maintain their illness. They seemed to have difficulty in receiving love or difficulty in releasing anger. With regard to difficulty in receiving love, if you stop to think about it, what better way to avoid receiving love than to harbour disease which is infectious and makes one feel unlovable? And the payoff many times for not receiving love may well be that one avoids the vulnerability associated with it. In people experiencing difficulty releasing anger, it seems that they are afraid to feel, afraid experience the intensity of their feelings. This blocks the energy flow, leading to an imbalance in the subtle body with concomitant lowering of resistance and the recurrence of herpes. It's my impression that if anger is released while focussing on the heart chakra with the crystal and sending love, the energy of anger becomes transmuted into forgiveness. Now please remember that we are also talking about anger directed at oneself - and how cruelly we judge ourselves!

I had a patient who sent me a Valentine card last week. She had severe labial herpes for about a year and a half - a very attractive patient who became almost a hermit as a result of this. We treated her in the way I've just described and she sent this: -

Dear Leonard,

I can't believe how my whole life has turned around since you helped me through my anger. I'm healthy and socially confident and feeling good about myself again. Thank you so much for your support and assistance. A Valentine seemed the best way to express my gratitude since I can now be unafraid to touch people without hurting them - does that make any sense? At any rate, you are the most amazing doctor I've ever dealt with. I thank you.

\*[The speaker referred to a definition of Healing given by Conference Compere Michael Endacott, which may be outlined as follows: -  
Psychic energy comes from the ground and can be taken into the body through the feet and will eventually rise to the heart center. At that time it may be offered to those in need, at the will and direction of the healer. The spiritual healer will receive a Divine energy which comes into the crown of the head, moves down to the heart where it mingles with the psychic energy and is expressed as pure healing love. It therefore follows that the true healer will offer that unconditional healing energy in the way that is required by the patient - and not direct the healing energy in the way they consider the patient to need it. - Ed.



TALK GIVEN BY MARCEL VOGEL

March 18, 1978 - Yoga Retreat, Nassau

(This was a lecture given at Paradise Island, Nassau, after Marcel's return from India)

What Swamiji is holding in his hand is a crystal that was made by me with my own hands -- a gift to him and to all of you -- to open, to illumine. This crystal was used in the mountains. Swamiji and myself tuned into the crystal and a power was ignited in my body. I am a scientist. I have devoted my life to this study of phenomena, the aspects of nature that are amenable to study through the analytical instruments that science has to offer. The most wonderful instrument we have is our bodies. This is what God designed us to be, an instrument of service to Him. We are made in the image of God and as we let this light shine forth, we illuminate this body, cause it to illumine us, to emit its light and sound its note which then manifests the teaching that comes from within. The crystal which Swamiji holds is quartz; I have a similar one in my own hand. They are designed to take the energy of mind and bring it into focus and start the spiral of life moving through the crystal. As we, together on the mountain in intense sunlight, went into this crystal, we felt a pulse moving in the crystal. When that pulse took hold, my body became as of fire. One side of my body became hot, the other side intensely cold. That power continued to increase until I almost had to cry out. It was then that the illumination took place. With my eyes closed, I saw a light inside my head which became more and more intense until in that light, an image appeared. That image was a temple, a temple which was on that mountain. In that temple were people; suddenly there was a fire. I saw flames coming up, red flames and the people screaming in terror and the temple coming down in flames. Then suddenly there was no more; that was the end of the image. It was then that I asked myself why we were here; what was the purpose of making this mission to the mountain. It came to me that we were there as instruments of purification. I then went with Swami Brahmananda to the forest. I asked Master Sivananda, through this man, what was the purpose of the visit and why were we there. The answer came directly through him that we were there to "ignite the flame". I asked that question three times and as he said these words, he remarked, "I do not understand what I am saying. It does not make sense to me". As I asked this question and received the answer, there was with us a clear image of Sivananda. His image was precise. He was there; it was a real phenomenon. I saw that we can, with love, bring back the culture that India has given us and from that true fusion, a linking of the East and West will take place. In my heart, I feel that Swami Sivananda had this as a primary objective all his life and we had the privilege and the opportunity of fulfilling it. I would like to now give a short technical explanation of how crystals work. The reality of our body is not the physical form that we look at, the reality is in the energy field that surrounds you. This is our



ethereal body, which is also a crystal and has an energy form. The pattern of the space groups, the linking of these energy fields is systematic, regular. Information of the mind is stored in these space groups. Quartz is particularly wonderful in storing the information of the mind. It is silicon dioxide, with a space group very close to that of water. Our bodies are over 70% water. The energy of water, as it is released from the body, forms patterns or fields which surround our bodies. The energy of mind utilizing these fields can penetrate crystals of this type. The energy can be reabsorbed or retransmitted as information or as an image - a communication link. The basic shape is hexagonal. We in our pattern of energy around us are hexagonal. The most economic use of space is a hexagonal space. You'll find this in a beehive - hexagonal, 6 sides. In the future, crystals will be used for healing, in communications, thought photography. They will be used in intergalactic communications, and to communicate with Masters and Teachers who were in this earth plane at one time.

The method and form that men will use requires guidance from other planes. It is beyond normal human intelligence, and I am grateful to our Lord for guidance he has given me. Many times I wished to destroy these crystals and not reveal again to mankind the teaching that was given at one time. The reason was that I was concerned about the misuse or abuse of sources of energy at this time.

Now I will sit down; we will maintain silence. What I am going to do is link my mind into this crystal and then project into this wonderful person we have before us (Swami Sridharanandaji, who was "off"), as well as with and into Swamiji. When one links, one sees the light in the third eye. It becomes luminous, a small precise dot. When one directs this dot into the crystal, a pulsation takes place. Now the pulsation starts. Now I will direct the pulsation into the crystal in Swamiji's hands.

(Note: With this lecture I was trying to teach Swamije Vishnu Devananda how to use the crystal in meditation and to be careful how it is used. Unfortunately this was not done and much confusion resulted in the ensuing months at Val Morin-Canada.)

Marcel J. Vogel

## DEVELOPING THOUGHT FORMS

As one goes into the crystal, create a thought form, inject into the crystal, and then dialogue with that form. Develop the pattern until it is clear. Come out of the crystal, and write your experience down.

## RELEASING STRESS DURING MEETINGS

Hold the crystal in your hand, and as you feel the energy, slowly rotate the crystal to keep your energy level balanced. This will help to balance your body and prevent boredom. You can keep your thoughts focused so that they function for you positively.



NOTES FROM MARCEL VOGEL'S SAN DIEGO LECTURE 8/7/82

1. The etheric body has a crystalloid structure and information is present in this field.
2. Our body reflects the change of balance of the etheric field.
3. Accupuncture points are created by two mechanisms: a. electrostatic surface charges created by moisture evaporation from the skin. b. energetically - a vibration called the ether which is akin to sound but is not sound. An etheric modulator produces a transverse wave vibration causing an oscillation about our physical body, organized into a specific pattern that was recorded by the ancient Chinese.
4. When we as individuals are well and whole, we emit a "tone", a signature of our uniqueness, which is capable of its own pattern storage and recognition.
5. Mental illness occurs when we lose our own "note".
6. The indwelling breath is full of these vibrations which then coarse through the body causing a surface ripple on the skin.
7. To love is to enliven a person.
8. Form - Energy - Impulse - Thought
9. Thinking, acting and reflecting for the good of our fellow man. When that is done, an informational unit is formed that has attributes of life (vitality, globules).
10. Love is the primary positive unit of life.
11. Hate is the primary negative unit of life.
12. Our goal is to be a light body, converting energy into a sonoluminescence, that will stimulate our cells to emit their carrier frequency light in the ultra-violet spectrum (2,000 angstroms).
13. Gurwich identified these forces in the 1930's as mitogenetic radiations, life force energy with information. These fields establish optical signalling between cells, therefore, the cell can know its purpose.
14. When the light goes out, the cell degenerates and becomes cancerous
15. The primary code resides in the DNA. Each cell contains an entire hologram of the pattern of the entire organism.
16. The differentiation of cells is directed by a source not within the DNA, this source is the vibrations acting on the cell membrane which, when stimulated, emits photons (light).
17. The breakdown products of hemoglobin become rod shaped bacilli. In this way we generate our own bacteria.
18. Crystals, when held in one's hand, are able to stimulate wholeness and enliven our body.
19. Be careful, do not leap to conclusions, test all knowledge and put into practice what is meaningful to you.
20. Crystal serves as a reference electrode for our energyies. A crystal will pick up vibrations, respond electrically and feed back into the body.
21. Crystals are an etheric pacemaker.
22. With crystals, never work on an uncharged or unbalanced body.
23. The nadis are harmonic oscillators.



# NOTES FROM MARCEL'S LECTURE IN SAN DIEGO 2/83

1. Every cell that is living is oscillating. The oscillation is photonic in nature and a quanta of radiation are released.
2. The process of healing is to re-ignite the organs and structures of the body.
3. When organs cease emitting light, the organ begins to vibrate degeneratively.
4. A crystal pulse initiates the life process in the organ.
5. The life process emits a carrier vibration.
6. The soul manifests itself through matter by light.
7. We are unwilling to accept the teachings of nature.
8. The fractionation of human care - doctors minister with chemicals to the physical body, psychiatrists minister to the emotional and mental bodies, and our spiritual counselors to the spiritual body.
9. We need the assistance of spirit to understand science, and science to understand spirit.
10. Darkness is a lack of feedback.
11. Our soul bonds to our body in proportion to the amount of fears and barriers we present to ourselves.
12. In the way and form of breathing, we manifest our strength of soul.
13. Blood, water and quartz have an affinity for each other.
14. We breathe in the thought forms; they either make us sick or well.
15. Just as viruses and bacteria attack certain organs, so do thought forms attach to certain organs; the light then goes out, and the organ begins to degenerate.
16. Degeneration is equal to cells reverting to a primitive state that operates in darkness. They separate from the whole program of the person and then the cells manifest a lower form of life.
17. The power of love to burn away the darkness.
18. Before acting, channel to see how best to act.
19. When you deal with difficult problems, the prayers of others help you to move through those trials.
20. Our rational mind is a computer limited by our senses.
21. We see visually between 4,000 and 8,000 angstrom units, wavelengths on the angstrom electromagnetic spectrum.
22. Another mind is our imagination, we take sense information and then construct images. These images are projections in space.
23. Our feeling body can sense vibrations not connected with our senses.
24. Our feeling body can be projected in space to scan and bring back information.
25. When you connect your feeling body with others of a similar vibration, communication can occur.
26. Transmediumship is the separation of usual consciousness, allowing another consciousness to manifest.
27. What is pain? It is a stimulation of neurons by an imbalance.
28. One can also cause pain with thought. "Hypnotize" a subject and then suggest that their thumb has been hit by a hammer. They will suffer from an injury induced by the mind.
29. Our nervous system recognizes physical, emotional and mental imbalances.



30. Bone stores the "program of injury" (a holographic record of the complete experience). The bone then re-emits those signals of the injury, and the surrounding tissues become "domain rotated". This means that they orient to the forces of the injury and cause a feedback circuit to develop.
31. Use a crystal to amplify the injury or disease program so that the person can remember the data. Ask for the lesson and what is to be learned, then erase the injury program.
32. Separating cells produces charges that are stored in the structure of the cell. Vital information is present since conception.
33. The nucleus emits an FM signal that is stored in tissues.
34. Cell walls are liquid crystals. As charges impact on the cell wall, the liquid crystals form changes and a signal is produced.
35. When we think and reason, we are creating energy in space. Energy follows thought.
36. That energy formed by thought fits precisely in cell walls.
37. We can create with our mind disease (an impairment of our natural program).
38. We can precipitate a charged thought onto a portion of our anatomy.
39. You go to eternity at the split second of a crystal healing.
40. Our higher self communicates via symbols: metaphysical and geometric, and the lower self linear time domain.
41. A program is the summation of forces and vectors, of upsets beyond the conscious awareness of the individual. A mass of energy remains locked in/on the body.
42. All the events that happen to us have a teaching.
43. Prayer is the lifting of the heart and mind to God. This forms a triangle.
44. The power of our body is created when we construct triangles.
45. One positive and one negative equal neutral. When we include God in the circuit, a power generator triangle is formed.
46. Breath pulls us upward toward our soul.
47. Each day we should become children. We should express our feelings of love without reservation, as a child of God.
48. When you do things with joyousness, there lies the love of God.
49. Recall that you are one with God each day.
50. Spiritual exercise is moving the energies of self.
51. Music moves the subtle bodies.
52. Mind does not fatigue; our body fatigues because of negative stress.



NOTES FROM MARCEL'S LECTURE IN MONTEREY, MAY 1983

1. Pain is the disharmony of patterns in space.
2. Disease is the loss of communication between our crystalline subtle bodies and our tissues.
3. We exist in two worlds: mind/spirit and matter.
4. Subtle bodies are not sensed by us until we have moved upward in consciousness.
5. Consciousness is defined as the power of mind working through the vibration of spirit.
6. When we think, we produce energy manifested in forms that are released in space. These forms emit a vibration that lasts for all time.
7. The Akashic record is the stored pattern of thought of mankind.
8. To heal disease (as Christ did) contact the soul first, then go to the cause of the separation of the soul from the body.
9. Make peace with the disharmony, then the body heals and the structure is then normal.
10. The acts of Christ we can do. We need only try and not be fearful.
11. If it be your will (patient's soul) comeback, be healed, stand up and walk.
12. Energy of mind interacting with flesh.
13. We are like hardware; the software is waiting for us that makes our life purpose clear.
14. Living fully, completely and lovingly, provides us with more life as we grow older.
15. We do not die, for death is but an illusion.
16. If you learn all the lessons on earth, then you can move on.
17. "Lower" forms of life perform singular services.
18. Humans can perform on many levels.
19. Telepathy is a universal language.
20. When we accumulate enough knowledge of ourselves, we then know our teacher, and we are then never alone.
21. Our energy fields are crystallographic.
22. Loving attention gives energy to another.
23. Love is the coordination of the Higher and lower self.
24. Premature infants have damaged etheric webs. These etheric defects can be reformed and healed with a crystal.
25. The crystal is capable of receiving the light of the soul and then injecting it into another person to balance, heal and raise the level of consciousness.
26. All muscles store memory. This depends on the degree of awareness, 99% of the memory may be unconscious.
27. The unconscious memories create tension.
28. Use of the crystal to transform unconscious tension to conscious tension, allows individual recall of the stored unconscious data. Then, the crystal aids the release of this information tension.
29. The energy that was used to hold that data is now freed up and is available for storage and use in the individual's energy pool.
30. The location of the memory complex program exists in the etheric body.
31. The crystal acts as a safety valve between the healer and the person to be healed. (A sword of light with which to deal with dark forces.)



32. Use harmlessness and fearlessness as your criteria for action.
33. Entities are the energetic vestigial patterns of thought that are precipitated in humans.
34. Our body is elemental, it doesn't want to change or transform; we habituate to our lower self's vibration.
35. The work of the human kingdom is to transmit spiritual energies to the lower kingdoms (animal, plant and mineral).
36. These energies must be "stepped down" and transformed into forces of electricity, magnetism, and atomic elements.
37. When we breathe in, we contact our soul and thereby nourish ourselves. Holding this breath disseminates this nourishment throughout the body. Breathing out allows this energy to come into balance.
38. Tissue can live without soul; but the tissue becomes disorganized, multiplies, and turns into a "mush" of randomness.
39. Let us project in time and space our form through; a. visualization b. meditation c. skill in action.
40. Let us use the dynamic energy of purpose and the magnetic energy of desire.
41. Let us use the "blue print" that is within us and slow down our attention on the obvious patterns without.
42. "What lies behind us, and what lies before us are small matters compared to what lies within us." Emerson

NOTES FROM MARCEL'S LECTURE IN SAN LEANDRO, 6/26/83

1. Humans generate a high energy field that can be formed into various patterns.
2. "Soul life" is the allowing of the energy of mind and heart to flow through the body freely. "Soul life" is to give without restraint.
3. The moment we stop giving (being ourselves), stress is generated. This forms a barrier within our energy systems. This barrier sets up a stress program that harmonically radiates throughout our entire being. That discord then breaks down intercellular communications and disease ensues.
4. A cell is a complete unit of life.
5. Intention is the most important factor involved in any of our actions.
6. The act of the healer consists in releasing the soul, i.e. removing the barriers to its full expression.
7. This is done by releasing a barrier that is located in space between the person's soul and any portion of the "subtle bodies".
8. Our soul is our "master programmer".
9. Our soul is that which is within us that knows our purpose here on earth and our pattern of life.
10. Our soul's information becomes obscured by the sense sensory input that we experience here on the planet.
11. Prayer and meditation are very important to re-establish our own inner self.
12. We must release our roles and simply be.
13. We exist inside and outside of our body.
14. Our physical form is the least dominate.
15. The reality of our soul comes with the ability to freely exchange